OCCUPATIONAL HEALTH & SAFETY

→ Did You Know? March is Ladder Safety Month
→ Tools for Your Toolbox: Suicide in Construction Awareness
→ Congratulations, UVA FM Safety Stars!
→ Happy Birthday, Bernie the Bee
→ UVA FM & FEAP: Pause Roundtable on March 29

Don’t forget:
Reasons to Celebrate!

OCCUPATIONAL TRAINING

→ Lunch & Learns: Join the Next Session on Permitting, March 13!
→ Training Opportunities from UVA Talent Development
→ Welcome, New Employees!
→ View & Apply for Jobs

DIVERSITY, EQUITY & INCLUSION

→ At FM, We Say ‘Thank You’
→ Supporting a Diverse Team? New Resources!

APPRENTICESHIP

→ Upcoming Job Fairs & School Visits
→ Apprenticeship Job Fair: April 10

Don’t forget:
Reasons to Celebrate!

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — Let us know by answering a few quick questions.

UVA FM Occupational Programs offices will be closed on Friday, March 8.

If you have a facilities emergency, please contact the appropriate FM Customer Support Center:
https://www.fm.virginia.edu/contactus.html
OCCUPATIONAL HEALTH AND SAFETY

Did You Know? March is Ladder Safety Month

Each year in the U.S., more than 100 people die and thousands more are injured from ladder-related falls.

There are five major causes for ladder fall incidents:

→ Incorrect extension ladder setup angle — One of the leading causes of ladder-related injuries is a ladder sliding out at the base due to an incorrect setup angle. See image.

→ Inappropriate ladder selection — Selection of a ladder with the proper duty-rating also helps avoid structural failure.

→ Insufficient ladder inspection — Reduce the likelihood of structural failure by practicing regular inspection and maintenance.

→ Improper ladder use — Activities such as overreaching, carrying objects, applying excessive force, slips, and missteps are also frequent causes of ladder-related fall injuries.

→ Lack of access to ladder safety tools and information — Learn more about ladder safety here!: [https://www.cdc.gov/niosh/newsroom/feature/ladder-safety.html](https://www.cdc.gov/niosh/newsroom/feature/ladder-safety.html)

If you would like guidance on ladder safety & inspection, please email FM-OHS@virginia.edu.

Tools for Your Toolbox: Suicide in Construction Awareness

The topic of suicide seldom appears in the same sentence as the topic of construction. While neither media nor the public view construction workers as “suicidal,” a [CDC study](https://www.cdc.gov/niosh/newsroom/feature/ladder-safety.html) found the suicide rate for construction workers is the second highest of all industries: The suicide rate amongst construction workers is 4+ times greater than the national average.

The construction workforce must undergo a cultural change for suicide prevention to be successful. Changes include:

★ Better communication,
★ Overcoming resistance to seeking help, and
★ Recognition of the problem.

Always remember: look out for one another, and reach out when you need help!

[Lean more about suicide in construction.](https://uvafeap.com/services)

Contact FEAP for FREE mental health resources: [https://uvafeap.com/services](https://uvafeap.com/services)
Congratulations to UVA FM Safety Stars!

October 2023 – February 2024

→ Brian Cole  → Nicholas DeVito
→ Em Ford    → Tracy Tinoco
→ Todd Gibson → Stephen Ackerman
→ Jacob Hamm → Roy Barden
→ Raymond Jackson → Marcus Ditta

Learn more & nominate a Safety Champion or Safety Star:
https://www.fm.virginia.edu/depts/ohs/safetychampions.html

Happy 7th birthday to Bernie the Bee! The FM-OHS mascot was “born” at UVA HSPP Safety Committee in Feb. 2017!

GIVE YOURSELF PERMISSION TO SLOW DOWN WITH INTENTION

FM/FEAP Roundtable Session
March 29, 9-10 a.m.
Skipwith Hall, Room 010

FM is rolling out a new PAUSE initiative that encourages employees to slow down with intention and better manage stress. Join us to practice the PAUSE technique and talk about common stressors.

Coffee and donuts will be provided.
**OCCUPATIONAL TRAINING**

**Lunch & Learn: Best Practices of Permitting**

Our FM/UVA-specific sessions will also provide an opportunity to drive professional development and build your business acumen and knowledge of “how FM works”.

