

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

04.01.2022

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***Don't forget:
Reasons to Celebrate!***

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch — “Let us know” by answering a few quick questions:

<https://at.virginia.edu/j9Tnp>

COVID-19 & VACCINE RESOURCES

- Quick Links
- It's easier than ever to get your COVID-19 vaccine/booster!
- A Fourth Shot? Do you need to boost your booster?
- Face Coverings Update
- “Mask Preferred” Signs Available
- UVA COVID-19 Testing Guidelines
- At-Home Resources
 - ◆ Free N95 Masks
 - ◆ Free At-Home COVID-19 tests
- The Latest COVID-19 Isolation & Quarantine Guidelines from the CDC

**April Fool's Day is Here:
Encourage Acts of Kindness!**



APPRENTICESHIP



Learning by Doing

APPRENTICE JOB APPLICATION IS LIVE UNTIL APRIL 29

This year, a single application is posted for all apprenticeship tracks and is open to all levels of experience. Applications will only be accepted online. Join us at the [Job Fair on April 12](#) to learn more.

As part of the application, the following documents and information are required:

- ◆ Cover letter
- ◆ Resumé
- ◆ **References:** Name, phone numbers, and/or email addresses of three non-family former colleagues and/or supervisors who can attest to your skills and qualifications. Recent students may use a teacher or professor they have worked with closely.
- ◆ **Letter of recommendation** from someone other than a family member. Additional letters of recommendation are optional.

Current UVA Employees can search for and apply to jobs using your existing [Workday account](#). All others, apply here: <https://at.virginia.edu/gc32bS>

FM Apprenticeship Job Fair

April 12, Alumni Hall
9:30 AM to 11:30 AM
Open to the public

Download the flyer:

<https://at.virginia.edu/7C45dv>

UNIVERSITY OF VIRGINIA Facilities Management

UVA FACILITIES MANAGEMENT APPRENTICESHIP PROGRAM JOB FAIR

Featuring the UVA FM Apprenticeship Program and other local businesses with trades apprenticeships

- ELECTRICAL
- CARPENTRY
- PLUMBING
- MASONRY
- HVAC

April 12, 9:30–11:30 a.m., UVA Alumni Hall
211 Emmet St. S, Charlottesville, VA 22903

Applications open March 18 – April 29

LEARN MORE: <https://apprenticeship.fm.virginia.edu>

DIVERSITY, EQUITY & INCLUSION

Inclusive Excellence Update: Thank YOU!



→ The Climate + Intergroup Relations Team had a great meeting this week with Jennifer Watson from FM User Experience and Engagement to discuss feasibility of appreciation ideas. Lester Jackson shared appreciation ideas from his team including a ‘gift shop’ for rewards, increasing the per person cost for lunch per department, and recognition for positive service call surveys.

→ Stay tuned for more updates and ways to be involved!

Employee Resource Groups

Native & Indigenous Relations Community (NIRC) —

→ A broad-based group across the UVA community, guided by principles and common goals written up by our Indigenous members

→ Meets monthly to actively further initiatives

→ If you’d like to learn more about the NIRC or attend a meeting please reach out to

→ [Lucie Stylianopoulos](#), Librarian for Art, Archaeology & Indigenous Studies, (434) 924-6604, lws4n@virginia.edu

→ [Catherine Walden](#), Program Director, Race, Place and Equity Mellon Grant, cew9f@virginia.edu



Events

• **April is Celebrate Diversity Month.** One way to celebrate diversity is to lead meetings that seek to include everyone involved. Try incorporating the tips to the right and [click here to learn more](#).

• **Women’s History Month Fair**, Saturday, April 2nd at 12pm in Newcomb South Meeting Room. Interactive banquet, panels raffles and much more. Open to the public. [Click here to learn more](#).

• **Free Legal Clinics at UVA Women’s Center 4/13 and 4/27** staffed by local attorneys who offer pro bono legal counseling. Call or email if a clinic appointment would be helpful for you - freelgalclinic@virginia.edu, 434-982-2250. [Click here to learn more](#).

