Health & Safety Minute

UVA Facilities Management Q1.2018

SAFETY STARS

Safety Stars awarded in the last quarter, listed by Safety Committee:

- Zone Maintenance 7
- Custodial Services 2
- Project Services 5
- E&U 1

Thank you to all of the Safety Stars!

Nominate a Safety Star:

Email FM-OHS@virginia.edu

OHS TRAINING

Upcoming OSHA Classes:

	Construction	General Industry
OSHA 10-HOUR (2-day class)		**Sept. 12 & 13** 8:00am-5:00pm
OSHA 30-HOUR (4-day class)	**Sept. 11, 25, Oct. 9,16** 8:00am-5:00pm	**Mar. 13, 20, Apr. 10, 17** 8:00am-5:00pm

To Register:
Your supervisor must email FM-OHS@virginia.edu.
Be sure to include the following:

- **Class requested**
- **Employee first and last name** as shown in Oracle
- **Email ID** (ex: mst3k)
- **Shop number**
- **Department or zone name**

ATTENDANCE POLICY: *All FM-OHS training courses are provided at to FM employees at no charge. However, failure to attend a required or assigned training OR notify FM-OHS of your inability to attend a required or assigned training at least 5 business days prior to the class date may result in a charge to the employee's shop or org.*

See all upcoming FM-OHS training offerings at https://www.fm.virginia.edu/depts/ohs/training.html

UPCOMING SAFETY COMMITTEE ANNUAL TRAINING SESSION:

All FM Safety Committee members are required to attend a Safety Committee training on the morning of March 21st at Zehmer Hall. The focus of this event will be ***Bee Your Best Self! Nourishment, Movement & Mindset.***

Talk to your supervisor if you are interested in being involved in FM's Safety Committees.

Email FM-OHS@virginia.edu to find out more about Safety Committees.

SAFETY SHOE UPDATES:

- **Next Shoe Truck is March 6.** The complete Shoe Truck schedule can be found on the FM-OHS Programs page: http://bit.ly/FMOHSprog
- **Winter Boots will be discontinued March-October 2018.** In order to carry as much useful inventory as possible, the truck will not be stocking winter boots during this time.
- **FM-OHS is updating shoe notifications:** Supervisors, look for a new shoe email notifying you which of your employees are eligible.

Supervisors, email any additional shoe requests to FM-OHS@virginia.edu.

NEW! ON THE WEBSITE

NEAR MISS REPORTING

A near miss is an unsafe happening that could have resulted in an injury, fatality, or property damage. A lucky break in the chain of events prevented the worst from happening.

Reporting a Near Miss will make UVA FM safer for everyone!

The Near Miss form can be found on the OHS Forms page below the Worker's Comp/ Accident Report form: https://www.fm.virginia.edu/depts/ohs/forms.html

UPCOMING SAFETY SUMMIT:

FM-OHS is hosting a Safety Summit for subcontractors working on Grounds, focusing on "The Character of Safety - Before, During & FOREVER", with special sessions on *What's My Safety Attitude?, Pre-Construction Orientation & Checklist, Sustainability in Construction, and Home Safety*

FM-OHS is proud to host these summits for outside designers and contractors to create an environment of safety for everyone!

Email FM-OHS@virginia.edu to find out more about the spring Safety Summit.

M.O.V.E. — Functional Movement *with HoosWell*

Jolene Bodily with UVA WorkMed and HoosWell has been joining FM Safety Committees and some groups' Toolbox Talks to show the basics of functional movement, or M.O.V.E.:

- **M**obilize your feet to get away from your desk/workspace.
- **O**ptimize your time with 15 minutes of guided activity.
- **V**ariety of different functional movements to strengthen & stretch.
- **E**nergize your mind and body to resume work with efficiency.

*Email FM-OHS@virginia.edu to schedule **MOVE** for your group!*

HOME SAFETY:

Reminder that almost all of the safety tips tweeted by @BernietheBee apply at home as well as work. Send your home safety tips to FM-OHS@virginia.edu. You may be featured on Bernie's twitter account! https://twitter.com/BernietheBee