

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

12.15.2021

In this issue:



Click the item title to go to the corresponding page. *Downloading this document may be necessary.*

COVID-19 Resources are highlighted this edition so that you have access to the latest information to keep you and your family healthy this holiday season.

COVID-19 & VACCINE RESOURCES

- Traveling for the holidays: Recommendations from UVA
- Celebrate the Holidays Safely with Tips from the CDC
- It's easier than ever to get your COVID-19 vaccine!
- Important Deadlines for Vaccination at UVA
- You can safely get your COVID-19 Vaccine and the flu shot at the same time!
- Extra Doses & Booster Shots
- COVID-19 Case Rates in Virginia by Vaccination Status
- Omicron Variant: What is known
- Testing Resources/Prevalence Testing for UVA Employees
- Local Community Transmission Levels

OCCUPATIONAL HEALTH & SAFETY

- YOU are the December Safety Champion
- Workday Learning Record Reconciliation
- Bernie Says! Practice Snow Safety & Prevent Slips, Trips & Falls
- COVID-19 Symptoms vs. Flu Symptoms
- Get Your Flu Shot/Get Your Sticker
- Relieve Holiday Stress
- 4 P's of Safe Driving in Winter Weather
- Heater Safety
- Did you know? FM Provides Vouchers for Prescription Safety Glasses
- Workplace Safety Reminders

OCCUPATIONAL TRAINING

- Celebrating UVA Edge Completers
- View & Apply: UVA FM Job Openings

DIVERSITY, EQUITY & INCLUSION

- ¿Hablas Español Principalmente? ¡Actualiza Workday! / Do you primarily speak Spanish? Update Workday!
- Celebrate Inclusivity: Recognizing Holidays

HAPPY
Holidays

May your New Year be welcomed with love and warmth surrounding you and your friends and family.

From Your Friends,
UVA FM Occupational Programs



***Don't forget:
Reasons to
Celebrate for the
rest of 2021!***

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas.

Now there's a new way to get in touch — “Let us know” by answering a few quick questions:

<https://at.virginia.edu/j9Tpnj>

TRAVELING FOR THE HOLIDAYS: RECOMMENDATIONS FROM UVA

For the many people who are planning to travel during the winter break, UVA Student Affairs has developed a helpful resource for how to get to your destination and back while keeping yourself and others healthy and safe.

View the complete guide with active links:
<https://at.virginia.edu/Q5zxul>



PREPARING FOR TRAVEL

2021-2022

If you will be traveling for breaks during the 2021-22 academic year, start planning for travel-related COVID-19 requirements well before your travel dates. It is especially important to understand requirements and guidance specific to your airline and your destination, whether you will be traveling domestically or internationally.

Q: I'd like to proactively test before travel, but am not required to. Can I test with UVA BeSafe?

A: Yes. UVA BeSafe saliva testing is a great option if you are **NOT** required to have a test result for travel (i.e. driving, taking the bus or train, or most domestic flights in the U.S. if you are fully vaccinated). Visit [UVA Be SAFE Testing Sites and Hours](#) to plan for your saliva testing day and time. You will receive an email from Be SAFE with a link for negative and inconclusive results.

Q: I am required to have a test result before travel. How should I prepare?

A: Review the chart below. If you are traveling internationally, [this resource](#) can help.

TESTING REQUIREMENTS	Depending on your destination, airlines may require a negative PCR test result within 72 hours of your flight . Requirements can be airline- <i>and</i> country-specific, so plan ahead. If you require an antibody or antigen test , you should schedule an appointment for these services in the community — CVS and Walgreens offer rapid antigen testing, and you can visit the VDH COVID-19 testing locations webpage to find more sites.
TIMING OF TESTING	<p>If you are required to test for travel, you should use a commercial provider (provider list on second page). Please note, UVA Be SAFE is unable to offer travel testing outside of the normal saliva testing and test results for travel are NOT guaranteed. UVA Riverside offers asymptomatic testing Monday - Friday that can be scheduled up to a week ahead of time by phone. Lab turnaround times for test results are 1-3 days after pick-up.</p> <ul style="list-style-type: none"> • The timing of your travel is important to consider. Try to avoid traveling on a Sunday or Monday, as test results may not be available within 48-72 hours of your flight. • Consider your return travel. Review CDC Requirements for Return to the U.S. and plan for proof of vaccination, testing, and next steps if your test result comes back positive. • Keep in mind that pre-travel COVID-19 testing is unlikely to be covered by insurance.
LETTER OF RECOVERY	If you have previously had COVID-19 and are required to provide a letter of recovery, contact Student Health and Wellness at (434) 982-3915 to set up an appointment as soon as possible. Appointments are available Monday - Friday. If your COVID-19 test was performed outside of UVA, you will need to upload the result to the HealthyHoos before your appointment. Please allow a minimum of 5 business days prior to your departure.
NEW → PROOF OF VACCINATION	As of Nov. 8th, 2021, all non-immigrant, non-citizen air travelers to the U.S. will be required to be fully vaccinated prior to boarding an airplane to the U.S., with few exceptions. You can download information that has been uploaded to HealthyHoos or provide the original documentation you received at the vaccination site. We recommend carrying both paper and electronic copies of your documentation. If you were vaccinated in Virginia, you can request proof of vaccination online through the VDH.

