In this issue:
Click the item title to go to the corresponding page. Downloading this document may be necessary.

**OCCUPATIONAL HEALTH & SAFETY**
- → BEE Aware: Non-Work Related Hearing Loss
- → Common Sources of Noise and their Decibel Levels
- → Work Safely! Let OHS Support YOU
- → OHS Training: Updates
- → See it, Stomp it, Report it: Spotted Lanternfly
- → Bernie Says: Select the Right Sign for Your Application
- → School is IN: Avoid McCormick Road
- → Don’t Drive Drowsy!

**DIVERSITY, EQUITY & INCLUSION**
- → Introducing the UVA Employee Assistance Fund
- → UVA Accessibility Maps
- → UVA establishes permanent presence off Grounds to partner with the community
- → Volunteer: Cultivate Charlottesville
- → Improve your English skills! / ¡Mejora tus habilidades en inglés! / Améliorez vos compétences en anglais!

**OCCUPATIONAL TRAINING**
- → How to View & Apply for FM Job Postings
- → Current FM Job Openings

**APPRENTICESHIP**
- → Welcome the incoming class of apprentices on August 30!

**COVID-19 & VACCINE RESOURCES**
- → Local Community Transmission Levels
- → “Breakthrough” COVID-19: What We Know
- → Face Covers: Still Worth it
- → When to Wear Face Covers at UVA
- → Testing Resources/Prevalence Testing for UVA Employees—Updated!
- → Accessing/Replacing Your COVID-19 Vaccination Record
- → Reminder: Submit Your Vaccination Info Via Workday
- → Free COVID-19 Testing for Non-UVA Employees
- → It’s easier than ever to get your COVID-19 vaccine!
- → What we know about the Delta variant
- → Local COVID-19 Vaccine Clinic Walk-In Availability for August

**Happening Now**

![Welcome to UVA: first-year students](image)

and as always, Reasons to Celebrate!

UVAMoveIn
OCCUPATIONAL HEALTH & SAFETY
BEE AWARE: NON-WORK RELATED HEARING LOSS

People often encounter loud noises away from work. Loud noises anywhere can contribute to hearing loss.

- Keep in mind that if you are exposed to loud noises your inner ear hair cells need time to rest and bounce back.

- If you expose yourself to loud noise at home it adds to your total noise exposure for the day.

Exposure to loud noise comes from everyday activities in your homes and communities:

Everyday Activities
- Music from smartphones and personal listening devices, particularly when the volume is set close to the maximum
- Music from home or car sound systems
- Fitness classes
- Children’s toys

Tools and More
- Power tools: Drills, saws, air compressor, etc.
- Gas-powered lawnmowers, leaf blowers, and weed whackers
- Sirens
- Firearms: Recreation and hunting

Events
- Concerts, restaurants, and bars
- Sporting events, such as football, hockey, and soccer games
- Motorized sporting events, such as monster truck shows, stock car or road races, and snowmobiling
- Movie theaters

Learn more about Common Sources of Noise and Decibel Levels >>>>
# Occupational Health & Safety

## Common Sources of Noise and Their Decibel Levels

<table>
<thead>
<tr>
<th>Sounds and Noises</th>
<th>Average Sound Level (measured in decibels)</th>
<th>Typical Response (after routine or repeated exposure)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softest sound that can be heard</td>
<td>0</td>
<td>Sounds at these dB levels typically don’t cause any hearing damage.</td>
</tr>
<tr>
<td>Normal breathing</td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Ticking watch</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>Soft whisper</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>Refrigerator hum</td>
<td>40</td>
<td></td>
</tr>
<tr>
<td>Normal conversation, air conditioner</td>
<td>60</td>
<td></td>
</tr>
</tbody>
</table>

| Washing machine, dishwasher | 70 | You may feel annoyed by the noise |
| City traffic (inside the car) | 80–85 | You may feel very annoyed |

