

Respirator Use Precautions During COVID-19

UVA Facilities Management Occupational Programs

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FM RESPIRATOR USERS, do your part to stop the spread of the COVID-19!

1. Wear your face cover at all times — including when you wear your assigned respirator.
2. Follow the Respirator Use Precautions During COVID-19, below:

If you are assigned to a:

TIGHT-FITTING AIR PURIFYING RESPIRATOR, TIGHT-FITTING POWERED AIR PURIFYING RESPIRATOR, or FILTERING FACEPIECE RESPIRATOR WITH EXHALATION VALVE

1. Be clean shaven (no beard, goatee, or mustache below the side of the mouth).
2. **BEFORE** using the respirator:
 - Assemble and inspect it. Look for signs of cracking or deterioration, strap tension, gaskets, and inhalation/exhalation flaps
 - Perform a user seal check (i.e., a fit check) to be sure of an adequate seal.



3. Don and adjust the respirator properly.
4. **Wear your face cover on top of your respirator. Make sure it covers the exhalation valve of the respirator. This protects those around you from anything exhaled.**
5. **AFTER** using the respirator: clean & store it properly. Disinfect it, if needed.
6. If you experience visual changes in your physical condition that could affect respirator fit (e.g., facial scarring, dental changes, cosmetic surgery, or obvious changes in body weight), you may no longer be getting a good facial seal with the respirator and are not being adequately protected. Employees should inform their Supervisor or **FM-OHS** immediately.

LOOSE-FITTING POWERED AIR PURIFYING RESPIRATOR

1. **First, put on your face cover, then your assigned respirator. This protects those around you from anything exhaled.**
2. **BEFORE** using the respirator:
 - Assemble and inspect it. Look for signs of cracking or deterioration, on head-top, front shield, shroud, and hose. Check the operation of the motor & battery.
 - Conduct an airflow check with an airflow indicator
3. Don and adjust the respirator properly.
4. **AFTER** using the respirator: clean & store it properly. Disinfect it, if needed.



If you have any questions, or need retraining on your respirator, please contact FM-OHS@virginia.edu.