

## *February's focus is Personal Protective Equipment*

### Wear Your **PPE** *(Personal Protective Equipment)*



**Wear ALL required PPE**



**Get training on the fit & use of PPE**



**Inspect your PPE before use.**



**Keep your PPE clean**



**Store your PPE properly**

**✗ DO NOT USE *defective* PPE ✗**

**PPE questions?**  [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu)

### 2020 Safety Shoe Updates

View the latest updates to the shoe program online at <https://at.virginia.edu/321zMBj> [pdf].

FM has found that the shoe life varies among trades and departments. To better serve those that need shoes more often or less frequently, employees & supervisors must request replacement shoes via the online request form no later than 7 days before the scheduled shoe truck visit. It is the supervisor's responsibility to ensure their employees are in compliance with their safety shoes and other PPE. Eligible employees will use their UVA ID badge or the physical voucher to pick up shoes at the truck.

**Vouchers are back!** Red Wing has updated their billing system to bring back the voucher system. Vouchers will be received by the employee via email and/or text if they have an FM mobile phone. Emails will come from [no-reply@redwingbusinessadvantageaccount.com](mailto:no-reply@redwingbusinessadvantageaccount.com) and include a link to download a PDF voucher.

Texts will come from (651) 371-7971 and include a code that's scannable on the truck, as well as a link to the PDF voucher.

View FM-specific PPE FAQs here: <https://at.virginia.edu/2Sw5dz2>



**Protect Yourself  
Personal Protective  
Equipment (PPE)**

#### **FOOT PROTECTION**

- Workers should wear work shoes or boots with slip-resistant and puncture-resistant soles.
- Safety-toed footwear is worn to prevent crushed toes when working around heavy equipment or falling objects.

#### **EYE & FACE PROTECTION**

- Safety glasses or face shields are worn any time work operations can cause foreign objects to get in the eye. For example, during welding, cutting, grinding, nailing (or when working with concrete and/or harmful chemicals or when exposed to flying particles). Wear when exposed to any electrical hazards, including working on energized electrical systems.
- Eye and face protectors – select based on anticipated hazards.

#### **HEARING PROTECTION**

- Use earplugs/earmuffs in high noise work areas where chainsaws or heavy equipment are used; clean or replace earplugs regularly.

#### **HAND PROTECTION**

- Gloves should fit snugly.
- Workers should wear the right gloves for the job (examples: heavy-duty rubber gloves for concrete work; welding gloves for welding; insulated gloves and sleeves when exposed to electrical hazards).

#### **HEAD PROTECTION**

- Wear hard hats where there is a potential for objects falling from above, bumps to the head from fixed objects, or of accidental head contact with electrical hazards.
- Hard hats – routinely inspect them for dents, cracks or deterioration; replace after a heavy blow or electrical shock; maintain in good condition.

**OCCUPATIONAL HEALTH & SAFETY TRAINING:**

All scheduled trainings can be viewed on the OHS website: <http://bit.ly/FMOHSTraining>.

**How to Register for Training:**

Email your request to [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) and to include the following info:

- Class(es) requested
- Your first & last name
- Computing ID (ex: mst3k)
- Preferred date, if applicable
- Typical work schedule (days/hours)

**IMPORTANT NOTE** – Your supervisor **MUST** be CC'd on your request!

*All OHS training courses are provided to FM employees at no charge!*

**BE THE TRAINER!**

Have a passion for safety? OHS is looking for training instructors in the following areas:

- Confined Space Entry
- Aerial Lift
- Hearing Conservation
- Fall Protection
- Respiratory Protection

If interested or if you'd like more information, email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) and let us know what you'd like to teach!

