The Occupational Programs Bi-Weekly Wrap Up
UVA Facilities Management

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PLUMBERS’ TRADES SEMINAR
9:00 AM-12:30 PM, JUNE 6, in ERN COMMONS

Join other FM plumbing professionals to discuss:
• FM Infrastructure • New Plumbing Technology
• Steam Awareness • Plumbing Math 101
• Best Practices: Bloodborne Pathogens along with lunch & networking opportunities.

Email FM-Training@virginia.edu for more information.

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — Let us know by answering a few quick questions.
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**OCCUPATIONAL HEALTH AND SAFETY**

Did You Know? FM is Phasing Out Fixed Lanyards

Why no more fixed lanyards? Fixed length lanyards offer a *limited range of movement and protection*, while self-retracting lifelines (SRLs) provide much greater *flexibility and safety*. The key advantage of SRLs is their ability to stop falls *significantly faster* than fixed lanyards.

**For Example:** You are working on a mobile elevated working platform (MEWP or “lift”) and it hits a bump or obstacle, causing you to stumble on the platform. With a fixed lanyard, you might be prevented from falling to the ground, but you could still be thrown from the basket and suffer serious injuries.

An SRL, however, keeps you within the MEWP basket during a fall. The retractable line automatically locks, minimizing the distance you fall and significantly reducing the risk of major injuries.

Reach out to FM-OHS to learn more! [https://www.fm.virginia.edu/depts/ohs/contactus.html](https://www.fm.virginia.edu/depts/ohs/contactus.html)

Tools for Your Toolbox: Normalizing Conversation Around Mental Health

Let’s normalize talking about mental health!

- **Ditch the negativity:** Don’t use mental health conditions as insults.
- **Be open and direct:** Talk about it like you would physical health.

*As we wrap up May as Mental Health Awareness month, let’s all keep doing our part to keep the conversation and awareness going!*

**Do:**

- Listen without judgment
- Let them know you care
- Validate their feelings
- Be patient
- Listen with intention

**Don’t:**

- Interrupt or speak over
- Tell someone how they should feel
- Belittle their feelings
- Diagnose
- Pressure someone to speak

On May 3, UVA FM employees and FEAP representatives participated in our first-ever wellbeing walk around Grounds! Be on the lookout for the next one!

NEW! Watch “Mental Health Awareness in the Workplace: A Grassroots Movement at UVA” featuring UVA FM and FEAP: [https://at.virginia.edu/ke9T0z](https://at.virginia.edu/ke9T0z)
**APPRENTICESHIP**

**Program Graduates Achieve Licensure**

*Congratulations to the following UVA FM Apprenticeship Program graduates of 2023 who have passed their trades licensure exams!*

- **Blake Shifflett**, HVAC Mechanic, McCormick Road Zone Maintenance
- **Travis Castellanos**, HVAC Mechanic, Newcomb Zone Maintenance
- **Pedro Gonzalez**, HVAC Mechanic, Chiller Plants
- **John DeBilzan**, Plumber, West Grounds Zone Maintenance
- **Ryan McCarthy**, Plumber, Newcomb Zone Maintenance
- **John DeBilzan**, Plumber, West Grounds Zone Maintenance
- **Ryan McCarthy**, Plumber, Newcomb Zone Maintenance
- **Charlie Henderson**, Instrumentation & Controls Technician, Automation Services
- **Ashley Bell**, Instrumentation & Controls Technician, Automation Services

**What Do UVA Apprentices Learn?**

- **Related technical instruction** is classroom instruction, hands-on learning, textbook readings, and written exams that supplement an apprentice's on-the-job training to further hone their knowledge and skills. Classes, books, and technology that are a necessary part of the apprenticeship education are paid for by UVA Facilities Management. Classes are held at FM during business hours and are taught by FM subject matter experts.

- **On-the-job training** is hands-on experience gained by working with experienced UVA FM professionals who teach and guide apprentices on how to maintain UVA facilities at the highest quality.

- **Apprentice Roundtables** are facilitated by [FM Occupational Training](mailto:FM-Apprenticeship@virginia.edu) to assist apprentices in developing core competencies that will support them in doing their job well. Roundtables are also an opportunity to connect with other apprentices, discuss current happenings in the program, and stay connected with program leadership.

  Email [FM-Apprenticeship@virginia.edu](mailto:FM-Apprenticeship@virginia.edu) to learn more.

**Interview & Hiring Update**

In-person interviews are being scheduled for late June. **Incoming apprenticeship first years are expected to onboard in mid-July for orientation and training and will report to their first rotations by August 1.**
OCCUPATIONAL TRAINING

LUNCH & LEARN WITH UVA PROCUREMENT

CONTRACTOR LICENSING

JUNE 5
NOON-1 PM
VIRTUALLY OR IN-PERSON*
IN SKIPWITH 112

REGISTER:

* Don’t forget to pack your lunch!

