

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

10.08.2021

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Check Out the **UVA FM Occupational Programs Annual Report!**



The FY 2021 Annual Report provides the background of Occupational Programs, shines a light on our mission, and highlights the programs that make up OP and their development.

Read more: <https://at.virginia.edu/x1WzQu>

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***and as always,
Reasons to Celebrate!***

Let Us Know: You can always email FM-OHS@virginia.edu if you have suggestions or story ideas.

Now there's a new way to get in touch — “Let us know” by answering a few quick questions:

<https://at.virginia.edu/j9TpnP>

FM OCCUPATIONAL PROGRAMS TO WELCOME NEW TEAM MEMBERS!

FM Occupational Programs is excited to welcome two new team members this coming week:

- Shelomith Gonzalez will be joining Occupational Health and Safety as the OHS Manager.
- Charlotte Endres will be joining OP as the OP Coordinator.

Complete introductions to come. Please extend them a warm welcome!

OCCUPATIONAL HEALTH & SAFETY

GET YOUR FLU SHOT

Mark Your Calendars:

UVA Work Med will hold an FM flu vaccination clinic for employees in the FM Shop Lunchroom on October 22, 2021, 7-10 AM & 3-5 PM.

UVA employees also have increased access to flu shots this year at the [UVA pharmacy locations](#) and their local in-network pharmacy locations.

Even if you have a health plan that is not UVA's, most health plans in the U.S. are required to cover the cost of the basic flu shot at 100%. In addition, Faculty, staff and team members covered by the UVA Health Plan may obtain a flu shot through their Primary Care Physician, or at one of the UVA pharmacies, CVS pharmacies, or any pharmacy in Aetna's National Pharmacy Network, if you present your Aetna card at the pharmacy. Included are pharmacies at Giant Eagle, Harris Teeter, Kmart, Kroger, Rite Aid, Walgreens, and Wegmans. Because the vaccination is covered by our health plan, you need only show your UVA Health Plan Aetna ID card.



Helpful Tips

1. Your Aetna ID Card looks similar to the picture at top right.
2. Here is a list of vaccine providers in the Aetna network: <https://at.virginia.edu/blCbzN>
3. For easy flu shot scheduling at a CVS clinic, visit [CVS.com/Flu](https://www.cvs.com/Flu) or scan the QR code at right:
4. To schedule with a UVA Pharmacy, please contact your preferred pharmacy: https://uvahealth.com/locations-search-advanced?loc_combine=pharmacy



From the UVA HR Flu Shot Update for UVA Employees <https://at.virginia.edu/OMfbMi>

OCCUPATIONAL HEALTH & SAFETY

PROTECT YOUR HEARING!

Is there a way of tracking changes in my hearing?

Yes, **Audiometric Testing**.

- **Audiometric Testing** determines the quietest sound you can hear at various frequencies. By repeating the test annually you can track any changes in your hearing.
- **Audiometric Testing** is already conducted annually for all FM employees who are in the FM Hearing Conservation Program.
- New employees who need to be added to the FM Hearing Conservation Program will have their **Initial Audiometric Testing (aka Baseline Testing)** within 6 months of hire.

Good news for employees who are not in the FM Hearing Conservation Program: UVA will offer **New Hearing benefits that will include a hearing exam (Audiometric Testing)** in 2022.

OCTOBER SAFETY CHAMPION

UVA Facilities Management would like to recognize Mark Conner as the October 2021 Safety Champion. In addition to his commitment to safety for his own group, he recently went above and beyond to help a contractor perform their work in the safest way possible. Mark's extra effort to check that the vendor had a safe plan of work protected the vendor, Mark's team, and potentially the University. Mark's leadership and Facilities Management took note of this extra effort and will use it as an opportunity to reach out to other areas at UVA and within FM to educate and inform parties the correct work procedure. Mark's willingness to work with OHS to find a viable solution so that the vendor can complete their work in a safe manner is an example for all of UVA.



Nominate a Safety Champion: <https://at.virginia.edu/CSswzB>



OCCUPATIONAL HEALTH & SAFETY

FM SHOE TRUCK: WINTER BOOTS

Winter boots are available to designated UVA employees that must work snow/cold weather duty. How to request a voucher:

1. Be sure the employee is designated.

Learn more: <https://hr.virginia.edu/time/emergency-event-status>

2. The employee or their supervisor can submit a request via the safety shoe request form: <https://at.virginia.edu/R66H4U>

If you have a new employee starting and you would like them to pick up winter boots during onboarding, email FM-OHS@virginia.edu prior to their start date.