DESTINATION REQUIREMENTS

Review your destination's requirements. If you are traveling abroad:

- Check the [State Department website](#) and the destination country embassy website.
- Consider what the requirements will be for your return to the US, including proof of COVID-19 vaccination. See the [CDC travelers website](#). Understand that guidelines are fluid and subject to change. Check regularly for updates.

SAFETY CONSIDERATIONS

Please be careful while traveling! Physically distance and wear your mask (even if vaccinated) so that you decrease exposure for yourself, loved ones, and others.

- **Face Masks:** Review [CDC guidance](#) about wearing face masks when traveling by air or public transportation.



TO LEARN MORE: coronavirus.virginia.edu/departure-and-travel-guidance

COVID-19 RESOURCES

HOW TO CELEBRATE THE HOLIDAYS SAFELY



Many of us are looking forward to gathering for the holidays. The best way to minimize the risk of illness and keep your family and friends safer is to follow the guidelines below and **to get vaccinated if you're eligible**. *Most individuals over the age of 12 can be vaccinated against COVID-19.*

- **Getting vaccinated** is the best way to protect those under 12 and others who cannot be vaccinated or may be immunocompromised.
- **Wear well-fitting masks over your nose and mouth if:**
 - You are **not fully vaccinated** and are in a public, indoor setting (supermarkets, movie theaters, etc.).
 - You are **fully vaccinated** and in public indoor settings **in communities with substantial to high transmission**.
- **Gather outdoors:** Outdoors is safer than indoors.
- **Avoid crowded, poorly ventilated spaces.**
- **Test ahead of time** to prevent unintentional spread to others.
- **Wash your hands** often.
- **If you are sick or have symptoms:**
 - **Don't host or attend a gathering.**
 - **Let your supervisor know.** Do not come to work if you are sick.
 - **Contact Employee Health** for guidance: 434-924-2013

If you are traveling for the holidays, visit **CDC's Travel page** to find tips for you and your family. *The CDC recommends delaying travel until you are **fully vaccinated**.*

Other special considerations:

- **People who have weakened immune systems due to a condition or necessary medications may not be fully protected** even if they are fully vaccinated and have received an additional dose. They should continue to take all precautions recommended for unvaccinated people, including wearing a well-fitted mask.
- **You may choose to wear a mask if a member of your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.**
- **If you are gathering with a group of people from multiple households, you could consider additional precautions** (e.g., avoiding crowded indoor spaces before travel, taking a test) in advance of gathering to further protect each other,
- **Do not put a face cover on children younger than 2 years old.**

By working together, we can enjoy safer holidays, travel, and protect our own health as well as the health of our family and friends.

Source: <https://at.virginia.edu/iTmNcS>

IT'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!



Make your plan today.

Schedule your free vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:
<https://at.virginia.edu/MU5RI9>

OR

Plan to visit a walk-in clinic: <https://at.virginia.edu/JhDgmD>

Remember to use your **PHEL** for any time away from work.

[Learn more about the available vaccines in the US >>](#)

Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday
from 8 a.m. to 6 p.m.

IMPORTANT DEADLINES FOR COVID-19 VACCINATION AT UVA:

All University employees must be fully vaccinated by **January 4**, unless they have a University-approved religious or medical exemption.

If you have not already started the vaccination process, listed at right are some critical dates to be aware of:

Vaccine Brand	Latest date of 1st Dose	Latest date of 2nd Dose
Moderna	Dec. 7, 2021	Jan. 4, 2022
Pfizer	Dec. 14, 2021	Jan. 4, 2022
Johnson & Johnson	Jan. 4, 2022	n/a

Source: <https://at.virginia.edu/vZiLFP>

IT'S SAFE TO GET YOUR FLU SHOT & COVID-19 VACCINE/BOOSTER AT THE SAME TIME!

Staying up to date on all vaccinations will be especially important this year, experts say.

The **CDC recommends** an **annual flu vaccine** for everyone 6 months and older, and says ideally everyone should be vaccinated by the end of October. It takes 10 to 14 days for the flu vaccine to take full effect. If you wait until the flu begins circulating, your body may not have time to build up protection. Vaccine options vary by age but include several types of shots or a nasal spray version.

One caution: COVID-19, colds and flu share similar symptoms. If you feel ill, the CDC says to postpone a vaccination appointment until you're better to avoid getting others sick.

