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Don’t forget: Reasons to Celebrate!

SOUPER BOWL OF CARING 2024

FEBRUARY 5-12
Donate the following items during this annual food drive

UVA COMMUNITY FOOD PANTRY  FM SNACK DRAWER
• Soups     • Crackers
• Beans and vegetables • Granola bars
• Shelf-stable dairy-free milks • Dried fruit & nuts
• Dried fruit
• Pancake mix

DONATIONS ACCEPTED:
• Lower-level lobby Skipwith Hall
• FM Snack Drawer (inside OP Classroom)
• Cash/check collected in Leake Rm. # 117

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — Let us know by answering a few quick questions.
Language Matters!

FM OHS is required by OSHA standards to provide training in a language the employee understands. 20% of FM is Multilingual. Over 50 FM employees are currently taking language classes.

Language matters to us at FM. Here are just a few ways to access resources and learn more—

→ Install the Globo Interpretation App
→ Learn more about Globo + FM here

→ Ask about classes, interpretation and translation options at FM
→ Click here to submit your request

→ Learn more about the UVA Cornerstone and FM DEI partnership to discover the many languages represented across FM.

Add your audio name pronunciations, chosen names, and gender pronouns to common tools (like your email signature!) to prevent mispronouncing, misidentifying, or misgendering. Click here to learn more.

Questions or comments about DEI updates? FM-DEI@virginia.edu
**APPRENTICESHIP**

**What’s New: Application Opens Mid-March**

Three UVA FM Apprenticeship applications will be posted via Workday mid-March through April 30:

★ **Multi-Craft Trades Apprentice**: Multi-craft apprentices will complete two professional certifications in four years: After two years, apprentices are eligible for their maintenance mechanic certificate. The final two years of the apprenticeship are spent specializing in a single trade: electrical, plumbing, or HVAC maintenance.

★ **Single-Craft Mason Apprentice**: Apprentices will spend all four years of their apprenticeship training in masonry.

★ **Single-Craft Carpenter Apprentice**: Apprentices will spend all four years of their apprenticeship training in carpentry.

If you have questions about the application or process, please email FM-Apprenticeship@virginia.edu.

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**Recruitment for the Next Cohort of Apprentices is Underway**

Do you know of a classroom or group that would benefit from learning more about how to become a UVA Apprentice? The UVA FM Apprenticeship team is reaching out to local schools and workforce development groups to recruit applicants for the next class of apprentices. Outreach includes school visits, job fairs, and/or customized workshops. Expected onboarding for this group will be in summer 2024. Email FM-Apprenticeship@virginia.edu for more information.

**Save the Dates: Upcoming Apprenticeship Info Sessions & School Visits**

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Venue Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Madison County High School</td>
<td>March 7</td>
<td>8:15 AM-4 PM</td>
<td>MCHS Library</td>
</tr>
<tr>
<td>Fort Defiance High School</td>
<td>February 28</td>
<td>11 AM-1 PM</td>
<td>FDHS Cafeteria</td>
</tr>
<tr>
<td>Waynesboro High School</td>
<td>March 13</td>
<td>12-2 PM</td>
<td>WHS Cafeteria</td>
</tr>
<tr>
<td>Greene County Technical Education</td>
<td>March 20</td>
<td>8:15 AM-2 PM</td>
<td>GCTec (10415 Spotswood Trail, Stanardsville, VA)</td>
</tr>
<tr>
<td>UVA FM Apprenticeship Community Job Fair</td>
<td>April 10</td>
<td>9 AM-11 AM</td>
<td>UVA Alumni Hall (221 Emmet St. S, Charlottesville, VA)</td>
</tr>
<tr>
<td>MTC Regional Kick-Start Job Fair</td>
<td>April 11</td>
<td>9 AM-2:30 PM</td>
<td>Rockingham County Fairgrounds (4808 South Valley Pike, Rockingham, VA)</td>
</tr>
<tr>
<td>Stuarts Draft High School</td>
<td>April 16</td>
<td>11:15-11:45 AM</td>
<td>SDHS Auditorium</td>
</tr>
</tbody>
</table>
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EVENTS

Sign up for an upcoming build day with Habitat for Humanity and UVA Tradeswomen!

GRAB A COFFEE & LEARN MORE:
TUESDAY, FEBRUARY 20TH
7 a.m.–11 a.m.
LEAKE 116

Follow the link/QR code for more info or to sign up:
https://virginia.az1.qualtrics.com/jfe/form/SV_8BXNwNamfuzSQK

APPRENTICESHIP JOB FAIR

NEW UVA-only afternoon session highlighting available FM apprenticeship positions & UVA employee resources.*

LEARN ABOUT:
Open positions • Opportunities to get paid while you train • FEAP • Language learning resources • UVA HR & your benefits • Career paths & more!

* Employees must have their supervisor’s permission to attend during work hours.

Reach out to Occupational Training or the Apprenticeship team if you are unable to attend and want to learn more.

WEDNESDAY, APRIL 10
12-2 PM at UVA ALUMNI HALL
221 EMMET ST. S, CHARLOTTESVILLE
FM-Apprenticeship@virginia.edu
OCCUPATIONAL HEALTH AND SAFETY

Tools for Your Toolbox: Resilience & Mental Health

When something goes wrong, do you tend to bounce back or fall apart? If you lack resilience, you might get stuck on problems or feel like a victim. You might feel burdened or turn to ways to cope that aren't healthy, such as drug or alcohol use, eating disorders, or risky behaviors.