REMINDERS:

- FM employees can visit the shoe truck by appointment ONLY. 7:00-8:00 AM is reserved for new employees.
- Only one FM employee at a time is allowed on the truck.
- Face covers are required at all times on the shoe truck and must cover your nose and mouth, regardless of vaccination status.

DID YOU KNOW? FM PROVIDES PRESCRIPTION SAFETY GLASSES!

Protect your vision! The steps for requesting prescription safety glasses:

1. Make sure your eyeglasses prescription is less than 1 year old.
2. Have your supervisor or department purchaser email your prescription, shop & org #s, and PTAO to Jessie McGann in Procurement at jfm9n@virginia.edu
3. Jessie will respond with a voucher for Visionworks in Barrack's Road Shopping Center.
4. Redeem your voucher! Keep your eyes safe.



REMINDERS

[OSHA.gov](https://www.osha-slc.gov) posts and emails workplace safety reminders daily.

Visit

<https://at.virginia.edu/Fa1ckU>
to learn more about this one.

Visit [OSHA.gov](https://www.osha-slc.gov) to see more [workplace safety reminders of the day](#).

WORKPLACE

SAFETY REMINDER

Lift with your legs, not your back.

OCCUPATIONAL HEALTH & SAFETY

Bernie says!

BEE AWARE OF SAFETY DATA SHEETS (SDS)

The Hazard Communication Standard (HCS) requires chemical manufacturers, distributors, or importers to provide Safety Data Sheets (SDSs—formerly known as Material Safety Data Sheets or MSDSs) to communicate the hazards of hazardous chemical products. The HCS requires new SDSs to be in a uniform format, and include the section numbers, the headings, and associated information under the headings below:

Section 1: Identification: includes product identifier; manufacturer or distributor name, address, phone number; emergency phone number; recommended use; restrictions on use.

Section 2: Hazard(s) Identification: includes all hazards regarding the chemical; required label elements.

Section 3: Composition/information on ingredients: includes information on chemical ingredients; trade secret claims.

Section 4, First-aid measures: includes important symptoms/effects, acute, delayed; required treatment.

Section 5, Fire-fighting measures: lists suitable extinguishing techniques, equipment; chemical hazards from fire.

Section 6, Accidental release measures: lists emergency procedures; protective equipment; proper methods of containment and cleanup.

Section 7, Handling and storage: lists precautions for safe handling and storage, including incompatibilities

Section 8, Exposure controls/personal protection: lists OSHA's Permissible Exposure Limits (PELs); ACGIH Threshold Limit Values (TLVs); and any other exposure limit used or recommended by the chemical manufacturer, importer, or employer preparing the SDS where available as well as appropriate engineering controls; personal protective equipment (PPE).



Section 9, Physical and chemical properties: lists the chemical's characteristics.

Section 10, Stability and reactivity: lists chemical stability and possibility of hazardous reactions.

Section 11, Toxicological information: includes routes of exposure; related symptoms, acute and chronic effects; numerical measures of toxicity.

Sections 12-15 are not OSHA-regulated.

Section 16, Other information: includes the date of preparation or last revision.

View UVA's SDS sheets on the UVA Environmental Health and Safety website: <http://ehs.virginia.edu/Chemical-Safety-SDS.html>

OCCUPATIONAL HEALTH & SAFETY

OCTOBER 10 IS WORLD MENTAL HEALTH DAY



UVA employees can reach out to the Faculty and Employee Assistance Program (FEAP—<https://uvafeap.com/counseling-services>) for individual consultation and short-term counseling services for a variety of personal issues and common concerns. Take note of these resources in case you or someone you know needs support. Mental Health Matters!

APPRENTICESHIP

BRING APPRENTICESHIP TO YOUR SCHOOL!

In high school, students make critical choices related to their future.

UVA Apprenticeship welcomes the opportunity to speak with local high schoolers about what an apprenticeship can mean for their future—Even if that future one day might include college.



Have your school's career counselor or career and technical education educator email FM-Apprenticeship@virginia.edu to schedule a visit.

