

# The Occupational Programs Weekly Wrap Up

UVA Facilities Management

08.13.2021

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# **OCCUPATIONAL HEALTH & SAFETY**

## **TRAINING UPDATE: OCCUPATIONAL HEALTH & SAFETY**

Thank you to everyone who continues to put safety training first, even in these unusual times. Thank you also to everyone who has made and continues to make adjustments with us as we navigate COVID-19 and the hurdles it throws at us and how we deliver safety trainings.

- **OHS is delivering safety trainings in a variety of platforms** (virtual sessions using ZOOM, digital sessions in Workday Learning, in-person sessions, hands-on sessions, and demo sessions) to meet the needs of Facilities Management.
- **Although many OHS safety training sessions require in-person, hands-on learning, OHS continues to partner with Occupational Training in developing more digital sessions, where possible, to be more easily accessible & convenient.**

### **Supervisors – What to look for, What to know, What to do:**

- **Be familiar with the Tableau tool & look for your shop's and team's [training records in Tableau](https://at.virginia.edu/6A0BN2): <https://at.virginia.edu/6A0BN2>** Does everyone have what they need? Is everyone up to date?
- **Look for calendar invites & email notifications with training assignments for your employees.** Supervisors are always copied. Be on the lookout for training assignments in Workday Learning.
- **Know what training is required for your employee's job responsibilities & know OHS is able to provide training at any time.** Email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) to request training.
- **Know that OHS is available to review & assess your training needs, answer questions, and provide guidance.**
- **Supervisors are responsible for their team's training responsibilities and commitment to training assignments.**
- **Supervisors should be familiar with ZOOM & Workday Learning access & be able to assist employees who may not be familiar with the technology, access, & navigation on these platforms.**
- **Supervisors should always provide access, adequate time, space, and equipment so employees are able to participate in their assigned training sessions.**
- **Make sure you or your employees are communicating their attendance well ahead of an in-person class by responding to the calendar invite; and make sure employees are attending their assigned sessions the day-of.**
- **Make sure your team is completing digital assignments in Workday by the deadline noted.**

Please reach out to [fm-ohs@virginia.edu](mailto:fm-ohs@virginia.edu) with questions & training requests, as we are available to conduct training in a variety of methods.

# OCCUPATIONAL HEALTH & SAFETY (CONTINUED)

## WEARING A RESPIRATOR

**When are FM employees required to wear a respirator?**

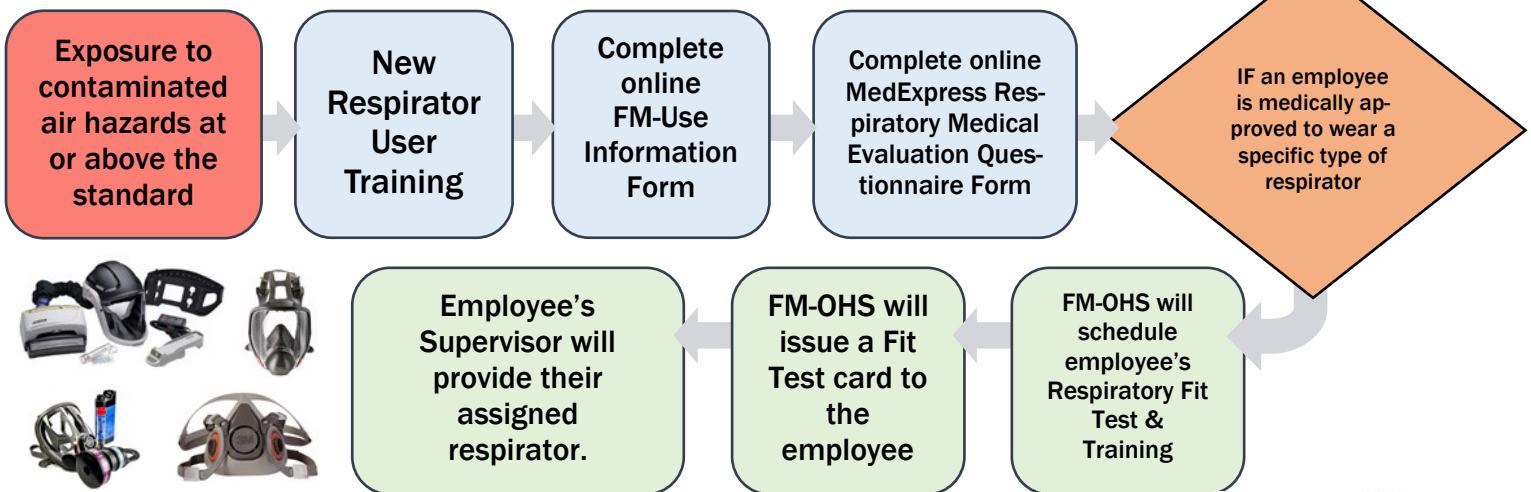
*The hazards that FM-employees could be exposed to is what determines their need for respiratory protection.*

