

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

01.21.2022

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Reminder: Face Coverings are still important!

Per [UVA's Policy SEC-045](#), Facilities Management requires face covers to be worn at all times while indoors at UVA properties, unless alone in an office or vehicle. Due to the increased contagiousness of COVID-19, UVA strongly recommends wearing a medical grade three-ply mask instead of a single-layer fabric mask.

Three-ply and KN95 masks are available for your team through the warehouse.

[Learn more about face covers >>](#)

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- Why does it seem so many vaccinated people are getting COVID-19 lately?



***Don't forget:
Reasons to Celebrate***

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas. Now there's a new way to get in touch – “Let us know” by answering a few quick questions: <https://at.virginia.edu/j9Tpnq>

REMINDER: FACE COVERINGS MUST BE WORN INDOORS

ABOUT FACE COVERINGS

Per UVA's [Policy SEC-045](#), Facilities Management requires face coverings to be worn at all times while indoors at UVA properties, unless alone in an office or vehicle. [The CDC recommends](#) face coverings in any setting where other social distancing measures are difficult to maintain (e.g., grocery stores, pharmacies, essential worksites) especially in areas of significant community-based transmission.

Face coverings **shall not have exhalation valves or vents**, which allow virus particles to escape, and shall not be made of material that makes it hard to breathe, such as vinyl. See more from VOSH's *Revised Virginia Standard For Infectious Disease Prevention Of COVID-19*: <https://at.virginia.edu/LyoTAM>

The purpose of face coverings is to reduce the release of potentially infectious particles into the air when someone speaks, coughs, or sneezes. **Face coverings are not a substitute for physical distancing, washing hands, and staying home when ill.**

Here are examples of the various types of face coverings that are being used to protect public health:



N95 RESPIRATORS

N95 masks are only to be used when required by your job and/or task. N95 users are required to go through special fit testing & training. Users are fit tested to their specific model of face covering.

If you are unsure if your job requires an N95 OR you need training, contact your supervisor or

FM-OHS@virginia.edu.



KN95

KN95 filtering facepiece respirators are certified under China's standards and are not cleared by the FDA or NIOSH. With worldwide supply shortages of N95s, more KN95 masks are starting to appear in this country. KN95 is not a substitute for an N95, but can be used to prevent spread of the virus.



DUST MASKS

These look like N95s or KN95s but they may not have the proper certifications.

Dust masks are okay for voluntary use. They are typically sold in hardware stores for people who need protection from sawdust and other construction work. Dust masks are disposable.



NEOPRENE FACE COVERS

The material is thick and can prevent the spread of droplets from the mouth and nose, depending on mask design. Neoprene fabrics are washable and reusable. Masks should be washed before reuse.

Face covers with valves on them should be double layered with a paper or cloth face cover to prevent the spread of droplets.



SURGICAL MASKS & CLOTH FACE COVERS

These masks do not filter out particles to the extent that N95 and KN95 masks do. They will contain droplets and spittle from the mouth and nose of the wearer, protecting those around the wearer.

“Double masking” or wearing two masks is recommended if you choose a cloth mask.



NECK GAITERS & BANDANAS

Cotton or synthetic materials are used to make these. The material is often thin for improved breathability, which means a decreased ability to contain droplets. Neck gaiters are made of stretchy synthetic fabric which makes them comfortable to wear.

Neck gaiters and bandanas offer significantly reduced protection and are **not considered an effective face cover at UVA FM.**

OCCUPATIONAL HEALTH & SAFETY

Important Reminder for OHS Training Sessions

UVA FM-OHS is considering the implications of the recent spike in COVID cases and how it impacts our community, Facilities Management, and OHS training. Training that is critical to keeping our employees safe cannot be delayed; and there are some tasks for which employees are required by Federal and State laws to have up-to-date training. OHS is conducting in-person training with the following precautions to prevent the spread of illness. **We appreciate your collaboration in balancing our critical needs for employee health and safety.**