DIVERSITY, EQUITY & INCLUSION

UVA DEMOCRACY INITIATIVE

UVA Democracy Initiative's One Small Step

Join the launch of The [UVA Democracy Initiative's One Small Step program](#) Wednesday, October 13, 2021, 11 AM-12:15 PM, either virtually or in-person on UVA Grounds in Carr's Hill event tent.

STORYCORPS
ONE SMALL STEP

The event will feature a discussion between StoryCorps founder **Dave Isay** and UVA President **Jim Ryan**, moderated by **Melody Barnes**, executive director of the UVA Karsh Institute of Democracy and co-director for policy and public affairs for the Democracy Initiative.

Two One Small Step participants will also share their experience recording an interview and discuss their takeaways with **Laurent Dubois**, Democracy Initiative co-director of Academic Affairs.

Register: <https://at.virginia.edu/PeMfYK>

LatinxConnect

October 14-16

The 3-day virtual conference is completely free, virtual, and open to anyone who wishes to further their understanding of the Latinx community, is a co-conspirator to,

and/or seeks to empower the Latinx community. Participants will discuss what it means to be Latinx/a/o/e/Hispanic in relation to intersectional identities, education, immigration, public health, arts and culture, and other topical areas.



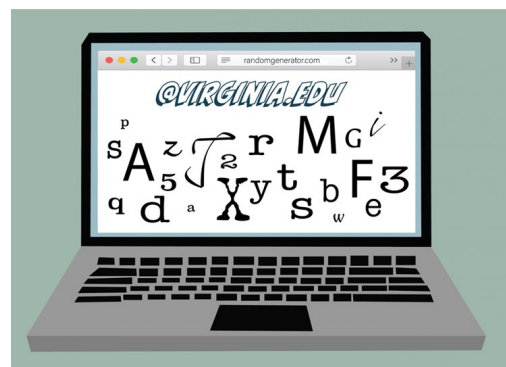
Register: https://pitt.co1.qualtrics.com/jfe/form/SV_9MJ63ybjuxksfzg

Questions? Contact LatinxConnect@pitt.edu

What's with the new UVA Computing IDs?

U.Va. randomizing computing IDs following input from LGBTQ services—Ron Reagan, the executive assistant to the Chief Information Officer, explained that the decision was made due to concerns from individuals who had undergone name changes after receiving their computing ID:

“As individuals changed their legal name, this construct became problematic for many users,” Reagan said. “Users then began asking to change the computing ID to either match their new name or to be anonymized.”



Read more: <https://at.virginia.edu/uBsTpS>

See more from FM DEI >>>

DIVERSITY, EQUITY & INCLUSION

October is National Disability Employment Awareness Month

The theme for NDEAM 2021, “America’s Recovery: Powered by Inclusion,” reflects the importance of ensuring that people with disabilities have full access to employment and community involvement during the national recovery from the COVID-19 pandemic.

NDEAM is held each October to commemorate the many and varied contributions of people with disabilities to America’s workplaces and economy. Browse our website for ideas and resources for employers, community organizations, state and local governments, advocacy groups and schools to participate in celebrating NDEAM through events and activities centered around the theme of “America’s Recovery: Powered by Inclusion.”

Learn more here - <https://www.dol.gov/agencies/odep/initiatives/ndeam>

Resources:

Train supervisors: Supervisors are the individuals closest to an organization's workforce. As part of NDEAM, consider conducting training to ensure they understand their role in fostering an inclusive workplace culture. Such training may include a review of relevant policies, including the process for providing reasonable accommodations. One easy way to provide such training is to make use of available ["turn-key" training modules](#) and available materials, such as the [Building an Inclusive Workforce \[PDF\] tabletop desk guide](#): <https://at.virginia.edu/eBfTmJ>

Educate Employees: It is critical that companies committed to disability inclusion effectively and regularly reinforce that commitment to employees. NDEAM offers an opportunity to do this through disability training or informal educational events such as brown-bag lunch discussions. Several ready-to-use resources can assist in facilitating such activities, such as disability [etiquette materials](#) and the ["I Can" public service announcement](#) and accompanying workplace discussion guide. Another option is to contact local disability organizations to see if they offer workplace training programs.