**How to determine the need for wearing a respirator?**

- Review the SDS of materials in use
- Conduct air sampling. Contact [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) to schedule.
- Refer to historical results of air sampling. Contact [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) for this.

**How to get compliant with the FM Respiratory Protection Program**

**When it is required under OSHA standard/FM-OHS requirement to wear a respirator:**



## Could FM employees wear a respirator voluntarily?

- Yes, Voluntary use ONLY when It is not required to wear a respirator under the OSHA Standard
- ONLY for nuisance dust and odors
- ONLY for wearing a NIOSH approved filtering facepiece respirator, e.g. N95



## Employees who want to wear a NIOSH approved filtering facepiece respirator voluntarily MUST:

- Sign Voluntary Use of Respiratory Protection Agreement
- Read and understand OSHA-Appendix D: <https://at.virginia.edu/jfXQmH>
- **Medical evaluation and fit testing are not required for voluntarily use.**

**If you have questions about your respirator or would like to request sampling or training, email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu)**

# **OCCUPATIONAL HEALTH & SAFETY (CONTINUED)**

## **PROTECT YOUR EARS AND HEARING!**

*Hearing loss is often underestimated or underappreciated, usually because it is a chronic illness — The effects don't appear until later in life.*

### **Issues associated with hearing loss:**

- As hearing loss worsens, hearing and understanding others becomes increasingly difficult, which can lead to **isolation**.
- Hearing loss is associated with **cognitive (mental) decline and heart problems, such as high blood pressure and heart disease**.
- Hearing loss is also strongly associated with **depression**.
- Hearing loss can lead to **loss of enjoyment, when all the sounds we want to hear (e.g., music, voice of loved ones) become muted and lack quality**.
- **Ringing in the ears (tinnitus)**, which often occurs along with hearing loss, can disrupt sleep and concentration and is associated with both **depression and anxiety**.
- Hearing loss can impact **safety at home and on the job**.



## **FORTUNATELY, NOISE-INDUCED HEARING LOSS IS COMPLETELY PREVENTABLE.**

*They are **Your Ears**. Protect them because your ability to hear affects your quality of life at work and at home.*

### **At work, it affects how well you can communicate as well as your performance:**

- Inability to hear can contribute to increased annoyance, difficulty concentrating, reduced work efficiency, low morale, and adverse social behavior
- It can also impair your ability to hear alarms or verbal warnings, reduces spatial awareness, as well as relaying information to others

**At home, it affects all of the same aspects as at work, but on a more personal level. It will affect your ability to enjoy music, watch television, and have simple conversations.**

***Stay tuned in the coming weeks to know more about noise-induced hearing loss and your role to protect your ears and joy of hearing.***

**Email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you have questions about a noisy work site or choosing the correct hearing protection.**