Each Lunch and Learn session will be presented by a UVA subject matter expert (SME) with a unique link to you and our operations.

**Each session will begin at 12:00 PM.**

*Plan for 45 minutes, but it’s ok if you have to leave after 30.*

**How to Register & Attend:**

Users can attend in-person at Skipwith 112 or virtually via Teams.

Register for the March session on Permits: [https://at.virginia.edu/UVAFMLLPermits2024](https://at.virginia.edu/UVAFMLLPermits2024)

*Attendance is not tracked.*

In April, FM Occupational Training will be hosting multiple sessions on **Finance at UVA FM**, including:

- The FM Financial Model
- Life of a Purchase Order (PO)
- Life of a Travel & Expense (T&E) Transaction

Future Lunch and Learn sessions will be posted on the FM screens and the [FM Occupational Training site](https://www.fm.virginia.edu/depts/occupationalprograms/index.html).

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**NEW EMPLOYEE ONBOARDING**

(Joined as of February 26)

(listed from left to right)

**Back Row:**

- Austin Spencer, Electrician, HSPP Zone 2
- Cris Armstrong, Plumber, Central Grounds Zone
- Michael Wasielewski, Landscaper, North Grounds

**Front Row:**

- Shashi KC Rana, Custodian, Housing Custodial
- Britney Interiano, Custodian, Housing Custodial
- Norma Lawson, Facilities Services Representative, Customer Service Center

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**Opportunities from UVA Talent Development**

Position yourself for **career success** with these FREE classes from UVA HR:

[https://hr.virginia.edu/career-development/education-and-training-0/course-schedule](https://hr.virginia.edu/career-development/education-and-training-0/course-schedule)
DIVERSITY, EQUITY & INCLUSION

At FM,
We Say ‘Thank You’...

To: Cameron Ratliff, Corey Jones, David Hermes, Marcus Klaton, Justin Shiflett, Gordon Durrett, and Sergio Mendoza

“I offer a huge round of thanks on behalf of Environmental Resources for Utilities help remediating a release of concrete waste into the storm sewer at Scott Stadium as a result of contractor activity on Friday February 16. Their quick response ensured the material did not reach the downstream creek and prevented negative impacts to aquatic life, a timely concern with rain in the forecast later in the day. Their teamwork was impressive in the way they efficiently and effectively accessed a sensitive location (grass field with heavy equipment) and cleaned the storm sewer. Please forward this message to anyone I accidentally omitted. Thank you again!”

-From Kristin Carter

Want to say thanks to someone in FM?
Scan the QR Code or Click Here - Thank you!!

Supporting a Diverse Team?
(We know you are!) Check out these new resources from the UVA Career Navigation Center

→ Interviewing for the Best Candidate, Tuesday, March 12, 12:15-12:45
→ Supporting Employees with Disabilities
→ Supporting Neurodiverse Employees
→ Supporting Employees who are Refugees
→ And many more! Visit the Career Navigation Center to learn more.

Questions or comments about DEI updates? FM-DEI@virginia.edu
APPRENTICESHIP

Recruitment for the Next Cohort of Apprentices is Underway

Do you know of a classroom or group that would benefit from learning more about how to become a UVA Apprentice? The UVA FM Apprenticeship team is reaching out to local schools and workforce development groups to recruit applicants for the next class of apprentices. Outreach includes school visits, job fairs, and/or customized workshops. Expected onboarding for this group will be in summer 2024. Email FM-Apprenticeship@virginia.edu for more information.

Save the Dates: Upcoming Apprenticeship Info Sessions & School Visits

Waynesboro High School: Lunch Session
March 13, 12-2 PM at WHS Cafeteria

Monticello High School: Lunch Session
March 19, 11 AM-1 PM at MHS Cafeteria

Greene County Technical Education Center Classroom Presentations
March 20, 8:15 AM-2 PM at GCTec

William Monroe High School College & Career Expo
March 28, 8:15 AM-4 PM at William Monroe HS Cafeteria & Outdoor Commons

Nelson County High School Job & Career Expo
March 28, 10-11 AM at NCHS

UVA FM Apprenticeship Community Job Fair
April 10, 9 AM-11 AM at UVA Alumni Hall (221 Emmet St. S, Charlottesville, VA)

MTC Regional Kick-Start Job Fair
April 11, 9 AM-2:30 PM at Rockingham County Fairgrounds (4808 South Valley Pike, Rockingham, VA)

Stuarts Draft High School: Presentation
April 16, 11:15-11:45 AM at SDHS Auditorium

Orange County High School: Lunch Session
April 18, 10:55 AM-12:55 PM

Email FM-Apprenticeship@virginia.edu for more information.