See more: <https://www.dol.gov/agencies/odep/initiatives/ndeam/employers>

- **UVA Accessibility ADA Resources for Faculty and Staff** - <https://accessibility.virginia.edu/faculty-staff>
- **UVA EOCR Resources for Individuals with Disabilities** - <https://eocr.virginia.edu/resources-individuals-disabilities>
- **UVA EOCR Disability-Related Accommodations** - <https://eocr.virginia.edu/disability-related-accommodations-0>
- **UVA ADA Coordinator** - <https://eocr.virginia.edu/ada-coordinator>



DIVERSITY, EQUITY & INCLUSION

Virginia Film Festival

Tickets for the 34th Annual Virginia Film Festival are now on sale, featuring multiple films at various venues October 27-31 including several films that focus on DEI interests and sponsored by the UVA Office for Diversity Equity and Inclusion.



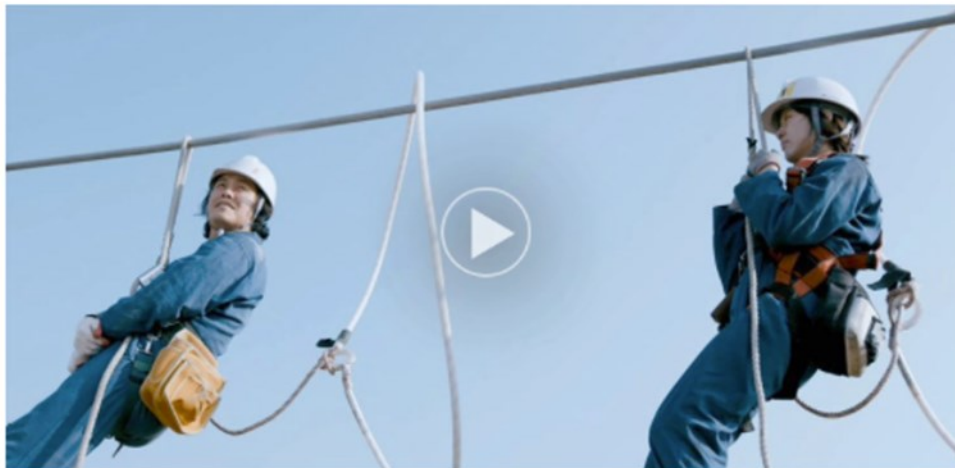
View the full schedule: <https://virginiafilmfestival.org/schedule-list/>

Special Series include:

- Women in Film
- Indigenous Americans in Film
- Spotlight on Virginia Filmmaking
- LGBTQIA+ Focus

Browse themes and topics: <https://virginiafilmfestival.org/themes-topics/>

I DON'T FIRE MYSELF



October 29, 2021
5:30 PM

VIOLET CROWN 6 & 7

Add To Calendar

Adult: \$14.00

Discount: \$12.00

BUY TICKETS

Evening

2021. South Korea. 111 min. Korean. English Subtitles.

Director: Lee Tae-Gyeom

Featuring: Yoo Da-in, Oh Jung-se.

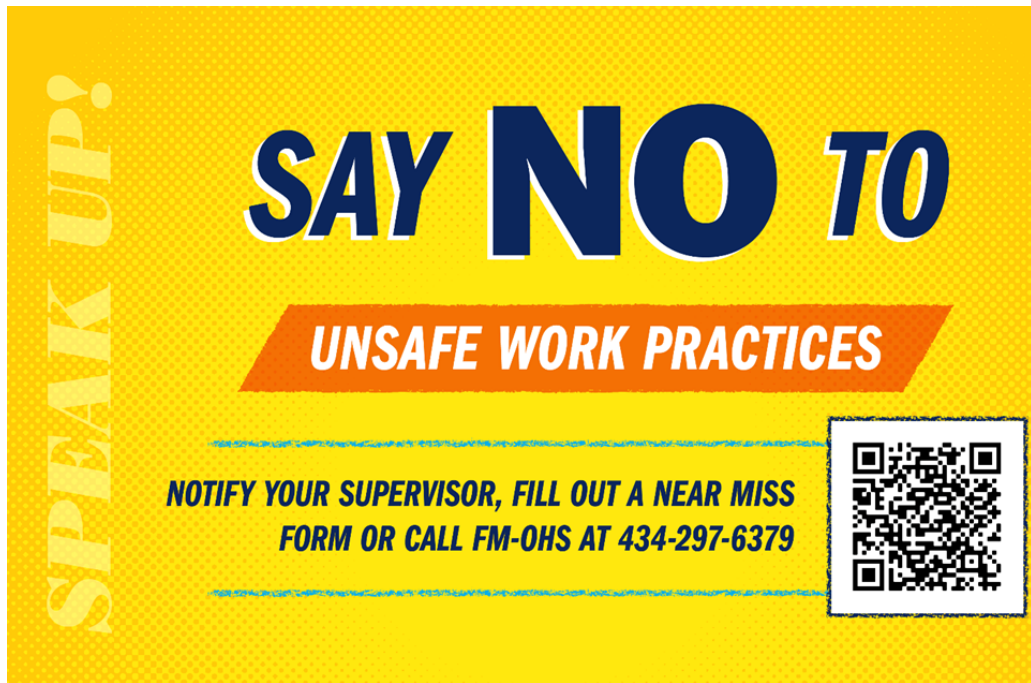
Jeong-eun, a tenacious young woman, refuses to submit to her company's blatant attempts to have her quit her job. Despite being sent to work for a small subcontracting company filled with skeptical men who refuse to help her and being forced to face her fear of heights on the job, she perseveres. *I Don't Fire Myself* unpacks inequity in the workplace, and shows one woman's attempts to fight back. **Introduction by Hyeyon Moon (UVA)**