<table>
<thead>
<tr>
<th>Sounds and Noises</th>
<th>Average Sound Level (measured in decibels)</th>
<th>Typical Response (after routine or repeated exposure)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gas-powered lawnmowers and leaf blowers</td>
<td>80–85</td>
<td>Damage to hearing possible after 2 hours of exposure</td>
</tr>
<tr>
<td>Motorcycle</td>
<td>95</td>
<td>Damage to hearing possible after about 50 minutes of exposure</td>
</tr>
<tr>
<td>Approaching subway train, car horn at 16 feet (5 meters), and sporting events (such as hockey playoffs and football games)</td>
<td>100</td>
<td>Hearing loss possible after 15 minutes</td>
</tr>
<tr>
<td>The maximum volume level for personal listening devices; a very loud radio, stereo, or television; and loud entertainment venues (such as nightclubs, bars, and rock concerts)</td>
<td>105–110</td>
<td>Hearing loss possible in less than 5 minutes</td>
</tr>
<tr>
<td>Shouting or barking in the ear</td>
<td>110</td>
<td>Hearing loss possible in less than 2 minutes</td>
</tr>
<tr>
<td>Standing beside or near sirens</td>
<td>120</td>
<td>Pain and ear injury</td>
</tr>
<tr>
<td>Firecrackers</td>
<td>140–150</td>
<td>Pain and ear injury</td>
</tr>
</tbody>
</table>


---

**Work Safely!**

FM Occupational Health and Safety is here to support you and a safe working environment.

If you have any questions or concerns related to health and safety at work, speak with your supervisor, **Safety Committee representative**, someone from **OHS**, or submit a **near miss report**.
The Occupational Programs Weekly Wrap Up | 08.20.2021 | Page 4

**Occupational Health & Safety**

**Training Update: Occupational Health & Safety**

Thank you to everyone who has made and continues to make adjustments with us as we navigate COVID-19 and the hurdles it throws at us and how we deliver safety trainings.

- **OHS** is delivering safety trainings in a variety of platforms (virtual, in-person, hands-on, and demos, etc.) to meet the needs of Facilities Management.
- Although many OHS safety training sessions require in-person, hands-on learning, OHS continues to partner with Occupational Training in developing more digital sessions, where possible, to be more easily accessible & convenient.

**Supervisors – What to look for, What to know, What to do:**

- Be familiar with the Tableau tool & look for your shop’s and team’s training records in Tableau: [https://at.virginia.edu/6A0BN2](https://at.virginia.edu/6A0BN2) Does everyone have what they need? Is everyone up to date?
- Look for calendar invites & email notifications with training assignments for your employees. Supervisors are always copied. Be on the lookout for training assignments in Workday Learning.
- Know what training is required for your employee’s job responsibilities & know OHS is able to provide training at any time. Email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) to request training.
- Know that OHS is available to review & assess your training needs, answer questions, and provide guidance.
- Supervisors are responsible for their team’s training responsibilities and commitment to training assignments.
- Supervisors should be familiar with ZOOM & Workday Learning access & be able to assist employees who may not be familiar with the technology, access, & navigation on these platforms.
- Supervisors should always provide access, adequate time, space, and equipment so employees are able to participate in their assigned training sessions.
- Make sure you or your employees are communicating their attendance well ahead of an in-person class by responding to the calendar invite; and make sure employees are attending their assigned sessions the day-of.
- Make sure your team is completing digital assignments in Workday by the deadline noted.

Please reach out to [fm-ohs@virginia.edu](mailto:fm-ohs@virginia.edu) with questions & training requests, as we are available to conduct training in a variety of methods.

**See it. Stomp it. Report it: Spotted Lanternfly**

An invasive insect called the Spotted Lanternfly has been discovered in Albemarle County along the Rivanna River. The Spotted Lanternfly is an agricultural pest that attacks over 70 species of trees and is a significant threat to vineyards and orchards.

"Early detection is really important – the sooner we can identify new locations, the sooner we can enlist professionals to trap and control the insects, and hopefully contain the outbreak." said Albemarle County Natural Resources Manager Kim Biasiolli.

Learn more: [https://at.virginia.edu/fhA4Nr](https://at.virginia.edu/fhA4Nr)  Report one:  [https://at.virginia.edu/LFQAz1](https://at.virginia.edu/LFQAz1)
Choose the Correct Sign for Your Application

Email FM-OHS@virginia.edu if you need help determining signage needs for your area.