**\*\*\*ALL INSTRUCTOR TRAINING WILL BE SPONSORED BY THE OHS OFFICE!\*\*\***

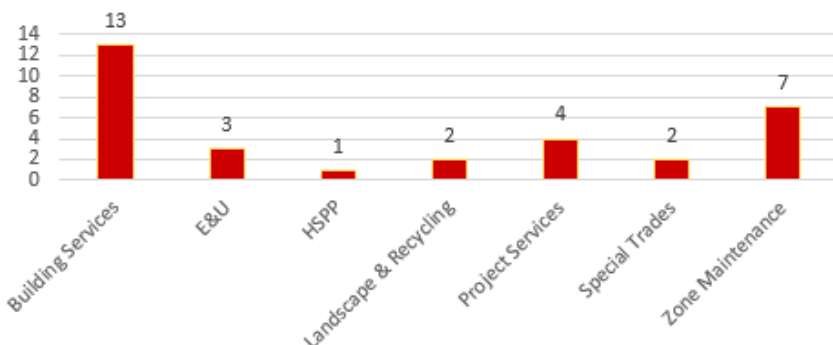
**UVA Wellness Resources:**

- **Community Resource Services:** Stuart Munson is HR's community resource specialist. Learn about the free, confidential services available to UVA employees. **See more about community resource services>>** <https://hr.virginia.edu/benefits/community-resources-service-uva>
- **Faculty Employee Assistance Program (FEAP):** The new community resources position works closely with FEAP. All UVA employees, their families, and retirees may use FEAP's free, confidential services. Learn **more about FEAP>>** <https://uvafeap.com>

**IMPORTANT LINKS:**

- **OHS Homepage:** <https://www.fm.virginia.edu/depts/ohs/index.html>
- **Safety Shoe Request link:** <http://bit.ly/FMOHSprog> (under Red Wing Shoe Program)
- **NOMINATE a Safety Champion:** <http://bit.ly/SafetyChamps> (at top)
- **NEAR MISS FORM:** For incidents or near-incidents that did not result in injury/first aid: <http://bit.ly/FMNearMiss>
- **INCIDENT REPORTING FORM:** For incidents resulting in an injury/first aid: <http://bit.ly/FMAccidentRpt>