• **English 1-1 Classes are available** through [UVA CAELC](#) if you or an employee are interested, please email [Emily Douglas](#) or call (434) 906-5810.



1
Make it comfortable to take risks



2
Include everyone as you plan



3
Rotate roles every meeting



4
Ensure every voice is heard



5
Be transparent about how decisions are made

To learn more about these events or share any DEI updates, please contact Emily Douglas at em4hg@virginia.edu or FM-DEI@virginia.edu—thank you!

OCCUPATIONAL TRAINING

View or Apply for UVA FM Job Postings

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's **How to Apply: for Internal Candidates**: <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

Not all listings are available to external applicants.

FM Job Listings as of 3/23/2022:

Questions on job listings should be directed to AskHR@virginia.edu

- R0030524 Boiler Operator
- R0033029 Painter
- R0031108 Recycling Worker
- R0034425 Trades Utility Senior Worker
- R0034508 Electrician
- R0034252 Architect Associate
- R0034404 Plumber
- R0034241 Trades Utilities Worker
- R0034384 Plumber
- R0031374 HVAC Mechanic
- R0032788 HVAC Assistant Mechanic
- R0031247 Sr. Sourcing Specialist
- R0025318 Recycling Program Coordinator
- R0034152 Apprenticeship Program Manager
- R0034204 University of Virginia Apprenticeship Program
- R0033904 Electrician - CCR
- R0034127 Training Development Specialist/Senior Specialist
- R0024783 HVAC Mechanic/HVAC Senior Assistant
- R0029754 General Services Technician
- R0033696 Occupational Programs Coordinator
- R0033786 Plumber
- R0033013 Electrical Engineer
- R0033475 Assistant Business Manager
- R0028077 Custodial Services Worker
- R0032007 Landscape & Grounds Worker
- R0028140 Recycling Supervisor
- R0033575 Senior HVAC Mechanic
- R0033175 Station Facilities Superintendent
- R0033637 Pipefitter/Steamfitter Senior
- R0033616 Pipefitter/Steamfitter
- R0030397 Plumber Assistant
- R0026856 Senior Welder for Utility Systems
- R0032158 Operator/Pipe Layer or Senior Operator/Pipe Layer
- R0032242 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weekday Evening Shift Monday - Friday 3:30pm to 11:30pm
- R0033178 Electronic Door Mechanic
- R0032728 Operator Assistant - Heat Plant
- R0030474 Custodial Services Workers for Shifts Monday-Friday: 3:00pm - 11:30pm; 4:00pm - 12:30am; and 5:00am - 1:30pm
- R0032873 Custodial Services Worker - M - F 5:00 AM - 1:30 PM
- R0032868 Custodial Services Worker - HSPP 5:00pm-1:30am
- R0032538 Zone Maintenance Supervisor, McCormick Zone
- R0032442 Information Technology Specialist
- R0032487 Fire Systems Technician

See more UVA FM Job Listings >>>

OCCUPATIONAL TRAINING

UVA FM Job Postings, Continued from previous page

- R0032149 Facilities Planner
- R0032413 Senior HVAC Mechanic - Health System Physical Plant
- R0030560 Carpenter Senior
- R0032122 Construction Administration Manager
- R0030791 Instrumentation & Controls Technician
- R0026545 Sheet Metal Technician - CC&R
- R0031380 Trades Utility Senior Worker
- R0030564 General Services Supervisor
- R0030544 Carpenter - Construction & Renovation Services
- R0030513 Custodial Services Worker, Evening Shift
- R0030315 Utilities Manager
- R0025875 Landscape Plant Health Specialist
- R0027779 Arborist
- R0025247 Environmental Remediation Tech
- R0027977 IT Desk Support (Student Wage)

Training Opportunities

High Quality Workplace Conversations – The Power of Choice

Do you want to increase your ability to have high quality conversations in the workplace? Do you often find yourself having conversations that seem to be lacking in collaboration, innovation, and creativity? If so, please join an interactive workshop to learn about how the science of collective intelligence and positivity can be applied to increase the quality of our workplace conversations for better organizational outcomes.