**SCHOOL IS IN: BEE AWARE!**

UVA students have begun returning to Grounds to begin in-person classes. During the academic semesters, FM practice is to **avoid routine vehicular and utility vehicle traffic on McCormick Rd between 9:30am-2:30pm when possible.** In the event of an emergency, vehicular and utility vehicle traffic is permissible. Additionally, when travel on McCormick Rd is required for non-emergency business use, **avoid travel during class changes** (e.g. service call to a Central Grounds building).

**DON’T DRIVE DROWSY!**

Fatigued or drowsy driving is dangerous. Being awake for 18 hours is like having a blood alcohol level of .08 percent and leaves you at equal risk for a crash. These tips will help prevent drowsy driving from putting you and others at risk.

- **Get enough sleep:** Stay well-rested and alert by getting 7-9 hours of sleep regularly.
- **Maintain good health:** Discuss sleep issues with a medical professional.
- **Know the signs of fatigue:** Frequent yawning, Heavy eyelids, Drifting from your lane, Forgetting last few miles
- **Use stop-work authority if it is unsafe to continue driving:** If you are experiencing drowsiness that is preventing you from driving safely, stop. Say something if you believe a coworker may be fatigued as well.
**DIVERSITY, EQUITY & INCLUSION**

**INTRODUCING the UVA Employee Assistance Fund**

UVA employees within the Academic Division and the College at Wise can submit a request for funding from the EAF for help meeting unexpected, one-time basic needs, such as those related to housing, utilities, food, and transportation. These requests can be easily submitted through Workday.

To submit a grant application for the UVA Employee Assistance Fund, you should:

1. **Log into Workday:**
   [https://at.virginia.edu/UVAWorkday](https://at.virginia.edu/UVAWorkday)
2. **Enter ‘Create Request’** in the search feature
3. **Select the Request Type ‘Employee Assistance Fund’**
4. **Complete all fields**
5. **Attach documents** that confirm proof of need
6. **Click Submit**

For details, tips, and step-by-step instructions, see the Job Aid from UVA HR: [https://at.virginia.edu/H07nff](https://at.virginia.edu/H07nff)

→ **The UVA Community Resources Specialist** will work with you to ensure there are no other potential sources of support available to you.

→ **All applications are confidential** and will only be shared with individuals directly involved in award administration, processing, and tax reporting.

→ **Applications will be reviewed by the Employee Assistance Fund Review Committee.** Award decisions are final and will be communicated directly to the applicant.

If you would like to support colleagues in need, you can make a donation through Workday on a one-time or recurring basis. External donations from non-employees can be submitted through the program website. Learn more: [https://at.virginia.edu/tBv9ZV](https://at.virginia.edu/tBv9ZV)

**UVA Accessibility Maps**

Facilities Management's Geospatial Engineering Services provides accessibility maps that can be utilized when planning your traveling across Grounds. As Melvin Mallory, ADA Coordinator in the Office for Equal Opportunity and Civil Rights states, "The ADA Coordinator team also shares the link with individuals who contact us about routes to various events around Grounds. When we share the map, we do make it clear that barrier free routes are not necessarily ADA accessible routes. Barrier free simply means there are no steps/stairs." See more: [https://at.virginia.edu/QZJzda](https://at.virginia.edu/QZJzda)

More from FM DEI >>>
DIVERSITY, EQUITY & INCLUSION (CONTINUED)

UVA establishes permanent presence off Grounds to partner with the community

The new Center for Community Partnerships at UVA will serve as both a front door to the University for community members and a collaborative space for UVA’s existing community efforts. Read more: https://news.virginia.edu/content/uva-opens-community-partnerships-office-downtown

This supports the expanded title given to Kevin McDonald, VP for Diversity, Equity, Inclusion and Community Partnerships.

McDonald, who joined the University as vice president for Diversity, Equity and Inclusion in August 2019, will now serve as a connection point for a variety of community-based initiatives across Grounds and will work closely with the President’s Council on UVA-Community Partnerships. Under the new structure, the following units will now have dotted-line connections to McDonald’s office: Vice Provost for Academic Outreach, The Equity Center, and UVA Health’s Office of Community Partnerships. Read more: https://news.virginia.edu/content/university-expands-mcdonalds-role-include-community-partnerships

CULTIVATE CHARLOTTESVILLE

VOLUNTEER INFORMATION

"Summer produce keeps kicking, but as we prepare for the transition to Fall there is a lot of work to be done! See below for no sign up needed opportunities to volunteer at UAC's 6th Street Farm Plot."