Requirements for OHS Training Sessions:

- **Masks MUST always be worn properly at all times.** OHS trainers will have additional masks at training classes to offer employees. Anyone not wearing a mask or continuing to wear a mask improperly will be asked to leave and your supervisor will be notified.
- **Mask requirements:**
 - A KN95 face mask OR
 - A medical grade, three-ply face mask OR
 - You **MUST** wear a medical grade, three-ply face mask over your cloth face covering (double-mask).
- **All face coverings MUST be tight-fitting and completely cover your nose AND mouth.**
- **Physical distancing will be in place with either reduced class sizes or larger rooms** to allow safe spacing between attendees. Most OHS trainings have moved to Zehmer Hall to accommodate our trainings, additional space & physical distancing. If you feel a room needs an adjustment to its set-up, please ask.
- **Be responsible for your health** prior to and when attending class and be considerate of other employees.
- **If you have been exposed to a COVID+ case, are awaiting test results, or are experiencing any symptoms of illness, please respond to fm-ohs@virginia.edu and ask to be rescheduled.**
- **During COVID, employees are responsible for maintaining their training requirements and attending assigned sessions to properly perform job responsibilities.**

This approach is in line with current UVA, CDC, and local public health officials' policies and guidelines. **The COVID-19 pandemic has created a rapidly changing environment. OHS will reassess policies for in-person training as needed. The OHS team will evaluate individual cases of expired or overdue training; and in some cases, employees may not be able to perform tasks until the training requirement has been met.**

Contact fm-ohs@virginia.edu or call 434-297-6379 if you have any questions.

Thank you for your patience, understanding, and collaboration as we navigate the current environment.

OCCUPATIONAL HEALTH & SAFETY

SAFETY SHOE TRUCK

The shoe truck will be on Grounds next on Tuesday, January 25, 2022.

The voucher system is offline as we adjust for the new year of safety shoes. If you receive an email from the safety shoe portal stating your voucher has been processed, you can pick up shoes at the [Red Wing store on Pantops](#) or at the next shoe truck using your UVA ID.



If you need safety shoes, submit a request: <https://at.virginia.edu/FMShoeRequest>

REMINDERS

[OSHA.gov](#) posts and emails workplace safety reminders daily.

Visit <https://www.osha.gov/winter-weather/hazards#shovelingsnow> to learn more about this one.

Visit [OSHA.gov](#) to see more workplace safety reminders of the day.



Warm up before shoveling snow and scoop small amounts at a time.

WORK SAFELY!

SPEAK UP!

SAY NO TO

UNSAFE WORK PRACTICES

NOTIFY YOUR SUPERVISOR, FILL OUT A NEAR MISS FORM OR CALL FM-OHS AT 434-297-6379

FM Occupational Health and Safety is here to support you and a safe working environment.

If you have any questions or concerns related to health and safety at work, speak with your supervisor, [Safety Committee representative](#), [someone from OHS](#), or submit a [near miss report](#).

FREE FITNESS OFFERINGS FROM HOOS WELL

UVA Intramurals and Hoos Well have partnered to offer employees FREE fitness classes—from running to weightlifting to yoga to pickleball, there's something everyone can enjoy!

See the classes: <https://at.virginia.edu/pWoLOR>



OCCUPATIONAL TRAINING

View or Apply for UVA FM Job Postings

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's **How to Apply: for Internal Candidates**: <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

Not all listings are available to external applicants.