Safety Stars Awarded By Safety Committee, FY 2020



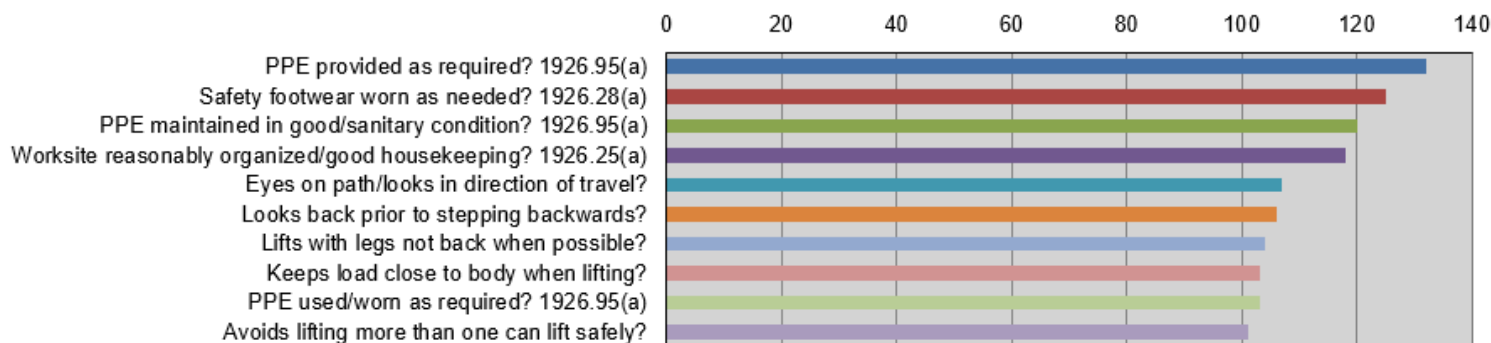
**Safety Champion: Dennis Edwards**



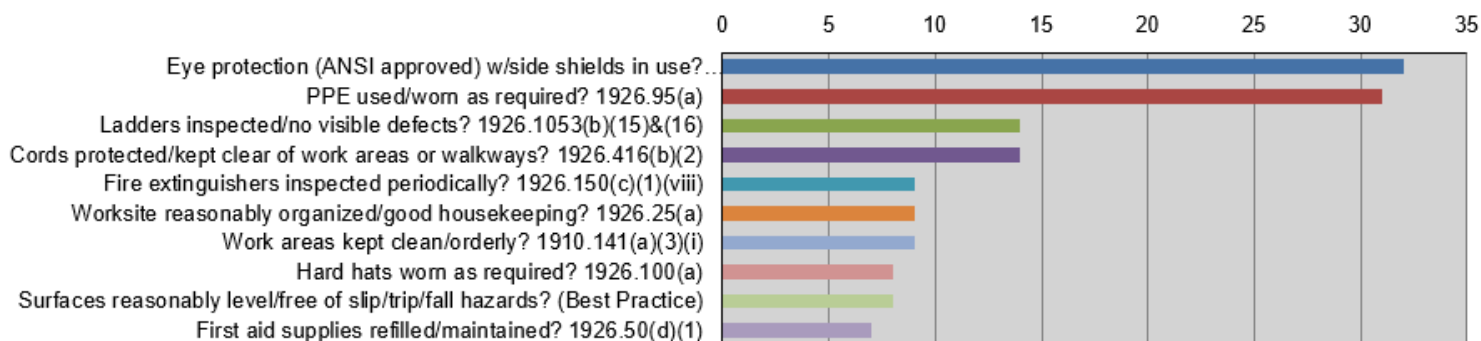
UVA Facilities Management is delighted to recognize Dennis Edwards as the February 2020 Safety Champion. Dennis is an historic mason supervisor with FM's Capital Construction and Renovations group who proactively identifies job hazards across grounds, keeping UVA and contractors safe at work. He maintains robust engagement with FM Occupational Health and Safety to address job hazards & safety concerns, to implement safeguards, and to develop safety standards among other shops' employees and contractors. He is proactive in making sure that his employees have taken required OHS trainings, as well as safety trainings that are not required but that have a positive impact on employees' performance, as additional training increases safety awareness. If his employees must work with chemicals, he reviews the related SDS and makes sure that his employees have a safe work environment and proper, up-to-date PPE. Dennis's positive and proactive attitude and commitment to health and safety at work prevents incidents, injuries, and chronic health issues. Dennis truly believes in safety – When he works on a project on grounds, you can be sure that UVA employees and contractors are working in a safe and healthy environment.

**Top Safety Observations for January 2020**

**Top 10 Positive Observations**



**Top 10 Negative Observations**



**What Occupational Health & Safety was up to last month:**

**7 Safety Surveys**  
**427 positive observations**  
**&**  
**18 negative observations**  
*(top subjects listed on page 2)*

**Additionally:** ■ **8 Safety Obs.** submitted ■ **7 site visits** ■ **4 toolbox talks attended** by OHS staff ■ **1 JHA/site plan assistance** ■ **1 environmental concern assessed & addressed**

## OHS Monthly Safety Initiatives

FM's Occupational Health and Safety Department will be focusing on one safety initiative each month of 2020. Safety Committees are encouraged to add this to their agendas, think about it as a theme for their safety posters, and conduct toolbox talks related to the theme.

Please do not hesitate to be in touch with [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you have any questions!

| <u>Month</u> | <u>Topic</u>                      |
|--------------|-----------------------------------|
| January      | Electrical ✓                      |
| February     | Personal Protective Equipment ✓   |
| March        | Ladders                           |
| April        | Safe Lifting & Materials Handling |
| May          | Fall Protection/Prevention        |
| June         | Heat Stress                       |
| July         | Housekeeping                      |
| August       | Worksite Control                  |
| September    | Confined Space                    |
| October      | Hazard Communication (HazCom)     |
| November     | Safe Vehicle Operation            |
| December     | Slips, Trips, & Falls             |

### FOLLOW OCCUPATIONAL

### PROGRAMS:



@BernietheBee



@UVAApprentice



@UVATradeswomen



@BernietheBeeFM



@UVAApprentice



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