If you have questions or would like updates on future Lunch & Learns, email FM-Training@virginia.edu.

See past recordings and MORE upcoming Lunch & Learn topics:
https://www.fm.virginia.edu/employees/occupationaltraining/prof-development.html

BACKFLOW PREVENTION TRAINING

16-hour & 40-hour

AUGUST 12-15

West Complex ‘O’ Level Conference Room

These vocational-credit courses are required to apply for the backflow prevention device worker designation through the Virginia DPOR.

Email FM-Training@virginia.edu for more information and to find out which course is right for you.
Occational Training

Join the Next Facilities Management Supervisor Learning Journey

→ Build your understanding of FM processes
→ Develop skills to help you succeed in your role
→ Discover resources

Email fm-training@virginia.edu to be added to the list.

Welcome to new FM employees joining FM as of May 20 (left to right):
Front row:
→ Edixon “David” Briceno, Custodian, McCormick Road
→ Craig Carter, Custodian, Housing
→ Elijah Johnson, Custodian, Housing
Back row:
→ Charles Shelton, Trades Utility Worker, HSPP Renovations
→ Quincey Gregory, Custodian, Housing
→ Assadullah Neejah, Custodian, Newcomb
→ Miguel Loredo, Horticulture Specialist, Central Grounds
→ Lukas Mongold, Landscaper, Turf
Not pictured
→ Heather Williams, Custodian, Housing

UVA Talent Development Training Highlights

Building Your Personal Brand
Virtual, June 11, 9-11 AM
Explore how effectively leveraging the use of personal branding can contribute to career success.

Leading from Where You Are
Virtual, June 13, 12-1 PM
With the AAA strategy - Ask, Assume Good, and Align. Walk away with actionable tips on how to be a more intentional leader.

Team Building
Virtual, June 17, 1:30-4:30 PM
This webinar focuses on the 10 characteristics of healthy and high-performing teams and what managers can incorporate into their leadership practices to build cohesion around organizational goals and objectives.

REGISTER: https://at.virginia.edu/bmbsmt
REGISTER: https://at.virginia.edu/bpkrd7
REGISTER: https://at.virginia.edu/rwvbzs
DIVERSITY, EQUITY & INCLUSION

Have you seen these badges around FM?

If you see this badge on an email signature, workspace, or hardhat, this individual has completed Mental Health First Aid Training for Adults.

Mental Health First Aid (MHFA) training helps participants identify problems and develop an action plan to safely and responsibly address concerns with a friend, colleague, or loved one.

To learn more about these events or share any additional updates, please contact Emily Douglas at em4hg@virginia.edu or FM-DEI@virginia.edu.
Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**May 31: Save Your Hearing Day**
Do you work in a noisy environment? Email FM-OHS@virginia.edu to learn how to protect your hearing!

**June 1: Dinosaur Day**

**June 2: National Rotisserie Chicken Day**

**June 3: Love Conquers All Day**

**June 4: National Cheese Day**

**June 5: Thank You Day**

**June 6: Caves and Karst Day**

**June 7: June Bug Day**
**FM Job Listings**

- R0055280 Construction Project Manager/Senior Project Manager
- R0055555 Project & Construction Management Supervisory Team Leader
- R0059364 Inventory Specialist, Student Health and Wellness
- R0054806 Construction Project Manager
- R0057956 Computer Help Desk Tech (Student Wage)
- R0055326 Carpenter
- R0060348 Assistant Web Developer (Staff Wage)
- R0059548 Senior Mechanical Engineer
- R0060401 BAS Application Engineer
- R0059547 Mechanical Engineer
- R0060341 IT Help Desk Specialist
- R0058076 Mechanical or Electrical Engineering Technician
- R0060264 Instrumentation & Controls Technician
- R0060165 General Services Technician
- R0058072 Mechanical or Electrical Engineering Associate
- R0059478 Access Control Technician or Senior Access Control Technician
- R0059423 Senior Trades Utility Technician
- R0057119 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0060716 Custodial Supervisor, Evening Shift (Sign-On Bonus!)
- R0057586 Mason
- R0058765 Mason
- R0057096 Electrician
- R0057115 Utility Locator/Damage Prevention Technician
- R0061219 Master Mechanic
- R0056251 Boiler Operator
- R0060917 Senior Plumber
- R0056252 Boiler Operator Assistant
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0056250 Heat Plant Supervisor
- R0047639 Senior Trades Utility Worker
- R0057117 Senior Trades Utility Technician
- R0060422 Finance Associate or Finance Generalist
- R0059500 Construction Superintendent
- R0058935 Senior Trades Utility Technician
- R0059247 Fire Systems Assistant Technician
- R0057634 Part-Time Plumber, Weekend Day Shift (Minimum 20 hours)
- R0059721 Senior HVAC Assistant
- R0060648 Sheet Metal Technician

* As of 05/30/2024