This information is from the CDC via the AP: <https://at.virginia.edu/tfwKee>

[Learn more about getting your flu shot >>>](#)

Vaccination remains the best way to end the pandemic, and unvaccinated individuals are at the highest risk of severe illness due to COVID-19 or Flu.

COVID-19 RESOURCES

EXTRA DOSES AND BOOSTER SHOTS



The CDC has [expanded eligibility](#) for COVID-19 booster shots of COVID-19 vaccines for everyone 18 and older. There are now booster recommendations for all three available COVID-19 vaccines in the United States.

Individuals receiving the booster can choose which vaccine they receive as a booster dose. The [CDC's recommendations](#) allow for this type of mix and match dosing for booster shots. **Currently, available data show that all three of the COVID-19 vaccines approved or authorized in the United States continue to be highly effective in reducing risk of severe disease, hospitalization, and death, even against the widely circulating Delta variant.**

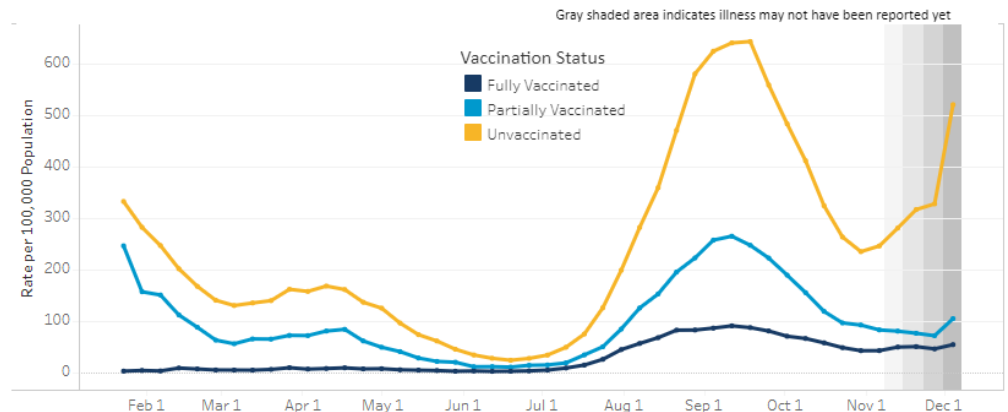
Find a booster online at <https://www.vaccines.gov/> or by calling the BRHD hotline at 434-972-6261.

Find out more about types of vaccines & doses: <https://www.vdh.virginia.gov/covid-19-vaccine/>

COVID-19 Case Rates in Virginia by Vaccination Status

Between 1/17/2021 & 12/4/2021, unvaccinated individuals developed COVID-19 at a rate 4.3 times higher than fully vaccinated and 2.2 times higher than partially vaccinated individuals.

Source: Virginia Dept. of Health
<https://at.virginia.edu/4u6myh>



OMICRON VARIANT

In November, the World Health Organization (WHO) designated the variant B.1.1.529 (also called **Omicron**) a variant of concern. As of December 15, Omicron infections have been detected in 34 states in the US, including Virginia. The Delta variant remains the dominant variant at this time.

- **Spread:** The Omicron variant likely will spread more easily than the original virus that causes COVID-19. How easily Omicron spreads compared to Delta remains unknown. CDC expects that anyone with Omicron infection can spread the virus to others, even if they are vaccinated or don't have symptoms.
- **Severity:** It is unknown at this time if Omicron infections, and especially reinfections and breakthrough infections in people who are fully vaccinated, cause more severe illness or death than infection with other variants. More information will be available in the coming weeks.
- **Vaccines:** Current vaccines are expected to protect against severe illness, hospitalizations, and deaths due to infection of any COVID-19 variants. However, breakthrough infections in people who are fully vaccinated are likely to occur. **The recent emergence of Omicron further emphasizes the importance of vaccination and boosters.**
- **Treatment:** Scientists are working to determine how well existing treatments for COVID-19 work. Based on the changed genetic make-up of Omicron, some treatments are likely to remain effective while others may be less effective.

Source: <https://www.cdc.gov/coronavirus/2019-ncov/variants/omicron-variant.html>

OCCUPATIONAL HEALTH & SAFETY

DECEMBER 2021 SAFETY CHAMPION



UVA Facilities Management would like to recognize YOU — our employees — as our December Safety Champion. For nearly the last two years, FM employees have consistently performed and completed their ongoing duties in a rapidly changing environment as COVID-19 swept across the globe. In addition to this, employees rallied and cooperated within and outside of the department to create UVA-specific health and safety procedures and practices by sharing their expertise and institutional knowledge, which helped stop the spread of viral particles and kept the community safe. Thank you for your ongoing teamwork, cooperation, innovation, and support of our community.