Questions on job listings should be directed to AskHR@virginia.edu

FM Job Listings as of 1/20/2022:

- R0030560 Carpenter Senior
- R0028303 Senior HVAC Mechanic, Central Grounds Zone, Evening Shift
- R0029183 Assistant Facilities Planner
- R0029999 Licensed Tradespeople (HVAC, Electrical or Plumbing), Shift
- R0030524 Boiler Operator
- R0032122 Construction Administration Manager
- R0031897 HVAC Assistant Mechanic
- R0031541 Custodial Services Supervisor, Housing
- R0032007 Landscape & Grounds Worker
- R0031883 Carpenter Senior
- R0030791 Instrumentation & Controls Technician
- R0031374 HVAC Mechanic
- R0031625 IT Help Desk Specialist (Staff Wage)
- R0031242 Historic Masonry Supervisor
- R0026856 Senior Welder for Utility Systems
- R0031155 Instrumentation & Controls Technician
- R0031291 Systems Control Center Operator
- R0031380 Trades Utility Senior Worker
- R0029244 Carpenter Senior
- R0028140 Recycling Supervisor
- R0026545 Sheet Metal Technician - CC&R
- R0030991 Custodial Services Worker
- R0030609 Elevator Assistant Mechanic
- R0030564 General Services Supervisor
- R0029165 HVAC Mechanic, West Grounds
- R0024783 HVAC Mechanic
- R0025441 Plumber
- R0030790 Recycling Worker
- R0030719 Sign Shop Worker
- R0030982 Utilities Supervisor
- R0030544 Carpenter - Construction & Renovation Services
- R0030280 Chiller Plant Zone Supervisor
- R0030513 Custodial Services Worker, Evening Shift
- R0030474 Custodial Services Worker
- R0030510 Custodial Services Worker
- R0030567 Electrical Assistant
- R0030468 Electrician Senior
- R0030487 Fire Systems Assistant Technician
- R0029754 General Services Technician
- R0030397 Plumber Assistant
- R0024318 Custodial Services Supervisor, Evening Shift

See more UVA FM Job Listings >>>

OCCUPATIONAL TRAINING

UVA FM Job Postings, Continued from previous page

- R0026830 Geospatial Space Analyst
- R0026820 Instrumentation & Controls Technician
- R0030369 Maintenance Zone Manager
- R0030315 Utilities Manager
- R0028077 Custodial Services Worker
- R0028772 Instrumentation Engineering Technician
- R0025875 Landscape Plant Health Specialist
- R0029177 Mason Plasterer
- R0022915 Trades Utility Senior Worker
- R0027779 Arborist
- R0026402 Electrician
- R0029022 Electrician
- R0025247 Environmental Remediation Tech
- R0026550 Mason - CC&R
- R0025318 Recycling Program Coordinator
- R0025264 Senior HVAC Mechanic - 7AM-5:30PM, M - Th
- R0027440 Electrician - CCR
- R0027977 IT Desk Support (Student Wage)
- R0025382 Plumber

DIVERSITY, EQUITY & INCLUSION

Meet Jenn Glassman, Director of Procurement and Supplier Diversity Services

Learn more about Jenn Glassman, Director of Procurement and Supplier Diversity Services in the new issue of [Amplify](#) from the UVA Office for Diversity, Equity, and Inclusion.

As Glassman states, "The program's future lies in making a deeper connection with UVA's local community and surrounding regions. We need to make the fundamentals of doing business with

UVA easy and accessible. We need to proactively search for companies that may not necessarily be knocking on our door to do business with us because there were too many barriers in the past. Finally, we need our buyers - both in Procurement and out in the departments - to have both the tools and mindset to find local, small, woman-owned, and minority-owned businesses that can meet UVA's needs." Read more about Glassman and the program on [page 44 of Amplify](#).



Read the full issue: <https://dei.virginia.edu/amplify>

DIVERSITY, EQUITY & INCLUSION

UVA MLK Celebration *Continues*

January 24-February 8

Why We Can't Wait...Justice, Data & Activism: A conversation between Nikuyah Walker and Renee Cummings

Monday, January 24, 2022 - 12:00pm via Zoom

Join UVA's School of Data Science as they host Data Activist in Residence Renee Cummings in conversation with Nikuyah Walker



Register: <https://at.virginia.edu/lozLL1>

Mapping the Historic Green Books: Architectural History of the African American Travelers' Guide

Wednesday, January 26, 2022 - 3:00pm to 4:00pm via Zoom

Join a conversation with student and alumni volunteers who are spearheading an important digital project to document and map Green Book sites across the country.

