

National Safety Stand-Down

To Prevent Falls in Construction

MAY 6-10, 2019



Have your fall protection gear inspected!

FM-OHS will be inspecting harnesses, assisting with ensuring a proper fit, and assisting with obtaining the correct equipment on the following days & locations:

May 9th

FM-Alderman Lunchroom
10AM-Noon & 1PM-3PM

May 10th

HSPF Room G032
10AM-Noon

Bring harnesses, lanyards, retractables, and any other fall protection equipment for inspection.

Death caused by falls accounted for 366 of the 971 construction fatalities recorded in 2017. **Those deaths were preventable.**

Find resources for toolbox talks at <http://bit.ly/PreventFalls2019>

Win! with Ladders

Ladders are useful and necessary for working in FM in many instances. However, they are only useful if they are in good condition. If you have a defective ladder, it should be destroyed.

During Fall Prevention week, inspect your ladders using the Ladder Inspection Form at <http://bit.ly/FMLadderInspection> and scan and email it to fm-ohs@virginia.edu OR drop them by the OHS office (Skipwith Hall, lower level) to be entered into a drawing to win one of several prizes (in addition to the fact we should be inspecting our ladders anyway).

NEW! Fall Protection Training

FM-OHS has been working over the past few months to revamp and revitalize the Fall Protection Authorized Person Training. The training is now more thorough, detailed, and includes real-life UVA examples and scenarios.

If you haven't been through Fall Protection Training or are feeling a bit rusty, now is the time to refresh your knowledge! FM will be re-training everyone so that everyone has the most current knowledge.

See below for training dates & how to get registered!

2019 TRAINING DATES :

View on the OHS website at <http://bit.ly/FMOHSTraining>.

OHS Training Request Form:

<https://at.virginia.edu/2EePKxW>

OHS will be operating on a reduced training schedule in May due to intensive preparation for the UVA Commencement Exercises

To Register for Training:

Your supervisor must email FM-OHS@virginia.edu.

Be sure to include the following:

- Class(es) requested
- Employee first & last name
- Computing ID (ex: mst3k)
- Preferred date, if desired
- What are your typical working hours?

- All FM-OHS training courses are provided to Facilities Management employees at no charge.
- However, an 'accept' or 'decline' response to the calendar invitation is mandatory within 3 business days.
- Failure to provide a reason for decline, failure to respond, and failure to show-up for an assigned training class will result in a no-show charge of \$75 to your shop for each occurrence.

RECAP: Spring 2019 Safety Summit

The UVA FM Spring 2019 Safety Summit Featuring Virginia's BEST Program focused on general contractors and FP&C's work at UVA.

April 18, 2019
 ZEHMER HALL CONFERENCE CENTER
 104 Midmont Lane, Charlottesville, VA

Here is a quick recap of the event:

Slides are available by request.

- **Environmental Resources Permit Requirements**, by Kristin Carter, UVA Environmental Resources
- **Safety for Life**, by Shelomith Gonzalez, Safety Manager at R.E. Lee Companies, Inc.
- **What is BEST? (Building Excellence in Safety, Health and Training)**, by Gordon Dixon, CEO of Associated General Contractors of Virginia (AGCVA)
- **BEST Application Process**, by Gordon Dixon, CEO of Associated General Contractors of Virginia & Milford Stern, VPP Manager at Virginia Department of Labor & Industry
- **Benefits of the Program from a Contractor's Perspective**, by Shelomith Gonzalez, Safety Manager at R.E. Lee Companies, Inc.



Facilities Management
 Occupational Health and Safety

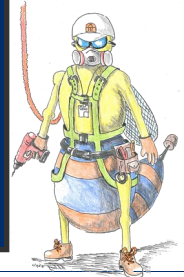


We were delighted to be joined by Ray Davenport (pictured), Commissioner of the Virginia Department of Labor & Industry (DOLI), who shared a few words on the importance of jobsite safety.

Get Weekly Safety Tips from DOLI

Contact **Crystal Main**, Virginia Challenge Coordinator to receive Weekly Safety Tips in your inbox:

PH: 540-562-3580 x114 | crystal.main@doli.virginia.gov



What was Occupational Health and Safety up to last month?

UVA FM-OHS was involved in the following safety assessments/actions in April 2019:

- **24 jobsite walkthroughs** ▪ **15 respiratory fit tests** ▪ **10 roof access & roof assessments** ▪ **7 personal noise sampling sessions** ▪ **7 custodial closet reviews** ▪ **6 hearing standard threshold shifts addressed** ▪ **4 area noise sampling sessions** ▪ **4 fall protection concerns addressed** ▪ **3 pair of safety glasses handed out** ▪ **3 Energized Electrical Work Permits reviewed** ▪ **3 blood-borne pathogen cleanup questions answered** ▪ **3 contractor safety concerns** ▪ **3 site-specific safety plans reviewed** ▪ **2 electrical panel assessment/recommendations** ▪ **2 employee concerns addressed** ▪ **2 Lockout/Tagout conversations with other Universities** ▪ **1 Safety Recommendation issued** ▪ **1 hot work permit reviewed** ▪ **1 grease trap assessment** ▪ **1 crane plane reviewed**

SAFETY STARS AWARDED

April 2019:

Safety Stars are a way for anyone to recognize doing the right thing or taking an extra step to make UVA FM a safer workplace.