Share this, see all Safety Champions, and nominate a Safety Champion:

<https://www.fm.virginia.edu/depts/ohs/safetychampions.html>

Workday Learning Record Reconciliation

Wondering why your OHS course is still showing as “In Progress” in your Workday Learning record?

When you attend a safety class, your instructor is sometimes able to mark your attendance in Workday Learning in real time. This results in your learning record showing “Completed” on the same day you attended the class.

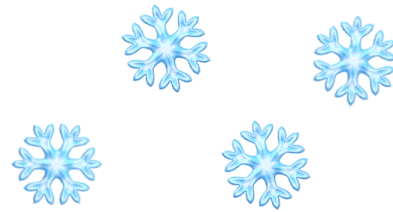
For classes where that isn’t possible due to attendees needing to take an exam or complete a hands-on session, etc, **FM-OHS and Occupational Training** may need up to **10 business days** to reconcile class attendance and exam scores and enter them into Workday Learning.

Email fm-training@virginia.edu if you have any questions.

OCCUPATIONAL HEALTH & SAFETY

Bernie says!

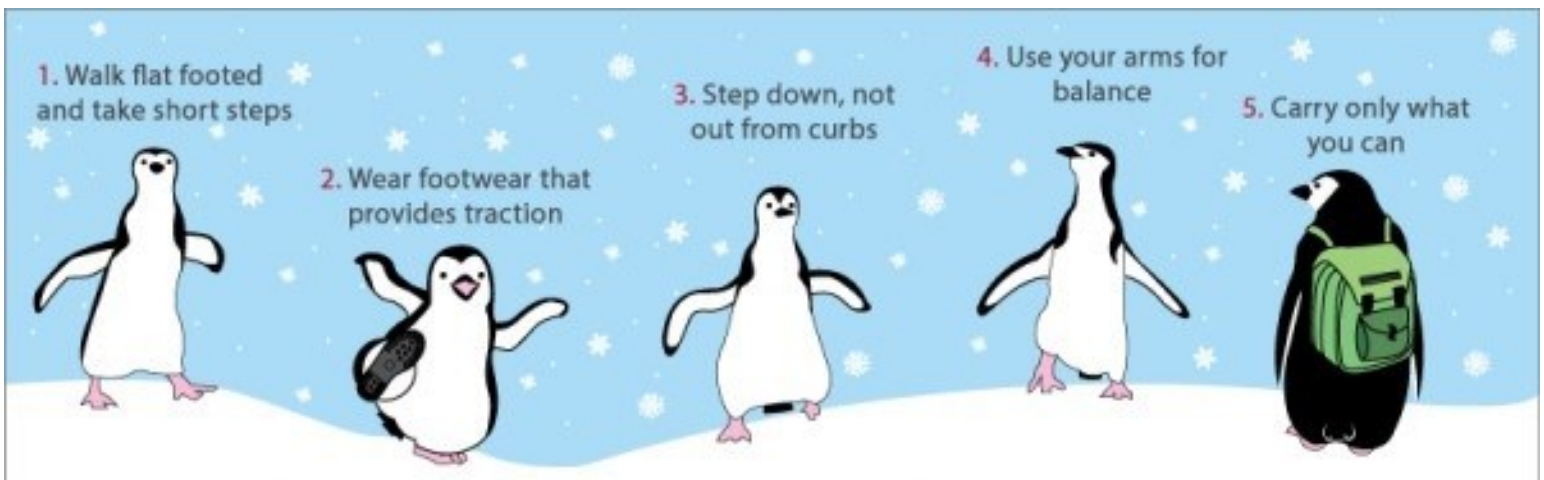
PRACTICE SNOW SAFETY AT UVA FM



Per feedback from multiple Maintenance Zones, Occupational Health & Safety has identified a few problem areas during snow removal last season. Please review the following issues and factor them in as you prepare for the coming season:

- **Aluminum ramps** to temporary units (trailers) are holding ice more than sidewalks and steps (Pratt trailers is one example.)
- **Metal steps between Chemistry and Gilmer** are often very slippery.
- **Brick pavers to libraries** (Darden) freeze and refreeze quickly.
- **Darden between the parking lot and the library** is a constant battle to maintain and can be very slick.
- **Snow blowers** can be very hard to unload from trucks during ice/freezing rain. (A potential slip, trip, and/or fall situation.) Trucks with a lift gate should be used when loading/unloading. Look into the possibility of pre-staging snow blowers if there is a storm predicted.
- **It's often very icy from the gate at FM Lot all the way to cabinet shop** (between Skipwith and Shop buildings), so take care when walking in this area.
- There were multiple reports of students/staff slipping on steps across Grounds following snow/ice storms. **Take care and use caution when using outdoor steps.**
- **Watch out for black ice**, a thin coating of glaze ice on a surface, these are often practically invisible to drivers or people stepping on it.