Ed Hess, Professor Emeritus, Darden School of Business (To learn more about Ed, visit [his bio](#))
Mary Brackett, Senior Associate, Office of Organizational Excellence

When: April 6, 2022, 10:30 a.m. to 12:00 p.m.

Where: Harrison Library-Small Auditorium / In-Person



Register:

<https://organizacionalexcellence.virginia.edu/high-quality-workplace-conversations-power-choice>

Nominate A Deserving Colleague for The Hoos Building Bridges Award

Do you know a colleague who has made an impact by building partnerships across Grounds? If so, consider nominating them for this year's Hoos Building Bridges Award. **This award recognizes University staff or team members who demonstrate leadership and build thoughtful collaborations and relationships across schools, units, and/or departments that advance our work as an institution.**

Currently employed, salaried, and non-probationary University staff, classified staff, UPG staff, UVA Health team members, and Contingent Workers (UVA Foundation, Aramark, Morrisons) are eligible for consideration. Faculty are ineligible for this award.

Nominate an individual or group by April 22! If you have questions, please email AskHR@virginia.edu.

Visit the Rewards & Recognition webpage for more information and to view the nomination form:

<https://hr.virginia.edu/career-development/recognition-0>

OCCUPATIONAL HEALTH & SAFETY

APRIL IS DISTRACTED DRIVING MONTH

Virginia Department of Motor Vehicles (VADMV) has designated April as **Distracted Driving Month** which is also a part of the nationwide effort to raise awareness about the dangers of distracted driving and eliminate preventable deaths and injuries on our roadways.

In 2020, in roadway work zones Virginia saw:

11 Fatalities

1,547
Injuries



This is a **35.2% decrease in work zone fatalities** and a **14.8% decrease in work zone injuries** from 2019. A successful distracted driving program and ready-made communications and resources help reduce or eliminate distractions that can lead to accidents.

2022 National Work Zone Awareness Week (NWZAW) is April 11-15. This year's theme is **"Work Zones are a Sign to Slow Down."**

FM OHS offers Work Zone Traffic Control Training, both basic and intermediate, to employees that will be involved in working around and controlling traffic.

To learn more, email FM-OHS@virginia.edu or visit the OHS Training page: <https://www.fm.virginia.edu/depts/ohs/>



FM DRIVERS, REMEMBER:

**Take the time
not the chance**

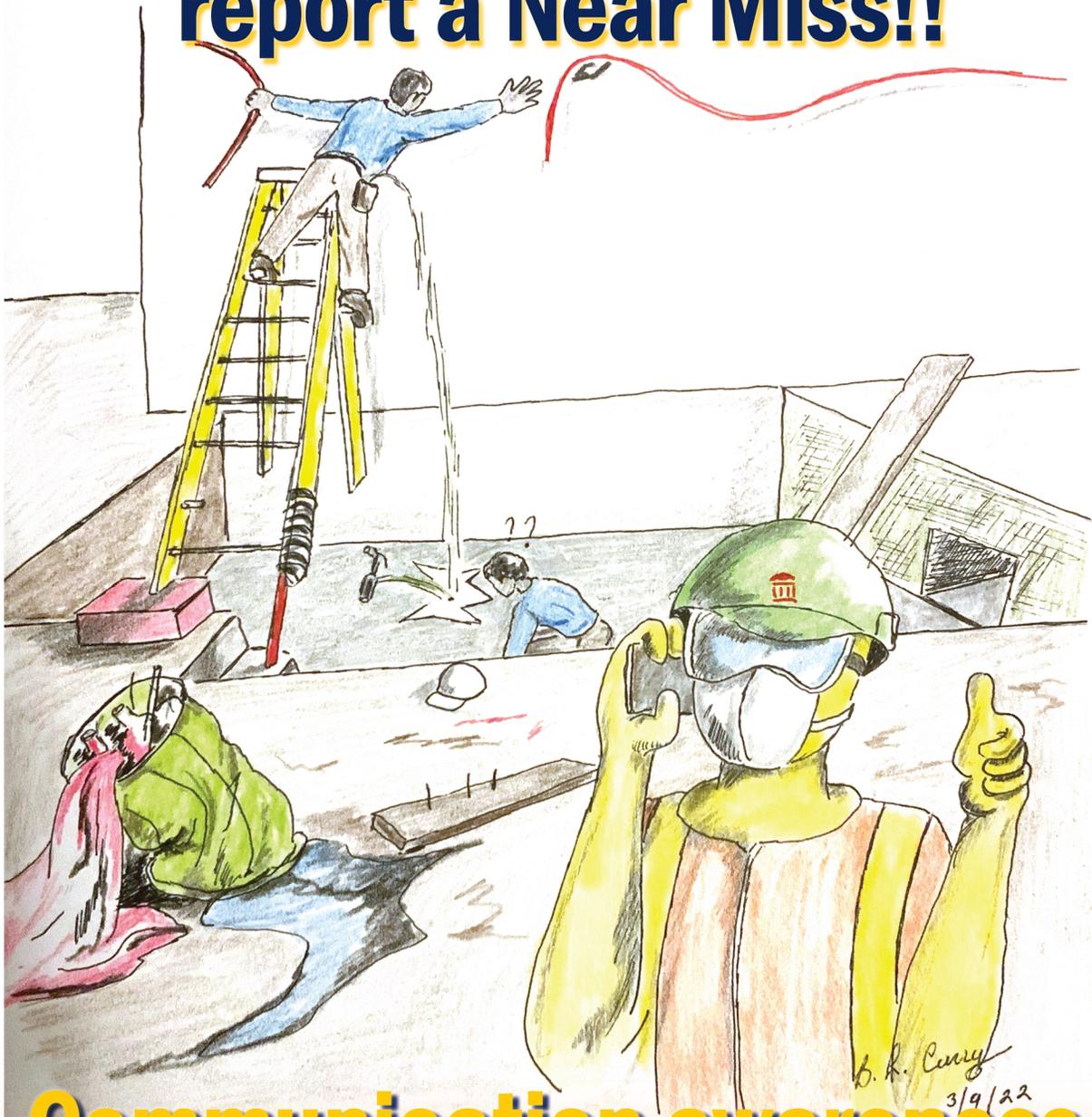


Drive safely. Your family, friends and future are riding on it.



Facilities Management Brought to you by the FM Fleet • fm-fleet@virginia.edu

DON'T BEE AFRAID to spring forward when you see something unsafe or to report a Near Miss!!



Communication awareness is the BEE'S knees to safety

PRESENTED BY:

**HSP
Safety Committee**

& FM-OHS

Occupational Health and Safety

COVID-19 RESOURCES

Helpful Links

- UVA COVID-19 Updates: <https://coronavirus.virginia.edu/>
- UVA Policy SEC-045-COVID-19 Health & Safety Requirement: <https://uvapolicy.virginia.edu/policy/SEC-045>
- OHS COVID-19 Resources: <https://www.fm.virginia.edu/depts/ohs/covid-resources.html>
- FM COVID-19 Communications: <https://www.fm.virginia.edu/employees/intranet/covid.html>
- KN95 mask information and resources: <https://at.virginia.edu/ajCNgF>
- FM face cover & mask request form: <https://at.virginia.edu/UVAFMMatReq>
- VDH Isolation and Quarantine Calculator: <https://www.vdh.virginia.gov/coronavirus/isolation-quarantine/>

IT'S EASIER THAN EVER TO GET YOUR COVID-19

VACCINE!

Make your plan today.