This is a foreign-language film presented with English subtitles.

This film is part of the Korean Film Series supported by Korean Cultural Center – Washington, D.C. and UVA Korea Society.

OCCUPATIONAL HEALTH & SAFETY

WORK SAFELY!



FM Occupational Health and Safety is here to support you and a safe working environment.

If you have any questions or concerns related to health and safety at work, speak with your supervisor, [Safety Committee representative](#), [someone from OHS](#), or submit a [near miss report](#).

OCCUPATIONAL TRAINING

Upcoming Training Opportunities

UVA Healthy Minds @ Work 9/14–10/14

Healthy Minds @Work is evidence-based, built from decades of neuroscience, easy to follow, and designed to fit easily into your daily life. It is a step-by-step habit-formation process to train the mind in four skills of well-being through podcast-style lessons, guided meditations, and practices to address specific needs like sleep, stress, and more. Learn how you can join your teammates in developing a meditation habit that actually sticks and that can benefit you both at work and in your personal life in only 5–10 minutes a day.

Register: <https://hr.virginia.edu/wellness/emotional-well-being/healthy-minds-work>

NCCI Power60: Recalibration: Tools for Creating a Better Normal 10/28, 1:00-2:00pm

In this interactive workshop, a variety of tools for creating a ‘better normal’ post COVID will be shared. Participants will draft plans for their institution, division, or department based on their unique environmental and cultural contexts.

Participants will be able to:

- Identify cultural factors that enable or hinder successful recalibration;
- Develop a high level change plan for recalibration;
- Assess critical virtual leadership skills.

Register: <https://www.ncci-cu.org/learn/power60/>

OCCUPATIONAL TRAINING



View or Apply for UVA FM Job Postings

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's How to Apply: for Internal Candidates: <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

Not all listings are available to external applicants.

Questions on job listings should be directed to AskHR@virginia.edu

Listings as of 10/7/2021:

- R0029248 Facilities Services Representative
- R0028183 Trade Utility Senior Worker, West Grounds
- R0022915 Trades Utility Senior Worker
- R0029022 Electrician
- R0029165 HVAC Mechanic, West Grounds
- R0026830 Geospatial Space Analyst
- R0026545 Sheet Metal Technician - CC&R
- R0029172 IT Help Desk Specialist
- R0029135 Trades Utilities Senior Worker, Housing Facilities
- R0029143 Systems Control Center Operator –Night Shift
- R0026554 Drywall/Plasterer - CC&R
- R0026550 Mason - CC&R
- R0026402 Electrician
- R0028857 HVAC Senior Assistant
- R0028653 Manager, Facilities
- R0028987 Geospatial BIM Project Manager
- R0028988 Senior Electrician, Newcomb Zone
- R0026697 Custodial Services Worker
- R0028826 Finance Associate
- R0022674 HVAC Mechanic
- R0025028 HVAC Senior Assistant
- R0028140 Recycling Supervisor
- R0025247 Environmental Remediation Tech
- R0025264 Senior HVAC Mechanic - 7AM-5:30PM, M - Th
- R0028560 Custodial Services Worker, Part-Time Day Shift, Central Zone
- R0025318 Recycling Program Coordinator
- R0028501 Custodial Services Worker, Central Zone