## OCCUPATIONAL HEALTH & SAFETY (CONTINUED)

### REPORT INCIDENTS AND NEAR MISSES



**SAY NO TO**

**UNSAFE WORK PRACTICES**

**NOTIFY YOUR SUPERVISOR, FILL OUT A NEAR MISS FORM OR CALL FM-OHS AT 434-297-6379**



### AUGUST 2021 SAFETY CHAMPION: BARRY WOOD

Barry Wood, a supervisor in Facilities Management Housing Maintenance, was nominated and selected as the August 2021 Safety Champion for his initiative to help keep electrical distribution panels accessible. It started with a panel one of the maintenance zones kept finding blocked. When Barry was looped in to help solve the problem, he enlisted the FM Sign Shop to create special signs to place on the floor in front of the panel to alert building occupants of its presence. West Grounds Zone is already seeing the benefits, reporting improvements. Barry's innovation can be easily instituted across Grounds and can alleviate hazards associated with blocked panels, including fire hazard and fire marshal citations, as well as improving access and response for maintenance and emergencies. If you are aware of areas on Grounds that need these stickers, create a work order for the Sign Shop!



## OCCUPATIONAL HEALTH & SAFETY (CONTINUED)

### ***Bernie says!***

### See the Signs

**Safety Signage** promotes a safe work environment, keeping employees aware of potential hazards and reinforcing important safety precautions and policies. **Safety signs must be used whenever a hazard or danger cannot be avoided adequately or reduced in another way.**



### Speak the Language of Safety

Signage needs to easily and effectively communicate its message to everyone on the job site. Without a clear understanding of the hazards present in different working environments, workers won't have the knowledge necessary to operate safely. Use toolbox talks or JHAs as a way to keep everyone on the same page and reiterate the hazards present.

### Location, Location, Location

A sign is only truly effective if it is **appropriately placed** on a worksite. This includes both the location of signage on machinery as well as ensuring that signage is placed outside of a hazardous work area well enough in advance for workers to be aware and take proper precautions. **Do not block these important reminders.**

### Avoid Mixed Messages

While signage is an important element of workplace safety culture, supervisors and leaders should echo the safety messages. Expectations should be aligned with keeping you safe on the job.

**Take a moment to identify signage in your work areas.** Speak to your supervisor if you feel signage is missing or needed.

Email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you have any questions.



# OCCUPATIONAL HEALTH & SAFETY

## SCHOOL IS IN: BEE AWARE!

UVA students are returning to Grounds to begin in-person classes. During the academic semesters, FM practice is to avoid routine vehicular and utility vehicle traffic on McCormick Rd between 9:30am-2:30pm when possible. In the event of an emergency, vehicular and utility vehicle traffic is permissible. Additionally, when travel on McCormick Rd is required for non-emergency business use, avoid travel during class changes (e.g. service call to a Central Grounds building).



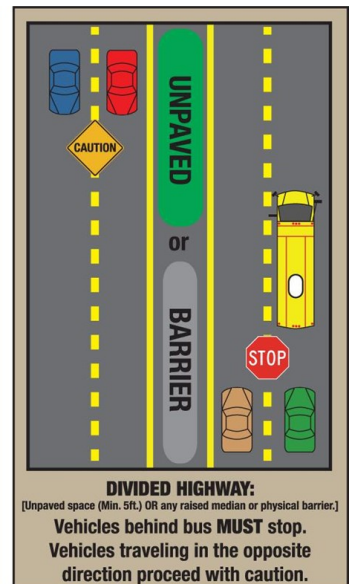
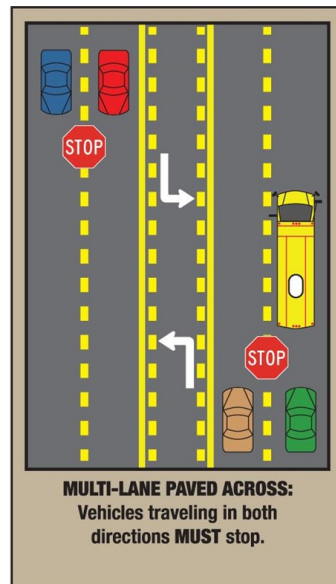
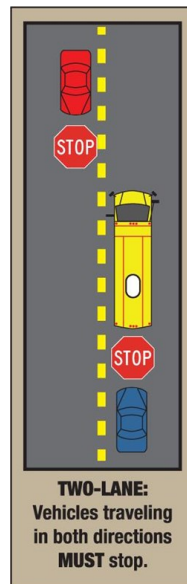
## SCHOOL BUS SAFETY

*Continue to drive safe and prepare for bus stops. Adjust your speed through our school zones.*

*Let's all work together to make this year a safe and successful school year!*

## UVA BUS UPDATES FOR FALL

Last week, the University Transit Service (UTS) released the [UTS Fall 2021 academic route package](#).