Schedule your free vaccine using the resources below:

- [Vaccines.gov](https://www.vaccines.gov)

OR

Plan to visit a walk-in clinic: <https://at.virginia.edu/JhDgmD>

Remember to use your PHEL for any time away from work.

[Learn more about the available vaccines in the US >>](#)



Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday
from 8 a.m. to 6 p.m.

A Fourth Shot? Do you need to boost your booster?

This past Tuesday, the Food and Drug Administration and the Centers for Disease Control and Prevention cleared the way for another shot for anyone 50 and older who can get the additional booster at least four months after their last vaccination. Severely immunocompromised patients, such as organ transplant recipients as young as 12 are also eligible.

This is especially important for those 65 and older and those 50 and older with underlying medical conditions that increase their risk for severe disease from COVID-19 as they are the most likely to benefit from receiving an additional booster. Go to [Vaccines.gov](https://www.vaccines.gov) to schedule your vaccine or booster doses.

COVID BOOSTER ELIGIBILITY UPDATE

Everyone 50+ and certain immunocompromised individuals can get a 2nd booster.

You can get a 2nd booster 4 months after your initial booster.



COVID-19 RESOURCES

Face Coverings Update

In an email that went out on [March 25](#), UVA leadership reminded employees that University masking requirements were lifted, with a few exceptions, on March 21, and eliminated the requirement to wear a mask while in class for UVA students on March 28.



Masks are still required in:

- UVA Health clinical facilities in accordance with their policies, and
- University Transit busses.

Individuals with [certain medical conditions](#), who are immunocompromised, have immunocompromised household members, and/or are simply more comfortable wearing a mask are encouraged to continue practicing all COVID-19 precautions (masking, handwashing, etc.) as this disease remains in our community. FM Occupational Programs will continue to have masks available at trainings for those who would like to wear them.

Three-ply, fabric, & KN95 masks are available for your team through [the online form](#).

“Mask Preferred” Signs Available

There’s nothing wrong with preferring that individuals entering your work area wear a mask. Masking has been shown to protect those at risk from catching the virus that causes COVID-19.

While masks are now optional in non-patient care areas, UVA faculty & staff may request “Mask Preferred” signs to be installed in their office area.

To make a request, visit the

[FM Customer Portal \(https://](https://customerportal.fm.virginia.edu)

[customerportal.fm.virginia.edu\)](https://customerportal.fm.virginia.edu), select [Request Service](#), I need to request “[Other](#)” and specify the “mask preferred” signage in the description.



Contact the FM Service Desk at 434-924-1777 for assistance.



COVID-19 TESTING

Spring 2022

The following testing guidelines are effective as of March 28th, 2022.

Why are you testing?	Students	Academic Faculty & Staff	UVA Health Team Members
I'm symptomatic.*	<p>SELF-ISOLATE AWAY FROM OTHERS.</p> <p>Schedule a COVID-19 testing appointment at Student Health and Wellness <i>or</i> report a positive test result using the HealthyHoos patient portal at www.healthyhoos.virginia.edu.</p>	<p>SELF-ISOLATE AWAY FROM OTHERS.</p> <p>Contact Employee Health at 434-924-2013 for evaluation or <u>schedule a testing appointment online</u>. Employees who receive positive test results outside of UVA should notify Employee Health (434-924-2013 or employeehealth@virginia.edu)</p>	
I'm a close contact.**	<p> FOLLOW VDH GUIDANCE.</p> <p>Schedule a COVID-19 testing appointment at Student Health and Wellness <i>or</i> report a positive test result using the HealthyHoos patient portal at www.healthyhoos.virginia.edu.</p>	<p> FOLLOW VDH GUIDANCE.</p> <p>Contact Employee Health at 434-924-2013 for evaluation or <u>schedule a testing appointment online</u>. Employees who receive positive test results outside of UVA should notify Employee Health (434-924-2013 or employeehealth@virginia.edu)</p>	
I'm unvaccinated and was prevalence testing.	<p>Prevalence testing is no longer required. Please review <u>VDH guidance</u> on how to keep yourself and others safe.</p>		<p>Continue prevalence testing at Employee Health.</p>
I'm testing for travel.	<p>Please review this <u>SHW travel resource</u> to prepare for required testing before travel. Testing and vaccination requirements will vary based on airline and destination.</p>		
I'm testing for an event, before seeing family, or another proactive reason.***	<p>Rapid antigen at-home tests are available for free at the <u>SHW Pharmacy</u> and <u>UVA Bookstore Pharmacy</u> through the end of the spring semester, while supplies last. Let's Get Checked kits can also be <u>ordered through the portal</u> while supplies last. Rapid antigen at-home tests are also available at local pharmacies, and <u>insurers are required</u> to fully cover 8 over-the-counter at-home tests per covered individual per month.</p>		<p>For all other testing (travel, required for conference, etc.) Please visit the BRHD website for alternative testing sites: www.vdh.virginia.gov/blue-ridge/covid-19-tjhd-testing-sites</p>