August Volunteering at 6th St. Farm
(intersection of 6th St. and Monticello Ave)

- Wednesday, Aug. 25th 10:30 - 11:30am
- Monday, Aug. 30th 10:30 - 11:30am

Volunteers do not need to sign up for these workdays. Please bring your own water and garden gloves if you have them.

UVA provides up to 16 hours paid Public Service Leave per calendar year for approved absences to attend school functions or perform volunteer work for an eligible service organization.

Learn more: https://at.virginia.edu/r9qAgP

More from FM DEI >>>
**DIVERSITY, EQUITY & INCLUSION (CONTINUED)**

¡Mejora tus habilidades en inglés!
Regístrese para las clases de inglés - Miércoles o jueves 12:30-1:30, Lanugage Commons (New Cabell Hall, Suite 298)
Para registrarse, llame o envíe un correo electrónico a Emily Douglas,
em4hg@virginia.edu (434) 906-5810
La fecha límite es el 31 de agosto

Améliorez vos compétences en anglais!
S'inscrire aux cours d'anglais - Mercredi OU jeudi de 12h30 à 13h30, Lanugage Commons (New Cabell Hall, Suite 298)
Pour vous inscrire, appelez ou envoyez un email à Emily Douglas, em4hg@virginia.edu (434) 906-5810
La date limite est le 31 août

**Improve your English skills!**
Register for English classes - Wednesdays OR Thursdays 12:30-1:30, Lanugage Commons (New Cabell Hall, Suite 298)
To register call or email Emily Douglas, em4hg@virginia.edu (434) 906-5810
Deadline is August 31st

**OCCUPATIONAL TRAINING**

**HOW TO: View or Apply for UVA FM Job Postings**

**Current UVA Employees**
Search for and apply to jobs using your existing [Workday account](https://at.virginia.edu/jgLuzS).
See UVA HR’s [How to Apply: for Internal Candidates](https://at.virginia.edu/jgLuzS).

**External Applicants**
(not currently employed by UVA) will be prompted to create a profile in Workday when applying:
[https://uva.wd1.myworkdayjobs.com/UVAJobs](https://uva.wd1.myworkdayjobs.com/UVAJobs)
Not all listings are available to external applicants.

Questions on job listings should be directed to [AskHR@virginia.edu](mailto:AskHR@virginia.edu)

View current FM job openings >>>
OCCUPATIONAL TRAINING (CONTINUED)

Current FM Job Openings

Opportunities within UVA FM as of August 19, 2021:

- R0026550 Mason—CC&R
- R0025875 Landscape Plant Health Specialist
- R0025247 Environmental Remediation Tech
- R0026919 Chiller Plant Manager
- R0027552 Cabinet Builder
- R0027307 Senior HVAC Mechanic
- R0027306 Senior Trades Utility Worker
- R0025941 Fleet Ambassador (Staff Wage)
- R0027525 Heat Plant Operations Manager
- R0026772 Senior Plumber Steamfitter
- R0027064 Carpenter, Health System Physical Plant
- R0027459 Associate Director for Utility Systems Distribution
- R0027440 Electrician – CCR
- R0027431 Electrician Supervisor – CCR
- R0027143 Fire Systems Technician
- R0027140 Fire Systems Assistant Technician
- R0027271 IT Help Desk Specialist (Staff Wage)
- R0026554 Drywall/Plasterer—CC&R
- R0027152 Custodial Services Supervisor, Housing
- R0024318 Custodial Services Supervisor, Evening Shift
- R0026803 Custodial Services Supervisor, Evening Shift, North Grounds Zone
- R0025051 Electrician Senior, Health System Physical Plant
- R0025004 Carpenter
- R0025468 Senior Plumber
- R0025264 Senior HVAC Mechanic – Four Days On, Four Days Off (Day or Night Shift)
- R0026830 Geospatial Space Analyst
- R0025365 Electrician Senior, Night Shift Worker, 4 Days On/4 Days Off
- R0026919 Chiller Plant Manager
- R0026772 Senior Plumber Steamfitter
- R0026550 Mason—CC&R
- R0027552 Cabinet Builder
- R0027307 Senior HVAC Mechanic
- R0027306 Senior Trades Utility Worker
- R0025941 Fleet Ambassador (Staff Wage)
- R0027525 Heat Plant Operations Manager
- R0026772 Senior Plumber Steamfitter
- R0027064 Carpenter, Health System Physical Plant
- R0027459 Associate Director for Utility Systems Distribution
- R0027440 Electrician – CCR
- R0027431 Electrician Supervisor – CCR
- R0027143 Fire Systems Technician
- R0027140 Fire Systems Assistant Technician
- R0027271 IT Help Desk Specialist (Staff Wage)
- R0026554 Drywall/Plasterer—CC&R
- R0027152 Custodial Services Supervisor, Housing
- R0024318 Custodial Services Supervisor, Evening Shift
- R0026803 Custodial Services Supervisor, Evening Shift, North Grounds Zone
- R0025051 Electrician Senior, Health System Physical Plant
- R0025004 Carpenter
- R0025468 Senior Plumber
- R0025264 Senior HVAC Mechanic – Four Days On, Four Days Off (Day or Night Shift)
- R0026830 Geospatial Space Analyst
- R0025365 Electrician Senior, Night Shift Worker, 4 Days On/4 Days Off
- R0026919 Chiller Plant Manager
- R0026772 Senior Plumber Steamfitter
- R0026550 Mason—CC&R
- R0027552 Cabinet Builder
- R0027307 Senior HVAC Mechanic
- R0027306 Senior Trades Utility Worker
- R0025941 Fleet Ambassador (Staff Wage)
- R0027525 Heat Plant Operations Manager
- R0026772 Senior Plumber Steamfitter
- R0027064 Carpenter, Health System Physical Plant
- R0027459 Associate Director for Utility Systems Distribution
- R0027440 Electrician – CCR
- R0027431 Electrician Supervisor – CCR
- R0027143 Fire Systems Technician
- R0027140 Fire Systems Assistant Technician
- R0027271 IT Help Desk Specialist (Staff Wage)
- R0026554 Drywall/Plasterer—CC&R
- R0027152 Custodial Services Supervisor, Housing
- R0024318 Custodial Services Supervisor, Evening Shift
- R0026803 Custodial Services Supervisor, Evening Shift, North Grounds Zone
- R0025051 Electrician Senior, Health System Physical Plant
- R0025004 Carpenter
- R0025468 Senior Plumber
- R0025264 Senior HVAC Mechanic – Four Days On, Four Days Off (Day or Night Shift)
- R0026830 Geospatial Space Analyst
- R0025366 Senior Trades Utility Worker
- R0026402 Electrician

More Job Openings on next page >>>
**OCCUPATIONAL TRAINING**

**Current FM Job Openings (continued from previous page)**

- R0025441 Plumber
- R0025447 Carpenter Supervisor
- R0025318 Recycling Program Coordinator
- R0025551 Roofer
- R0024632 BAS Project Coordinator
- R0024368 Computer Help Desk Tech (Student Wage)
- R0022674 HVAC Mechanic
- R0022572 Trades Utility Senior Worker, Shift
- R0022573 Trades Utility Senior Worker
- R0000028 Temporary Trades Pool

---

**APPRENTICESHIP**

**WELCOME TO THE NEW CLASS OF APPRENTICES**

UVA FM’s newest class of apprentices will begin onboarding on August 30, 2021. They will hit the Ground(s) running with a full week of training and onboarding, before being released to their first round of rotations.

Be sure to give them a warm welcome as they begin their journey in a skilled trades career!

**Non-Licensed Trades (Carpentry/Masonry)**

- Samantha Manning
- Jamal Johnson
- Stephen Ingram
- Bryan Ferguson

**Licensed Trades (Electrical / HVAC / Plumbing)**

- Justin McCartney
- Andrew Rowe
- Branson Lane
- Cody Taylor
- John Crews
- Freddy Ntamulenga
- Nazeer Bahuddeen
COVID-19 RESOURCES

LOCAL COMMUNITY TRANSMISSION LEVELS

“Community Transmission” is defined as spread of an illness for which the source of infection is unknown, or simply encountered in the local community, like grocery shopping or at the movie theater. Because COVID-19 is highly transmissible and can be spread by people who do not know they have the disease, risk of transmission within a community can be difficult to determine.