See more UVA FM Job Listings >>>

OCCUPATIONAL TRAINING

UVA FM Job Postings, Continued from previous page

- R0024783 HVAC Mechanic
- R0027779 Arborist
- R0028039 Electronic Pneumatic Tube System Technician
- R0028248 Senior Landscape Architect
- R0028077 Custodial Services Worker
- R0027977 IT Desk Support (Student Wage)
- R0027823 High Voltage Electrician
- R0025382 Plumber
- R0025875 Landscape Plant Health Specialist
- R0027307 Senior HVAC Mechanic
- R0027459 Associate Director for Utility Systems Distribution
- R0027440 Electrician - CCR
- R0027431 Electrician Supervisor - CCR
- R0027143 Fire Systems Technician
- R0024318 Custodial Services Supervisor, Evening Shift
- R0027271 IT Help Desk Specialist (Staff Wage)
- R0026856 Senior Welder for Utility Systems
- R0024978 Landscape & Grounds Worker
- R0025447 Carpenter Supervisor
- R0025441 Plumber
- R0025551 Roofer
- R0020254 Space Project Manager
- R0024368 Computer Help Desk Tech (Student Wage)

HAPPENING NOW: OPEN ENROLLMENT



Benefits Open Enrollment for plan year 2022 runs through Friday, October 15. Choosing benefits is a significant investment in your physical and financial well-being. UVA offers faculty, staff, and team members a variety of options, so you can customize your benefits to meet your unique needs.

You can view plan changes and premiums on the Open Enrollment website before using the Open Enrollment event in Workday to select your benefits for 2022:

<https://hr.virginia.edu/benefits/oe2022>

COVID-19 RESOURCES

KEY REMINDERS ABOUT COVID-19 AT UVA

- 93% of the UVA community are fully vaccinated as of September 15, 2021! Schedule yours: <https://vaccinate.virginia.gov/>
- If you have any symptoms, contact Employee Health immediately: 434-924-2013
- If you are a close contact or have a household member test positive for COVID-19, contact Employee Health for guidance: 434-924-2013
- Unvaccinated people should wear masks any time they are around other people and take extra precautions to avoid crowded spaces or other environments where there is increased risk of transmission.
- Everyone is strongly encouraged to get a flu vaccine once it is available.

Source: <https://news.virginia.edu/content/answering-key-questions-about-covid-19-uva>

LOCAL COMMUNITY TRANSMISSION LEVELS

“Community Transmission” is defined as spread of an illness for which the source of infection is unknown, or simply encountered in the local community, like grocery shopping or at the movie theater.

Because COVID-19 is highly transmissible and can be spread by people who do not know they have the disease, risk of transmission within a community can be difficult to determine.

Community spread in Charlottesville and surrounding counties that employees may commute from remains HIGH.

We still need to:

- Follow healthy hygiene practices
- Stay at home when sick with any symptoms
- Practice physical distancing to lower the risk of disease spread
- Use a cloth face covering in indoor and community settings when physical distancing cannot be maintained and where required.

Source: <https://covid.cdc.gov/covid-data-tracker/#county-view>

County/Locality	Community Transmission Rate
Albemarle/C'ville	High
Greene	High
Madison	High
Orange	High
Louisa	High
Fluvanna	High
Buckingham	High
Nelson	High
Amherst	High
Augusta	High
Rockingham	High

COVID-19 RESOURCES

TESTING RESOURCES/PREVALENCE TESTING FOR UVA FM EMPLOYEES

- **UVA-required prevalence testing for unvaccinated employees: Saliva testing at the Student Activities Building, by appointment ONLY:**
 - **Make an appointment:** <https://time2test.sites.virginia.edu/> (log in with Netbadge.)
 - **See sites & hours:** <https://besafe.virginia.edu/testing-sites-and-hours>
*If you have had COVID-19, you are exempt from testing for **150 days** after your positive test.*
- **Illness or symptoms, regardless of your vaccination status:** Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.
- **If you think you have been exposed, OR someone in your close contacts or household has symptoms,** reach out to Employee Health for testing and/or guidance at 434-924-2013.
- **If you are not experiencing symptoms, but would like to test for peace of mind:**
 - **Let's Get Checked at-home kit**—this test will not satisfy UVA's prevalence testing requirements for unvaccinated employees: <https://at.virginia.edu/oAkYIE>
 - **UVA Asymptomatic Saliva Testing**, details listed above.