Whenever you're walking on a slick surface, practice your penguin shuffle!



OCCUPATIONAL HEALTH & SAFETY

COVID-19 vs Flu

	COVID-19	Flu
Common	Fever/chills	
	Cough	
	Body Aches/Headache	
	Tiredness	
Less Common	Loss of taste/smell	
	Runny/stuffy nose	
	Sore throat	
Not Common	Shortness of breath	
	Severity	Varies. Older adults and people with certain underlying conditions are at higher risk of severe illness. Seems to cause more severe illness in more people than flu.
Onset of symptoms	Later (2-14 days after infection)	Earlier (1-4 days after infection)
Cause	SARS-CoV-2	Influenza viruses

Source: <https://at.virginia.edu/G8AU3M>

GET YOUR FLU SHOT

UVA employees have increased access to flu shots this year at the [UVA pharmacy locations](#) and their local in-network pharmacy locations.

Faculty, staff and team members covered by the UVA Health Plan may obtain a flu shot through their Primary Care Physician, or at one of the UVA pharmacies, CVS pharmacies, or any pharmacy in Aetna’s National Pharmacy Network, if you present your Aetna card at the pharmacy. Included are pharmacies at Giant Eagle, Harris Teeter, Kmart, Kroger, Rite Aid, Walgreens, and Wegmans. Because the vaccination is covered by our health plan, you need only show your UVA Health Plan Aetna ID card.

From the UVA HR Flu Shot Update for UVA Employees <https://at.virginia.edu/OMfbMi>

If you received your flu shot somewhere other than UVA-based clinics:

Bring proof of vaccination (you can get this from wherever you got your flu shot) to UVA Work Med or Vinnie Vawter in HSPP and receive a '21-'22 sticker for your UVA ID.



Did you know? It’s safe to get your flu shot & your COVID-19 vaccine/booster at the same time!

[Learn more >>](#)



OCCUPATIONAL HEALTH & SAFETY

RELIEVE HOLIDAY STRESS

The holidays may be a time of joy, but they aren't always a time of peace. Balancing your family's expectations with work commitments and social obligations can make this the most stressful time of the year. At work, you may discover that the work is still coming in, but most of your colleagues aren't. You may even be planning to take some time off yourself. Before the season gets too busy, try these strategies for reducing holiday stress in the workplace.

Plan: If you know in advance that your team will be short-staffed at certain times, you can make plans. Create a calendar for the holiday period, noting who will be at work on which days. This might include reassigning essential tasks, prioritizing duties or hiring temporary help. If most of the team is on vacation, just having an extra person there could reduce your stress level dramatically.

Prioritize: What absolutely has to be done today, and what can wait until after the holidays? Ask yourself this question when you begin to feel stress at work. If a task can be held for completion in a week or two, set it aside.

Keep it simple: Lower your stress level by simplifying your holiday plans. One reason for holiday stress is the desire to make everything "perfect." If you're working during this season, you may have less time for shopping, cooking, social events or travel.

Organize your workspace: If you're taking time off, organize your desk or work area before leaving. Label files so that others can find information easily and leave a list of projects that you're working on. If something needs to be done in your absence, leave written instructions. Your voicemail message should include the date of your return and the name and telephone number of someone in the office who could take an urgent message.

Take care: Fatigue, headache, elevated blood pressure, shortness of breath, increased irritability and insomnia. These are all symptoms of stress. You can reduce these symptoms by taking care of yourself during the holiday season. Eat balanced meals, get plenty of sleep, avoid alcohol and exercise regularly. Exercise is particularly important for energy and good health during the holiday season. Get a head start on your New Year's resolution: Talk to your doctor now about creating the right exercise program for you.

Breathe: If work becomes too stressful, stop and take a number of slow, deep breaths. Inhale, count to 3 slowly and gradually exhale. After 4 or 5 breaths, you probably will feel much more relaxed.

The spirit of the season: When your co-workers are on vacation, the phone's ringing off the hook, and you still haven't finished your holiday shopping, the season may not seem quite so jolly. Nevertheless, do something to remember the real spirit of the holidays, like donating gifts to a needy family, collecting canned food for a local shelter or sponsoring "Santa's visit" to a local children's hospital. You might find this is the best "stress reliever" of all.

Source: <https://at.virginia.edu/a0Y1GJ>

OCCUPATIONAL HEALTH & SAFETY



SEASONAL SAFETY REMINDERS

4 P's of Safe Driving in Winter Weather

The weather outside can be frightful in winter! Review these driving tips to get you safely to and from your essential errands during winter weather.

- ✓ **Pace** – Slow down when conditions affect visibility or vehicle traction.
- ✓ **Position** – Space is an essential element in safe driving. It becomes even more critical when bad weather hits. Increase your following distance to have an “out” when another driver makes a mistake.
- ✓ **Plan ahead** – Slowing down to a speed more suitable for the conditions means your journey will take a little longer. Leave a little earlier, or let others know your arrival will be a little later than usual.
- ✓ **Patience** – Poor weather often leads to traffic jams and delays. Keep your cool! Don't let frustration take over and change how you drive.