Individuals need to follow healthy hygiene practices, stay at home when sick, practice physical distancing to lower the risk of disease spread, and use a cloth face covering in community settings when physical distancing cannot be maintained.

<table>
<thead>
<tr>
<th>#</th>
<th>County/Locality</th>
<th>Community Transmission Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Albemarle/C'ville</td>
<td>High</td>
</tr>
<tr>
<td>2</td>
<td>Greene</td>
<td>High</td>
</tr>
<tr>
<td>3</td>
<td>Madison</td>
<td>Substantial</td>
</tr>
<tr>
<td>4</td>
<td>Orange</td>
<td>High</td>
</tr>
<tr>
<td>5</td>
<td>Louisa</td>
<td>Substantial</td>
</tr>
<tr>
<td>6</td>
<td>Fluvanna</td>
<td>High</td>
</tr>
<tr>
<td>7</td>
<td>Buckingham</td>
<td>High</td>
</tr>
<tr>
<td>8</td>
<td>Nelson</td>
<td>High</td>
</tr>
<tr>
<td>9</td>
<td>Amherst</td>
<td>High</td>
</tr>
<tr>
<td>10</td>
<td>Augusta</td>
<td>High</td>
</tr>
<tr>
<td>11</td>
<td>Rockingham</td>
<td>High</td>
</tr>
</tbody>
</table>

“Breakthrough” COVID-19: What We Know

Breakthrough infections in which vaccinated people get the COVID-19 infection are difficult to put in perspective. They’ve happened to the New York Yankees and to White House officials, as well at summer gatherings in Massachusetts, Oklahoma and elsewhere. COVID-19 is on the rise once more nationwide.

What we know:

- Vaccinated people are nearly guaranteed **not to be hospitalized or killed by COVID-19**.
- Among children under 12, who remain ineligible for the vaccine, serious forms of COVID-19 are also extremely rare. Children face bigger risks when they ride in a car with other unvaccinated people.
- The Delta variant does not appear to change either of those facts.
- Millions of unvaccinated American adults are vulnerable to hospitalization or death from COVID-19.
Face coverings requirements at UVA FM, per Policy SEC-045 and FM's On-Grounds Work Guidelines:

- Unvaccinated students, faculty, staff, contractors, and visitors must wear a face cover outdoors even when they can maintain a physical distance of at least six feet.

- Everyone must wear a face cover when:
  - In shared spaces indoors.
  - In FM vehicles with a passenger.
  - In UVA Health facilities.
  - At saliva testing facilities.
  - Engaged with K-12 students.
  - Using public transportation (UTS, other buses, taxis, rideshares, etc.)
  - In the Shoe Truck.
  - Consider wearing a face cover outside of work during activities or outings with others who are not fully vaccinated.

### When to Wear

**FACE COVERS**

at **UVA FM**

<table>
<thead>
<tr>
<th>LOCATION at UVA – Non-UVA locations may have different requirements</th>
<th>UNVACCINATED</th>
<th>FULLY VACCINATED</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OUTDOORS</strong></td>
<td>YES required by UVA Policy SEC-045</td>
<td>NO</td>
</tr>
<tr>
<td>Indoors, alone in your own office with a door, not a cubicle.</td>
<td>NO</td>
<td>NO</td>
</tr>
<tr>
<td>Indoors, physically distanced</td>
<td>YES required by UVA Policy SEC-045</td>
<td>YES, temporarily required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>Indoors, with both vaccinated &amp; unvaccinated individuals</td>
<td>YES required by UVA Policy SEC-045</td>
<td>YES, temporarily required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>UVA FM Training (indoor and outdoor)</td>
<td>YES, required by UVA FM On-Grounds Work Guidelines</td>
<td>YES, temporarily required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>ALONE in FM vehicles</td>
<td>NO</td>
<td>NO</td>
</tr>
<tr>
<td>UVA Health Facilities</td>
<td>YES required by UVA Policy SEC-045</td>
<td>YES required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>UVA Saliva Testing Facilities</td>
<td>YES required by UVA Policy SEC-045</td>
<td>YES required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>Public Transportation, including buses, rideshares, and taxis</td>
<td>YES required by UVA Policy SEC-045</td>
<td>YES required by UVA Policy SEC-045</td>
</tr>
<tr>
<td>Red Wing Shoe Truck at UVA FM</td>
<td>YES, temporarily required by UVA FM Shoe Truck Program</td>
<td>YES, temporarily required by UVA FM Shoe Truck Program</td>
</tr>
<tr>
<td>When your coworker asks you to</td>
<td>YES practice kindness</td>
<td>YES practice kindness</td>
</tr>
</tbody>
</table>

Thank you for practicing kindness & understanding, as well as for protecting your coworkers during this “new normal.”