When you have resilience, you harness the inner strength that helps you rebound from a setback or challenge. However, resilience isn't about putting up with something tough or coping on your own. In fact, being able to reach out to others for support is a key part of being resilient.

Click here for more information and tips on building resilience!

Contact FEAP for additional resources: UVAFEAP.com or at 434-243-2643.

Did You Know? Lab Safety Week

Lab Safety Awareness Week is February 12-16 and recognizes the successes of laboratory health and safety programs and offers information and ideas on how to keep faculty, staff, and students safe. Lab safety impacts UVA FM employees when they are servicing equipment, cleaning, or renovating lab spaces. Staying current with training, and identifying potential hazards is important. Remember to be mindful of the signage in the lab, and make sure the room has been decommissioned before starting any renovation work!

Reach out to UVA EHS and FM-OHS when you have any questions or concerns. As always, performing a job hazard analysis is an important first step before performing work so you have a safe plan from which to work.

Examples of equipment and processes to be aware of include:

- Fume hoods
- Biological safety cabinets
- Glove boxes, secondary containment for tanks and containers
- Neutralization systems for wastewater discharges
- Air cleaning systems
Joining FM as of January 29
(listed from left to right)
→ Oleksii (Alex) Gavrylenko,
  Elevator Assistant Mechanic
→ James Grady,
  Custodial Services Worker, Newcomb Custodial
→ Trequan Trent-Michie,
  Trades Utility Worker, E&U
→ Quanie Moore,
  Heat Plant Supervisor

New Supervisors Learning Journey
Jan. 31 & Feb. 7

Thank you to everyone that participated in FM’s first learning journey designed to equip new or newly promoted supervisors with information and resources to help them succeed in their role.

For more information on this and other training opportunities, email FM-Training@virginia.edu

Photos provided by Keith Woodson.

Opportunities from UVA Talent Development

See UVA HR’s Talent Development’s Course Schedule: https://hr.virginia.edu/career-development/education-and-training-0/course-schedule
Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

February 9: Welsh Language Music Day

February 10: Lunar New Year

February 11: Be Electrific Day

February 12: Carnival Monday

February 13: National Cheddar Day

February 14: Valentine's Day

February 15: National Gumdrop Day

February 16: Friday Fish Fry Day
**FM Job Listings**

- R0054279 Director of Student Affairs Space Planning and Management
- R0055280 Construction Project Manager/Senior Project Manager
- R0054449 Landscape & Grounds Worker
- R0055555 Project & Construction Management Supervisory Team Leader
- R0056861 Construction Administration Managers/Senior Construction Administration Managers
- R0057335 BIM Manager
- R0056303 Architecture Student Worker (Student Wage)
- R0055326 Carpenter - Construction & Renovation Services
- R0054244 Engineering Team Leader – Mechanical / Plumbing / Electrical Design
- R0057151 Plumber
- R0057411 Carpenter
- R0056072 Help Desk Analyst
- R0057315 Custodial Services Supervisor, Building Services
- R0056414 Sign Shop Worker Assistant
- R0045925 Custodial Services Supervisor, Evening Shift (Choice of shift and Sign-On Bonus!)
- R0052510 HVAC Mechanic
- R0057119 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0047417 Mason - CC&R
- R0056829 Senior High Voltage Electrician
- R0057096 Electrician
- R0051116 Recycling Worker
- R0057115 Utility Locator/Damage Prevention Technician
- R0054950 Electrician/Electrician Senior Assistant
- R0056251 Heat Plant Operator
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0056252 Heat Plant Operator Assistant
- R0056250 Heat Plant Supervisor
- R0057122 HVAC Mechanic or Senior Assistant, Housing
- R0056385 Locksmith Assistant
- R0052184 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0055819 Custodial Worker, Housing: M - F, 4:30pm to 1:00am
- R0055818 Custodial Worker, Housing: Sunday - Thursday, 11:30pm - 8am
- R0055302 Electronic Pneumatic Tube System Technician
- R0047639 Senior Trades Utility Worker
- R0055433 IT Business Systems Analyst
- R0049672 Fire Suppression Systems Technician
- R0053414 HVAC Senior Assistant
- R0055377 Custodial Services Worker (Part Time) 4am - 9am
- R0055378 Custodial Services Worker (Part Time) 5am - 10am
- R0055708 Custodial Services Worker (Part Time) 5pm - 10pm
- R0055710 Custodial Services Worker (Part Time) 6pm - 11pm
- R0056614 Custodial Services Worker - Multiple shifts available!
- R0057037 Custodial Services Worker - Evening Shift
- R0057123 Senior HVAC Mechanic
- R0057122 Electrician
- R0048796 Plumber, Night Shift
- R0049417 Licensed Tradespeople (HVAC, Electrical or Plumbing)
- R0057102 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weekday Evening Shift Monday - Friday 3:30pm to 11:30pm
- R0057106 Plumber, Night Shift
- R0057099 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weeknight/Weekend Day Shift
- R0053226 HVAC Mechanic or HVAC Senior Assistant
- R0057125 Plumber Senior Assistant

* As of 2/7/2024