SKILLED TRADES APPRENTICESHIP

JOB FAIR

WEDNESDAY, APRIL 10 at UVA ALUMNI HALL

OPEN TO THE PUBLIC

9:00 to 11:00 AM, featuring
• UVA Apprenticeship
• Local Employers
• Workforce Services

IN-HOUSE: UVA ONLY

Noon to 2:00 PM, featuring
• UVA Apprenticeship
• UVA HR Benefits Counselors
• Employee Resources

Take the next steps in your UVA FM career.

Email FM-Training@virginia.edu if you’re unable to attend and want to learn more!

Do you need help preparing your resume or cover letter? Reach out to UVA Pipelines & Pathways:
(434) 924-7693 or uvapipelines@virginia.edu

RETURN TO FRONT PAGE
let’s celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

March 8: International Women’s Day
March 9: National Barbie Day
March 10: Daylight Savings
March 11: National Napping Day
March 12: Aztec New Year
March 13: National Good Samaritan Day
March 14: Pi Day
March 15: World Speech Day
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OCCUPATIONAL PROGRAMS

View & Apply for UVA FM Jobs

Current UVA Employees: Search for and apply to jobs using your existing Workday account:

See UVA HR’s How to Apply: for Internal Candidates: https://at.virginia.edu/jgLuzS

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:
https://uva.wd1.myworkdayjobs.com/UVAJobs

Not all listings are available to external applicants. Questions on job listings should be directed to AskHR@virginia.edu

FM JOB LISTINGS*

- R0056303 Architecture Student Worker (Student Wage)
- R0055555 Project & Construction Management Supervisory Team Leader
- R0056072 Help Desk Analyst
- R0052510 HVAC Mechanic
- R0055326 Carpenter - Construction & Renovation Services
- R0058296 Mechanical Engineer / Senior Mechanical Engineer
- R0057956 Computer Help Desk Tech (Student Wage)
- R0056414 Sign Shop Worker Assistant
- R0058076 Mechanical Engineering Technician or Associate
- R0058072 Electrical Engineering Technician or Associate
- R0057315 Custodial Services Supervisor, Building Services
- R0057441 BAS Supervisor
- R0054279 Director of Student Affairs Space Planning and Management
- R0055280 Construction Project Manager/Senior Project Manager
- R0056861 Construction Administration Managers/Senior Construction Administration Managers
- R0054950 Electrician/Electrician Senior Assistant
- R0056251 Heat Plant Operator
- R0057096 Electrician
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0056252 Heat Plant Operator Assistant
- R0057119 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0057115 Utility Locator/Damage Prevention Technician
- R0057151 Plumber
- R0056250 Heat Plant Supervisor
- R0057979 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0055378 Custodial Services Worker (Part Time) 5am - 10am
- R0055708 Custodial Services Worker (Part Time) 5pm - 10pm
- R0049672 Fire Suppression Systems Technician
- R0057037 Custodial Services Worker - Evening Shift
- R0055818 Custodial Worker, Housing: Sunday - Thursday, 11:30pm - 8am
- R0055819 Custodial Worker, Housing: M - F, 4:30pm to 1:00am
- R0057350 Finance Generalist
- R0056614 Custodial Services Worker - Multiple shifts available!
- R0055377 Custodial Services Worker (Part Time) 4am - 9am
- R0058175 HVAC Assistant or HVAC Senior Assistant
- R0057675 BAS Network Engineering Analyst
- R0053226 HVAC Mechanic or HVAC Senior Assistant
- R0057125 Plumber Senior Assistant
- R0055134 Hazardous Materials Technician

* As of 3/4/2024

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