---

UVA Facilities Management Occupational Programs | 434.297.6379 | FM-OHS@virginia.edu | https://www.fm.virginia.edu/depts/occupationalprograms/index.html
COVID-19 RESOURCES

TESTING RESOURCES/PREVALENCE TESTING FOR UVA FM EMPLOYEES

UVA has begun prevalence testing for employees who have not been fully vaccinated in order to prevent the asymptomatic spread of the virus that causes COVID-19. If you have had COVID-19, you are exempt from testing for **150 days** after you have recovered.

If you have illness or symptoms, regardless of your vaccination status: Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

If you are not experiencing symptoms:

- **Let’s Get Checked at-home kit:**

- **Saliva testing at the Student Activities Building, by appointment ONLY:**
  - Make an appointment: [https://time2test.sites.virginia.edu/](https://time2test.sites.virginia.edu/)
    (log in with Netbadge.)
  - See sites & hours: [https://besafe.virginia.edu/testing-sites-and-hours](https://besafe.virginia.edu/testing-sites-and-hours)

If you think you have been exposed, but aren’t having symptoms OR if someone in your close contacts or household has symptoms, reach out to Employee Health for testing and/or guidance at 434-924-2013.

Remember: What is mild for you may be life-threatening for another family.

[See the following page if you are interested in COVID-19 testing for a family member or non-UVA employee >>>](#)

ACCESSING/REPLACING YOUR COVID-19 VACCINATION RECORD

If you have misplaced your vaccination card, you can request a copy of your record. If you received your vaccine through:

- **Virginia Department of Health** or through a local Virginia health district: Go to [https://vaccinate.virginia.gov](https://vaccinate.virginia.gov) and scroll down to click "Need a Copy of Your Vaccination Record?". Enter your information and submit your request.

- **UVA Health:** [https://forms.uvahealth.com/vaxcard/](https://forms.uvahealth.com/vaxcard/)

- **A local pharmacy or your primary care physician:** Contact the practice for your vaccine record. Most providers participate with Virginia Immunization Information System (VIIS), so records will eventually be available at [https://www.vdh.virginia.gov/immunization/immunization-record-request-form/](https://www.vdh.virginia.gov/immunization/immunization-record-request-form/)

REMINDER: SUBMIT YOUR VACCINATION INFO VIA WORKDAY

- Look in Workday to see if you have an announcement (on the upper left side) regarding proof of vaccination. If you **did not receive an announcement** that means your vaccine data was automatically populated in Workday because you received your vaccine from UVA Health. No action is needed on your part.

- If you did receive a notification, follow the directions to document your proof of vaccination.

[See more from UVA HR: https://hr.virginia.edu/proof-vaccination](https://hr.virginia.edu/proof-vaccination)
FREE COVID-19 TESTING
Summer 2021

UVA Health and BRHD Testing Sites

- Church of the Incarnation
  - 1465 Incarnation Drive
  - Mondays | 6:00-7:30pm
- Mount Zion First African Baptist Church
  - 105 Lankford Ave
  - Tuesdays | 5:30-7:00pm
- Charlottesville/Albemarle Health Dept.
  - 1138 Rose Hill Drive
  - Fridays | 5:00-7:00pm

CVS & Walgreens

CVS C'ville
- 208 East Main Street
- 1341 Long Street
- 3420 Seminole Trail
- 1133 5th Street SW
- 1170 Emmett Street N
- 1425 University Ave
- 1700 Seminole Trail
- 312 Connor Drive

CVS Localities
- 503 Main St | Louisa
- 28 Abby Rd | Palmyra
- 9026 Seminole Trail | Ruckersville

Walgreens
- 412 E Main St | Louisa
- 74 Tanbark Plaza | Lovingston
- 314 Rolkin Rd | Charlottesville
- 3489 Seminole Trail | Charlottesville

Both pharmacies accept walk-in appointments weekly. Call directly for more information.