Remember: What is mild for you may be life-threatening for another.

[SEE VDH if you are interested in COVID-19 testing for a family member or non-UVA employee >>>](#)

FACE COVERS: STILL WORTH IT

Face covering requirements at UVA FM, per [Policy SEC-045](#) and [FM's On-Grounds Work Guidelines](#):

- **Unvaccinated** students, faculty, staff, contractors, and visitors **must wear a face cover outdoors** even when they can maintain a physical distance of at least six feet.
- **Everyone** must wear a face cover when:

- In shared spaces indoors.
- In FM vehicles with a passenger
- In [UVA Health facilities](#)
- At saliva testing facilities
- Engaged with K-12 students

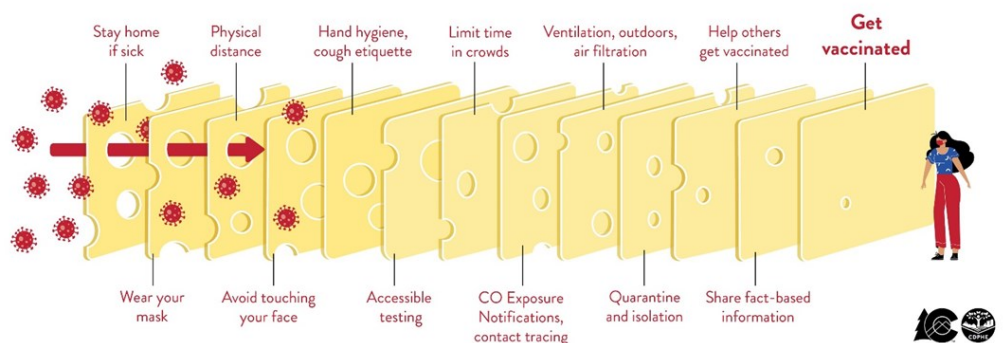
Using public transportation (UTS, other buses, taxis, rideshares, etc.)

- In the **Shoe Truck**

- Consider wearing a face cover outside of work **during activities or outings with others who are not fully vaccinated.**

THE SWISS CHEESE MODEL OF COVID-19 PREVENTION

We need multiple layers of defense to stop the spread of COVID-19. Some layers have fewer holes than others, but the more layers we add, the safer we'll be.



COVID-19 RESOURCES

THIRD DOSES AND BOOSTER SHOTS

The FDA and CDC ACIP have approved a 3rd dose of COVID-19 vaccines for **people who are moderately to severely immunocompromised** that received an Pfizer or Moderna vaccine. Blue Ridge Health District is now offering 3rd doses to individuals who are moderately to severely immunocompromised. Third doses of COVID vaccines should be the same manufacturer (Pfizer for ages 12+ or Moderna for ages 18+) as the previous two doses when possible, but this is not required. Additional doses are not approved for individuals who received Johnson & Johnson vaccines.

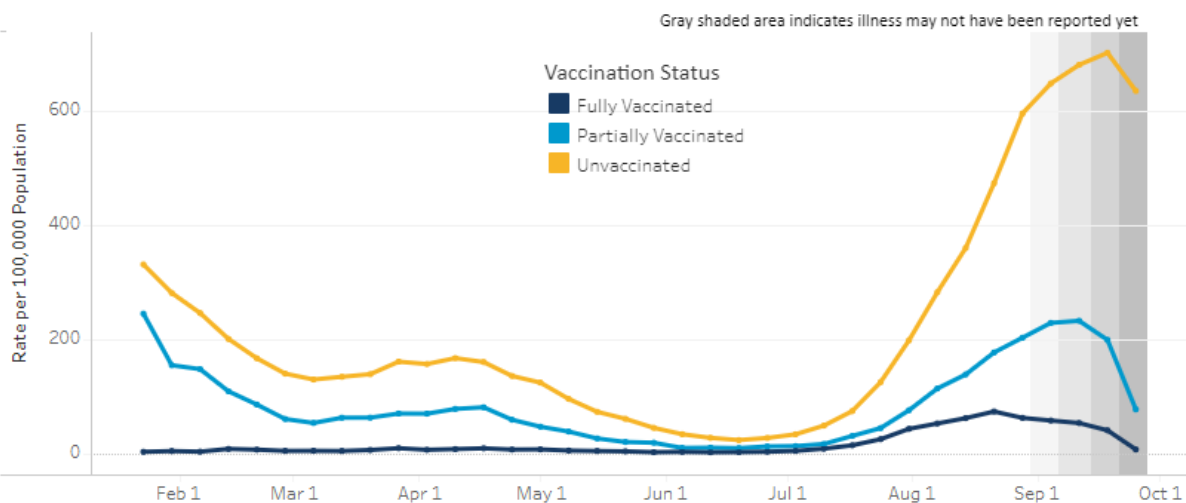
	Pfizer-BioNTech [Español]	Moderna [Español]	Johnson & Johnson (Janssen) [Español]
Available for ages	12+	18+	18+
How many shots are needed?	Two shots, 21 days apart	Two shots, 28 days apart	One shot
When will I be fully vaccinated?	14 days after your second shot	14 days after your second shot	14 days after your second shot
Is an additional dose recommended?	Yes, for some individuals who have a weak immune system	Yes, for some individuals who have a weak immune system	Not at this time
Authorization status	FDA Approved	Emergency Use Authorization	Emergency Use Authorization