Safety Stars awarded by Safety Committee:

- Energy & Utilities 6
- Building & Custodial Services 5
- Project Services 1

Thank you to these Safety Stars!

Nominate a Safety Star: FM-OHS@virginia.edu

New Committee Members!

If safety is your passion and you would like to get more involved to support one of Facilities Management's Core Initiatives, please send an email to FM-OHS@Virginia.edu.

We are happy to start our safety journey with you!

COMING SOON! A Safety Observations App

You may have noticed a new app on your UVA FM-issued phone: Safety Obs!

This is part of a new FM-OHS initiative to make it as easy as possible to report safety hazards or safety improvements.



OHS is working with the app developer on how the app will be best used among FM employees. Don't sign up for an account just yet! OHS is putting together a tutorial/toolbox talk to review the apps use and where reports go.

Safety Committee members will receive more detailed instructions on how to use the app as our pilot/test group.

If you have any questions, please contact FM-OHS@virginia.edu.

EMPOWERING YOU Invited to Participate in JMRL's How-To Festival

UVA FM Tradeswomen (formerly Queens of DIY) have been holding weekend Toolbox Workshops to show ladies how to be their own handywomen — including how to patch drywall, build shelves and upgrade a thermostat.



Jefferson-Madison Regional Library (Central Branch) has invited the Empowering You group to join their 3rd annual How-To Festival on May 4th:



“Presenters takeover the library inside and out. Drop in to any 15-30 minute session and learn about a variety of topics from how to raise goats, stay healthy with kitchen herbs, to ride a unicycle and more. See JMRL's 3D printer in action and pick up a free comic book while you're here. See website for full list of events.”

FM Tradeswomen will be on site from 11:00 AM to Noon. The entire festival runs 10:00 AM to 2:00 PM.

You Asked, We Listened: Bloodborne Pathogen Training & Cleanup Kits

Starting in May, a BBP ‘refresher’ class for annual recertification will be offered. The OHS team put together a ‘refresher’ class, which will be shorter. New employees will be captured in the full BBP training monthly.

Updated information on ordering BBP cleanup kits is coming soon, as well!

If you have any questions, please contact FM-OHS@virginia.edu.

Reminder of NEW Process for Safety Shoes:

- OHS will no longer be sending eligibility emails
- As always, it is the supervisors' & employees' responsibility to submit the shoe request through the shoe request portal.

Submit a safety shoe request:

http://bit.ly/PPE_FAQ



IMPORTANT LINKS:

- **OHS Homepage:** <https://www.fm.virginia.edu/depts/ohs/index.html>
- **Safety Shoe Request link:** <http://bit.ly/FMOHSprog> (under Red Wing Shoe Program)
- **NOMINATE a Safety Champion:** <http://bit.ly/SafetyChamps> (at top)
- **NEAR MISS FORM:** For incidents or near-incidents that did not result in injury/first aid: <http://bit.ly/FMNearMiss>
- **INCIDENT REPORTING FORM:** For incidents resulting in an injury/first aid: <http://bit.ly/FMAccidentRpt>

OHS Monthly Safety Initiatives

FM’s Occupational Health and Safety Department will be focusing on one safety initiative each month of 2019. Safety Committees are encouraged to add this to their agendas, think about it as a theme for their safety posters, and conduct toolbox talks related to the theme. Please do not hesitate to be in touch with FM-OHS@virginia.edu if you have any questions!

<u>Month</u>	<u>Topic</u>
January	Electrical ✓
February	Personal Protective Equipment ✓
March	Ladders ✓
April	Safe Lifting & Materials Handling ✓
May	Fall Protection
June	Heat Stress
July	Housekeeping
August	Worksite Control
September	Confined Space
October	Hazard Communication (HazCom)
November	Machines & Tool Guarding
December	Slips, Trips, & Falls

WIN! WIN! WIN!

OHS announces quarterly drawings for your help with creating a safe workplace!

Employees nominated as Safety Stars, following [@BernietheBee](https://twitter.com/BernietheBee) or reporting Near Misses will be entered to win a quarterly drawing for either a Yeti-style coffee tumbler or a lunch cooler (winning employee’s choice).

Nominate a Safety Star by emailing fm-ohs@virginia.edu.

Report a Near Miss at <http://bit.ly/FMNearMiss>

Near Misses are incidents or near-incidents that did not result in injury/first aid.

Find Bernie on [Facebook](#), [Twitter](#), and [Instagram](#)!