Questions?
434-972-6261
BlueRidgeHD.org

I T'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!

Make your plan today.

Schedule your free vaccine using any of the resources below:

- Vaccines.gov
- Blue Ridge Health District: https://at.virginia.edu/MU5RI9
- UVA Health: https://at.virginia.edu/C0og39

OR

Plan to visit a walk-in clinic: https://at.virginia.edu/JhDgmD

Remember to use your PHEL for any time away from work.

Learn more about the available vaccines in the US >>

THE DELTA VARIANT: WHAT WE KNOW

- The Delta variant is more contagious: The Delta variant is highly contagious, nearly twice as contagious as previous variants.

- Some data suggest the Delta variant might cause more severe illness than previous strains in unvaccinated persons. In two different studies from Canada and Scotland, patients infected with the Delta variant were more likely to be hospitalized than patients infected with Alpha or the original virus strains.

- Unvaccinated people remain the greatest concern: Although breakthrough infections happen much less often than infections in unvaccinated people, individuals infected with the Delta variant, including fully vaccinated people with symptomatic breakthrough infections, can transmit it to others. The greatest risk of transmission is among unvaccinated people who are much more likely to contract, and therefore transmit the virus.

- Fully vaccinated people with Delta variant breakthrough infections can spread the virus to others. However, vaccinated people appear to be infectious for a shorter period: The Delta variant seems to produce the same high amount of virus in both unvaccinated and fully vaccinated people. However, like other variants, the amount of virus produced by Delta breakthrough infections in fully vaccinated people also goes down faster than infections in unvaccinated people. This means fully vaccinated people are likely infectious for less time than unvaccinated people.

See more from the CDC: https://www.cdc.gov/coronavirus/2019-ncov/variants/delta-variant.html
COVID-19 VACCINE CLINIC
WALK-IN AVAILABILITY
August 2021

Weekly Walk-ins

J.CREW LOCATION
Fashion Square Mall in Charlottesville
1639 Rio Road East | 434-972-6261
(J&J, Moderna, & Pfizer)
- Monday: 3:30-6:30pm
- Tuesday: 10:30am-3:30pm
- Wednesday: 10:30am-3:30pm
- Thursday: 3:30-6:30pm

Pharmacy Options

All retail pharmacies listed below accept walk-ins. Contact these pharmacies directly for more information.

- Costco Pharmacy
  *no membership required for vaccination
- CVS Pharmacy
- Giant Food Pharmacy
- Harris Teeter Pharmacy
- Kroger Pharmacy
- Sam’s Club Pharmacy
- Top Notch Pharmacy
- Walgreens Pharmacy
- Walmart Pharmacy

Locality Clinic Walk-ins

OFFERING J&J, MODERNA, & PFIZER

GREENE HEALTH DEPARTMENT
Mondays
50 Stanard St.
Stanardsville
9:30–11:30 a.m.
1:00–3:30 p.m.

LOUISA HEALTH DEPARTMENT
Tuesdays
540 Industrial Dr.
Louisa
9:30–11:30 a.m.
1:00–3:30 p.m.

FLUVANNA HEALTH DEPARTMENT
Wednesdays
132 Main St.
Rt. 15, Palmyra
9:30–11:30 a.m.
1:00–3:30 p.m.

NELSON HEALTH DEPARTMENT
Thursdays
4038 Thomas Nelson Hwy., Arrington
9:30–11:30 a.m.
1:00–3:30 p.m.

CHARLOTTESVILLE/ALBEMARLE
HEALTH DEPARTMENT
Fridays
1138 Rose Hill Dr.
Charlottesville
9:30–11:30 a.m.
1:00–3:30 p.m.

Questions?
434-972-6261

BlueRidgeHD.org
Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

- August 20: National Chocolate Pecan Pie Day
- August 21: National Senior Citizens Day
- August 22: National Take Your Cat to the Vet Day
- August 23: National Cuban Sandwich Day
- August 24: Pluto Demoted Day
- August 25: National Banana Split Day
- August 26: Women’s Equality Day
- August 27: National Just Because Day