* **Symptoms of COVID-19** include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea. **Source:** CDC

** **A close contact is defined as** being within six feet of a person who has tested positive for COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period (e.g. having lunch or being part of a gathering with them); living with them; providing care for them; or having exposure to respiratory secretions (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing) from them.

*** Please be thoughtful about your use of community testing resources!



VDH has a new quarantine and isolation calculator that provides timeframes based on your vaccination status, specific date of exposure or symptom start, next steps to take, resources, and more.

Check it out at www.vdh.virginia.gov/coronavirus/protect-yourself/isolation-quarantine

COVID-19 RESOURCES

Virginia Department of Health Resources

Free N95 Masks

It has been proven that all masks and respirators are effective at reducing transmission of SARS-CoV-2, the virus that causes COVID-19, when worn consistently and correctly. Properly fitting respirators like an N95 mask provide the highest level of protection. Wearing a highly protective mask or respirator may be most important in certain high risk situations, or for people at increased risk for severe disease.

Last week, the CDC launched a new resource to help you find free N95s. To find free N95s near you, [visit the online search tool](#) or call 1-800-232-0233 (TTY 1-888-720-7489). You can also visit the CDC website to [learn how to use an N95 properly](#). Blue Ridge Health District will continue to provide free N95s at all [Mobi sites](#), as well.

If your job duties require you to wear an N95, you must be fit tested & trained prior to use. Email FM-OHS@virginia.edu to find out more about fit testing.

Free At-Home COVID-19 Tests

Every home in the U.S. is eligible to order 2 sets total of 4 free at-home tests from <https://www.covidtests.gov/>

Get free at-home COVID-19 tests

Insurance Reimbursement for At-Home Tests

If you have health insurance through an employer or Marketplace, your insurance will pay you back for **8 at-home tests each month for each person** on your plan when purchased through a participating retailer. The test will either be free directly at the point of sale, if your health plan provides for direct coverage, or by reimbursement if you are charged for your test. Be sure to keep your receipt if you need to submit a claim to your insurance company for reimbursement. If your plan has set up a network of preferred providers at which you can obtain a test with no out-of-pocket expense, you can still obtain tests from other retailers outside that network. Insurance companies are required to reimburse you at a rate of up to \$12 per individual test (or the cost of the test, if less than \$12).

Every home in the U.S. is eligible to order 2 sets of 4 free at-home tests. If you already ordered your first set, order a second today.

[Order Free At-Home Tests](#)

Need help placing an order for your at-home tests? Call [1-800-232-0233](tel:1-800-232-0233) (TTY [1-888-720-7489](tel:1-888-720-7489)).

If you are a member of the UVA Aetna Health Plan, you can learn more about reimbursements here: <https://health.aetna.com/sites/covid19-otc-home-test-commercialA.html> or log in to your [Aetna account](#) & select “Get Test Kits & Reimbursements” on the homepage.