Source: <https://www.vdh.virginia.gov/covid-19-vaccine/>

Immunocompromised? How to get a 3rd Dose

Third doses through BRHD are by appointment only which can be found online at [BlueRidgeHD.org](https://www.blu ridgehd.org) or calling the hotline at 434-972-6261.

COVID-19 Case Rates in Virginia by Vaccination Status



Between 1/17/2021 & 9/25/2021, unvaccinated individuals developed COVID-19 at a rate 7.9 times higher than fully vaccinated and 2.5 times higher than partially vaccinated individuals.

Source: Virginia Dept. of Health <https://at.virginia.edu/4u6myh>

IT'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!



Make your plan today.

Schedule your free vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:
<https://at.virginia.edu/MU5RI9>

OR

Plan to visit a walk-in clinic: <https://at.virginia.edu/JhDgmD>

Remember to use your PHEL for any time away from work.

[Learn more about the available vaccines in the US >>](#)

Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday
from 8 a.m. to 6 p.m.

Learn more about variants of COVID-19: <https://at.virginia.edu/xl3NZP>

VDH TO REOPEN BIG LOTS COVID-19 VACCINATION CENTER

Including Pfizer Booster Shots! Details:

What: Free COVID-19 vaccines (1st and 2nd doses and booster shots)

When: Opening October 12th; then Mondays through Saturdays from 10am-8pm

Where: Former Big Lots store at Seminole Square. 393 Hillsdale Drive, Charlottesville

How: Walk-ins are welcome OR Schedule an appointment: <https://at.virginia.edu/O07xQ8>

The Virginia Department Health's (VDH) will open a Community Vaccination Center (CVC) in the Blue Ridge Health District on Tuesday, October 12, 2021 at the former Big Lots store in Seminole Square in Charlottesville, Va. The CVC will be managed and operated by VDH partners AshBritt – IEM.

Pfizer, Moderna, and Johnson & Johnson COVID-19 vaccines will be available at no cost by appointment or walk-in. This site will offer vaccines to individuals who need their first or second dose, those who are immunocompromised and need a third dose, and those who are eligible to receive a booster shot (Pfizer only).

To find an appointment, visit vaccinate.virginia.gov or call 877-829-4682, TTY users call 7-1-1).

Assistance is available in English, Spanish, and more than 100 other languages.

If you are receiving your second dose, third dose, or booster shot, bring your COVID-19 vaccine card or vaccine record with QR code. If you need a copy of your vaccine record, visit vaccinate.virginia.gov.

Vaccination remains the best way to end the pandemic, and unvaccinated individuals are at the highest risk of severe illness due to COVID-19.

Everyone 12 or older who lives or works in Virginia is eligible to be vaccinated. To learn more about COVID-19, visit www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/. Do you have vaccine questions or need help scheduling an appointment? Contact the BRHD Hotline at 434-972-6261.



Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

October 8: National Fluffernutter Day

October 9: Curious Events Day

October 10: World Mental Health Day

October 11: Indigenous Peoples' Day

October 12: National Savings Day

October 13: US Navy's Birthday

October 14: National Dessert Day

October 15: Global Handwashing Day