Source: <https://resources.lytx.com/blog/winter-driving-safety-tips>

Heater Safety



- **Keep anything that can burn at least three-feet (one meter) away** from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- **Have a three-foot (one meter) “kid-free zone”** around open fires and space heaters.
- **Never use your oven** to heat your home.
- **Have a qualified professional install** stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer’s instructions.
- **Have heating equipment and chimneys cleaned and inspected** every year by a qualified professional.
- **Remember to turn portable heaters off** when leaving the room or going to bed.
- **Always use the right kind of fuel**, specified by the manufacturer, for fuel burning space heaters.
- **Make sure the fireplace has a sturdy screen** to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- **Test smoke alarms** at least once a month.
- **Install and maintain carbon monoxide (CO) alarms** to avoid the risk of carbon monoxide poisoning.

Source: <https://www.nfpa.org/Public-Education/Fire-causes-and-risks/Top-fire-causes/Heating>

OCCUPATIONAL HEALTH & SAFETY

DID YOU KNOW? FM PROVIDES PRESCRIPTION SAFETY GLASSES!

Protect your vision! The steps for requesting prescription safety glasses:

1. Make sure your eyeglasses prescription is less than 1 year old.
2. Have your supervisor or department purchaser email your prescription, shop & org #s, and PTAO to Jessie McGann in Procurement at jfm9n@virginia.edu
3. Jessie will respond with a voucher for Visionworks in Barrack's Road Shopping Center.
4. Redeem your voucher! Keep your eyes safe.



REMINDERS

[OSHA.gov](https://www.osha.gov) posts and emails workplace safety reminders daily.

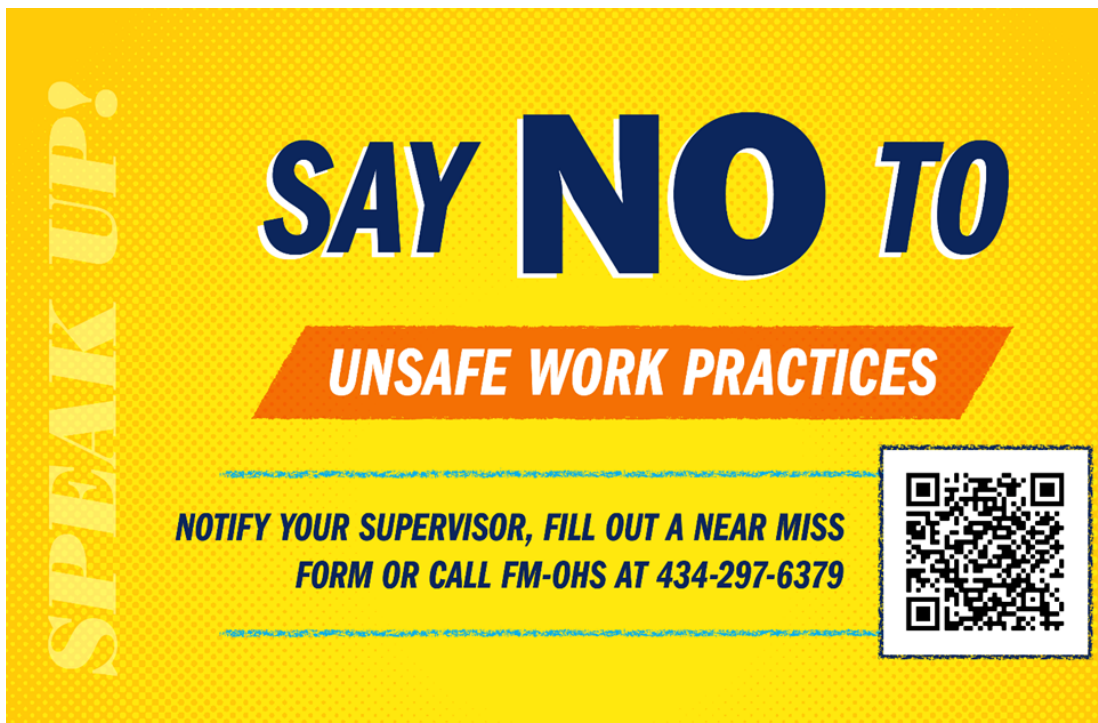
Visit <https://www.osha.gov/tornado/response> to learn more about this one.

Visit [OSHA.gov](https://www.osha.gov) to see more workplace safety reminders of the day.



Visit the Tornado Response and Recovery webpage to keep workers safe.

WORK SAFELY!




SPEAK UP!