Self-tests give rapid results and can be taken anywhere, regardless of your vaccination status or whether or not you have symptoms. These tests are useful if you think you’ve been exposed, are having symptoms, or simply would like to test for peace of mind before visiting another household.

COVID-19 RESOURCES

The Latest: COVID-19 Isolation and Quarantine Guidelines

Even though COVID-19 case rates are lower than we have seen in the last few months, people are still testing positive and being exposed to the virus every day. To help keep infection rates as low as possible, it is important to know what to do if you test positive or are exposed to someone who has COVID-19.

According to the CDC, if exposed to a positive COVID-19 case:

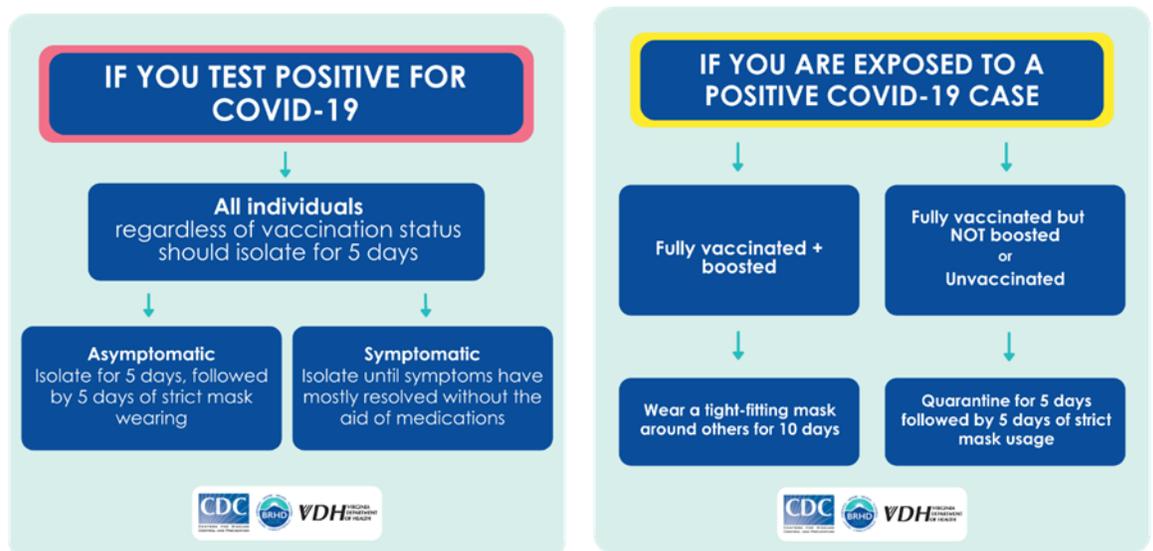
- Fully vaccinated and boosted individuals should commit to a 10-day period of strict mask usage around others.
- Unvaccinated and un-boosted individuals should quarantine for 5 days, followed by another 5 days of strict mask usage.
- All individuals, regardless of vaccination status, are recommended to get tested 5 days after the initial exposure. If at any point the individual starts experiencing symptoms, they should seek testing and return home immediately until a negative test confirms symptoms are not COVID-19 related.

For anyone who tests positive for COVID-19, regardless of vaccination status:

- All individuals, regardless of vaccination status, should isolate for 5 days.
- Asymptomatic individuals or those individuals with mild symptoms that resolve within 5 days may end isolation on day 5, followed by another 5-day period of strict mask usage.
- Symptomatic individuals, including those with fever or any other symptoms that have not resolved by day 5, should remain in isolation until symptoms have improved and/or the fever breaks without the help of fever-reducing medication.

Read more about quarantine and isolation guidelines on the CDC's website:

<https://at.virginia.edu/qv7uxy>





let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**April 1: Distracted Driving Awareness
Month**

April 2: Ramadan begins

April 3: Geologists Day

April 4: National Public Health Week

April 5: Go For Broke Day

April 6: Sorry Charlie Day

April 7: National “Girl, Me Too” Day

April 8: National Empanada Day