Register: <https://at.virginia.edu/OjbpqX>

Keynote Address: Yamiche Alcindor, "Black History and the Legacy of MLK: Purpose, Truth, and Justice"

Thursday, January 27, 2022 - 6:00pm to 7:00pm via Zoom

Please join us for the virtual Keynote Address for the 2022 Community MLK Celebration featuring Yamiche Alcindor. Alcindor will be speaking on "Black History and the Legacy of MLK: Purpose, Truth and Justice."

Register: <https://at.virginia.edu/3B01w7>

For more events, visit - <https://MLK.virginia.edu/events>

UVA & Affordable Housing

UVA has announced the selection of three potential sites for affordable housing development. This work falls under the auspices of the President's Council on UVA-Community Partnerships.

Within the announcement, there are opportunities for community members to share their thoughts about the sites via a survey and a comment wall.

Read more about the Affordable Housing Initiative on the President's Council site:

<https://prescouncil.president.virginia.edu/affordable-housing>

It's happening!

The all-volunteer tool library launch team has been hard at work preparing for launch in Spring 2022.

The **NEW Cville Tool Library** will be a collective and collaborative space for empowering our community with tools.



Cville Tool Library

Sharing tools with our neighbors not only saves money, but encourages learning new skills, living more sustainably, and building stronger communities.

How it works:

- Borrow tools like you would borrow books from the library
- No need to buy or store tools you'll use once
- Learn how to use tools

How can you get involved? Glad you asked!

- Tool donations are being accepted, and our wish list will be posted on our website soon
- Volunteers will be needed to staff our tool desk, maintain tools, and more
- Become a member!



We are welcoming new members beginning in January 2022!

Funds raised through membership fees go exclusively toward the purchase of new tools for our inventory.

When you join the Cville Tool Library as an early adopter, you become an integral part of its foundation.

More members = more tools to lend!

Curious about how it'll work?

Want to meet the tool library team?

Interested in volunteering?

Have tools to donate?

Come check us out at our Open House

Open House

Sunday, January 23, 2022

1 to 4 pm

Cville Tool Library

1740 Broadway Street

Charlottesville, VA 2290

Incliment weather changes will be posted on our website and Facebook page

www.cvilletoollibrary.com



cvilletoollibrary@gmail.com

IT'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!



Make your plan today.

Schedule your free vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:
<https://at.virginia.edu/MU5RI9>

OR

Plan to visit a walk-in clinic: <https://at.virginia.edu/JhDgmD>

Remember to use your PHEL for any time away from work.

[Learn more about the available vaccines in the US >>](#)

Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday
from 8 a.m. to 6 p.m.