SAY NO TO

UNSAFE WORK PRACTICES

NOTIFY YOUR SUPERVISOR, FILL OUT A NEAR MISS FORM OR CALL FM-OHS AT 434-297-6379



FM Occupational Health and Safety is here to support you and a safe working environment.

If you have any questions or concerns related to health and safety at work, speak with your supervisor, [Safety Committee representative](#), [someone from OHS](#), or submit a [near miss report](#).

OCCUPATIONAL TRAINING

FM Celebrates UVA Edge Completers

Occupational Programs would like to celebrate the 5UVA FM employees that have taken part in the inaugural UVA Edge Program. UVA Edge is an accessible college credit program that can be a stepping stone to a college degree and a way to build skills relevant to today's workforce.

These students have earned 20 credits that can now be applied toward an Associate's Degree or Bachelor's Degree and will help them take the next step in their career.

Lester Jackson

John Jordan

Chuck Thomas

Bonnie Hockins

Marcus Klaton

Learn more about UVA Edge and about applying to the program at <https://edge.virginia.edu/>

View or Apply for UVA FM Job Postings

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's How to Apply: for Internal Candidates: <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

Not all listings are available to external applicants.

Questions on job listings should be directed to AskHR@virginia.edu

FM job listings as of 10/27/2021:

- R0031374 HVAC Mechanic
- R0031380 Trades Utility Senior Worker
- R0031155 Instrumentation & Controls Technician
- R0029244 Carpenter Senior
- R0028140 Recycling Supervisor
- R0026545 Sheet Metal Technician - CC&R
- R0027152 Custodial Services Supervisor, Housing
- R0027823 High Voltage Electrician
- R0030791 Instrumentation & Controls Technician
- R0025441 Plumber
- R0030609 Elevator Assistant Mechanic
- R0030790 Recycling Worker
- R0030982 Utilities Supervisor
- R0030991 Custodial Services Worker
- R0030855 Facilities Informatics Analyst
- R0024783 HVAC Mechanic
- R0029165 HVAC Mechanic, West Grounds
- R0030564 General Services Supervisor
- R0030719 Sign Shop Worker
- R0030560 Carpenter Senior
- R0030280 Chiller Plant Zone Supervisor
- R0030524 Boiler Operator
- R0030567 Electrical Assistant
- R0030513 Custodial Services Worker, Evening Shift
- R0030357 Electronic Door Supervisor
- R0030544 Carpenter - Construction & Renovation Services
- R0030510 Custodial Services Worker
- R0030474 Custodial Services Worker
- R0030468 Electrician Senior
- R0030487 Fire Systems Assistant Technician
- R0030397 Plumber Assistant
- R0024318 Custodial Services Supervisor,

See more UVA FM Job Listings >>>

OCCUPATIONAL TRAINING

UVA FM Job Postings, Continued from previous page

- | | |
|--|---|
| Evening Shift | • R0029749 Trades Utility Worker |
| • R0029754 General Services Technician | • R0028077 Custodial Services Worker |
| • R0026830 Geospatial Space Analyst | • R0026554 Drywall/Plasterer - CC&R |
| • R0026820 Instrumentation & Controls Technician | • R0026402 Electrician |
| • R0024978 Landscape & Grounds Worker | • R0029022 Electrician |
| • R0030369 Maintenance Zone Manager | • R0026550 Mason - CC&R |
| • R0026856 Senior Welder for Utility Systems | • R0029135 Trades Utilities Senior Worker, Housing Facilities |
| • R0030315 Utilities Manager | • R0022915 Trades Utility Senior Worker |
| • R0029999 Licensed Tradespeople (HVAC, Electrical or Plumbing), Shift | • R0025247 Environmental Remediation Tech |
| • R0030008 Fire and Safety Equipment Inspector | • R0025318 Recycling Program Coordinator |
| • R0028772 Instrumentation Engineering Technician | • R0025264 Senior HVAC Mechanic - 7AM-5:30PM, M - Th |
| • R0025875 Landscape Plant Health Specialist | • R0027779 Arborist |
| • R0029177 Mason Plasterer | • R0027440 Electrician - CCR |
| • R0025551 Roofer | • R0027977 IT Desk Support (Student Wage) |
| • R0028303 Senior HVAC Mechanic, Central Grounds Zone, Evening Shift | • R0025382 Plumber |
| | • R0025447 Carpenter Supervisor |
| | • R0020254 Space Project Manager |

DIVERSITY, EQUITY & INCLUSION

¿Hablas Español Principalmente? ¡Actualiza Workday!



Spanish language functionality has been turned on in Workday! By setting your language preference to Spanish, you will see all Workday-delivered content in Spanish rather than English. (Some language delivered from UVA is not able to be translated at this time, including some forms, job aids, and Workday Digital Assist guidance.)

To set your language preference, follow these quick steps:

1. Click on "View Profile" and then "My Account"
2. Click on "Change Preferences"
3. Change your "Preferred Display Language" to Spanish rather than English.

After making this selection, you will receive an alert instructing you to log out of Workday. You must log out (you can't simply close the browser window) and log back in. When you log back into Workday, you will see Spanish content.

For additional help with the steps above, please see Workday Central:

<https://hr.virginia.edu/workday-central/workday-announcements-and-news> or contact AskHR@virginia.edu.

DIVERSITY, EQUITY & INCLUSION

Celebrate Inclusivity: Recognizing Holidays

With time away from work and times to be with others approaching us, it is a good time to talk the diversity of traditions, customs, and observances within your team to continue to build a place that values differences and inclusivity. Check out this article from [Gather](#) to help get you started:



"Whether faith-based or cultural, holidays and celebrations are a window into the values of your employee. However, certain holidays receive more attention than others in the workplace. Workplace celebrations are tangible signals of what matters to your organization."

Step 1: Ask! The best way to know what your employees care about is to ask. Integrate asking about what holidays employees would like to see recognized into your onboarding process and check in yearly for changes.

- **What holidays would you like to see recognized in the office?**
- **What cultural celebrations are important to you?**
- **Is there anything else we should know about the holidays that are important to you?**

Remember:

- **Be aware of employee backgrounds**
- **Make holidays non-specific** - Make sure decor isn't super specific to any religion, and be conscious of religious and non-religious dietary restrictions.
- **Make holidays truly optional** - Communicate that employees are not obligated to attend. Keep tabs on who may need support and make a thoughtful effort to communicate your appreciation for them.
- **Encourage group participation** - Rather than a select few members planning the holiday celebration, allow employees to have a voice and share their stories through decor and multicultural events.

Learn More: <https://at.virginia.edu/EkrVHn>

Learn about Winter Holidays Around the World:

<https://www.unitedplanet.org/blog/2013/01/03/from-christmas-to-diwali-winter-holidays-around-the-world>

Watch *Happy Holidays, Hoos*: <https://news.virginia.edu/video/2021-uva-holiday-video>

COVID-19 RESOURCES

TESTING RESOURCES/PREVALENCE TESTING FOR UVA FM EMPLOYEES

- **UVA-required prevalence testing for unvaccinated employees:** Saliva testing at the Student Activities Building, by **appointment ONLY**. See sites & hours: <https://besafe.virginia.edu/testing-sites-and-hours> *If you have had COVID-19, you are exempt from testing for **150 days** after your positive test.*
- **Illness or symptoms, regardless of your vaccination status:** Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.
- If you **think you have been exposed**, OR **someone in your close contacts or household has symptoms**, reach out to Employee Health for testing and/or guidance at 434-924-2013.
- If you are **not experiencing symptoms**, but would like to test for peace of mind:
 - **Let's Get Checked at-home kit**—this test will not satisfy UVA's prevalence testing requirements for unvaccinated employees: <https://at.virginia.edu/oAkYIE>
 - **UVA Asymptomatic Saliva Testing**, details listed above.

Remember: What is mild for you may be life-threatening for another.

[SEE VDH if you are interested in COVID-19 testing for a family member or non-UVA employee >>>](#)

LOCAL COMMUNITY TRANSMISSION LEVELS

“Community Transmission” is defined as spread of an illness for which the source of infection is **unknown, or simply encountered in the local community**, like grocery shopping or at the movie theater.

Because COVID-19 is highly transmissible and can be spread by people who do not know they have the disease, risk of transmission within a community can be difficult to determine.

Community spread in Charlottesville and surrounding counties that employees may commute from remains HIGH.

We still need to:

- Follow healthy hygiene practices
- Stay at home when sick with **any** symptoms
- Practice physical distancing to lower the risk of disease spread
- Use a cloth face covering in indoor and community settings when physical distancing cannot be maintained and where required.

Source: <https://covid.cdc.gov/covid-data-tracker/#county-view>

County/Locality	Community Transmission Rate
Albemarle/C'ville	High
Amherst	High
Augusta	High
Buckingham	High
Fluvanna	High
Louisa	High
Greene	High
Madison	High
Nelson	High
Orange	High
Rockingham	High



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

December 15:

International Tea Day

December 16: National Chocolate Covered Anything Day

December 17:

Wright Brother's Day

December 18: Answer The Telephone Like Buddy The Elf Day

December 19: Look for an Evergreen Day

December 20: Games Day

December 21: Yule

December 22: Mathematics Day

December 23: Festivus

December 24:

Libya Independence Day

December 25: Christmas

December 26: Boxing Day

Kwanzaa is celebrated December 26-January 1.

December 27:

Visit the Zoo Day

December 28:

Card Playing Day

December 29: Tick Tock Day

December 30:

National Bacon Day

December 31: New Year's Eve