COVID-19, Allergy, Cold and Flu Symptoms



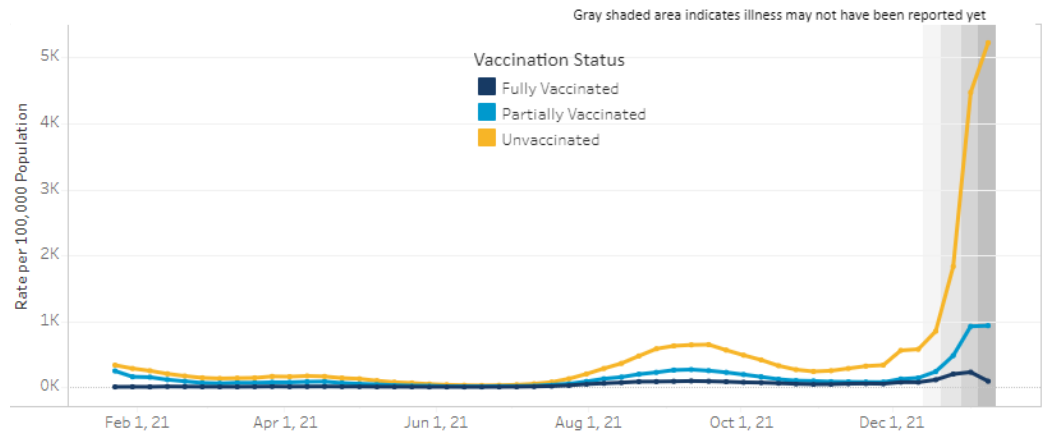
Symptom	COVID-19	Allergies	Cold	Flu
Body aches, muscle aches or severe muscle pain	✓	✗	✓	✓
Chills	✓	✗	Uncommon	✓
Cough or pressure in chest	✓	✓	✓	✓
Dizziness, confusion, difficulty waking up	✓	✗	✗	✓
Fatigue	✓	✓	✓	✓
Fever	✓	✗	Rare	✓
Headache	✓	✓	Rare	✓
Itchy or watery eyes	✗	✓	✗	✗
New loss of taste or smell	✓	✗	✗	✗
Pain or pressure in the belly	✗	✗	✗	✓
Runny or stuffy nose	Less common	✓	✓	✓
Seizures	✗	✗	✗	✓
Severe weakness	✓	✓	✗	✓
Sore throat	Less common	✓	✓	✓
Sneezing	✗	✓	✓	✓
Trouble breathing or shortness of breath	✓	Less common	✗	✓
Vomiting or diarrhea	✓	✗	✗	✓

Source: <https://brighamhealthhub.org/are-you-sick-with-covid-19-the-flu-or-a-cold/>

COVID-19 RESOURCES

COVID-19 Case Rates in Virginia by Vaccination Status

Between 1/17/2021 & 1/8/2022, unvaccinated individuals developed COVID-19 at a rate 4.4 times higher than fully vaccinated and 2.1 times higher than partially vaccinated individuals.



Source: Virginia Dept. of Health
<https://at.virginia.edu/4u6myh>

WHY DOES IT SEEM SO MANY VACCINATED PEOPLE ARE GETTING COVID-19 LATELY?

A couple of factors are at play related to the emergence and spread of the omicron variant of the virus that causes COVID-19:

- Omicron is very easily spread and is more likely to infect people, even if it doesn't make them very sick.
- Omicron's surge coincided with the holiday travel season in many places.

COVID-19 vaccines are designed to prevent severe illness, not necessarily fully block infection. The vaccines are still doing their job on that front, particularly for people who've gotten boosters.

Two doses of the Pfizer-BioNTech or Moderna vaccines or one dose of the Johnson & Johnson vaccine offer strong protection against serious illness. Boosters 5 months after your Pfizer or Moderna vaccines or 2 months after your Johnson & Johnson vaccine rev up levels of the antibodies to help fend off infection.

Source: <https://at.virginia.edu/Tz6P53>

The infographic is titled "Every Layer Protects Us" and features a central shield icon with a virus particle. Below the title, the word "PREVENT" is written above four shield icons representing: Vaccinate (a vaccine vial), Mask (a person wearing a mask), Distance (a person with a red X over them), and Wash (hands being washed). Below these is a person labeled "YOU". To the right, the word "CONTAIN" is written above three shield icons representing: Test (a test kit), Trace (a location pin), and Isolate (a person in a yellow isolation gown). Below these is a person labeled "PEOPLE YOU LOVE". At the bottom, the Virginia Department of Health (VDH) logo is on the left, followed by a "VACCINATE VIRGINIA" logo, and the website "Vaccinate.Virginia.gov" and phone number "877-VAX-IN-VA (877-829-4682)" on the right.



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**January 21: International Sweatpants
Day**

January 22: National Hot Sauce Day

January 23: National Handwriting Day

January 24: National Compliment Day

January 25: Observe the Weather Day

January 26: National Peanut Brittle Day

January 27: National Chocolate Cake Day

January 28: Data Privacy Day