### Key updates:

- Face coverings (over nose and mouth) are required to ride transit. Back door loading and passenger limits also continue. Limits and restrictions may still fluctuate along with CDC/state/University recommendations.
- McCormick Road remains a pedestrian/bike corridor on weekdays before 6:00 PM.
- Weekday service before 6:00 PM will connect student housing areas, both on and off-Grounds, to academic areas via our transit hub at Rice Hall on Whitehead Road and at the bus stop on JPA located at Cabell Hall.
- The following four stops on McCormick Road will only be used after 6:00 PM and on the weekends: Chapel/Library and McCormick Road Houses (Old Dorms)/Chemistry Building.
- Daily UTS route end time is midnight with Safe Ride going into service at that hour.

See more: <https://parking.virginia.edu/university-transit-service-fall-2021>

## DIVERSITY, EQUITY & INCLUSION

### August 12: From the UVA Office of Diversity, Equity & Inclusion

On this 4th anniversary of the hate-filled events of August 11-12, 2017 in Charlottesville, we at UVA's Division for Diversity, Equity, and Inclusion stand with our neighbors in promoting continued healing for our community. We are deeply grateful for all who struggle in this shared work to promote racial, economic, and social justice. We remain committed to ensuring the wellbeing, safety, and success of all in our UVA and Charlottesville-Albemarle communities. We also remember and honor the life of Heather Heyer and uphold countless others who continue to take action in support of racial justice.

Source: <https://twitter.com/uvadiversity/status/1425862209813557251?s=12>

### Q&A: 'Fundamental Reassessment' is Sweeping American Workplaces

Sean Martin, an associate professor at the University of Virginia's Darden School of Business, discusses some of the current workplace trends and what they might mean for employees and employers in this UVA Today article. Highlighted in this article (<https://at.virginia.edu/QqXWPW>) are points of interest for DEI including:

*"Racial minorities particularly did not want to have to go back into the office. That stands out to me as a clear and alarming warning sign, and an indication that our offices were not as inclusive as they need to be."*

*"I am concerned that low-wage work will see a faster "return to status quo" that is actually just a return to a system that trades on a person's vulnerable position, forcing them to 'buy-in' because they need a job, rather than creating a healthy work environment that generates buy-in on its own."*



As we have these discussions about the “new normal” within FM, here are some resources:

- **UVA Return to Grounds**: Including what are the current plans for faculty and staff to return to work on Grounds, should a manager consider remote or flex work schedules for employees, when should managers discuss returning to Grounds with employees, and what support resources are available for employees: <https://hr.virginia.edu/covid-19/return-grounds>
- **Back-up Care**: You may need full-time childcare, short-term back-up care for a loved one, or during these challenging times, extra support for schoolwork. <https://hr.virginia.edu/covid-19/caregiving>
- **Teladoc**: Teladoc offers you quick access to primary care physicians who can diagnose your health care concerns over the phone. <https://hr.virginia.edu/benefits/teladoc>
- **FEAP Emotional Wellness**: <https://uvafeap.com/services/virtual-resources/>
- **Maintain Well-being**: Hoos Well provides a suite of virtual resources to help you remain physically and emotionally well during the extraordinary challenges presented by the COVID-19 pandemic. <https://hr.virginia.edu/wellness/virtual-resources>

**More from FM DEI >>>**



## DIVERSITY, EQUITY & INCLUSION (CONTINUED)

### Back to School Haircuts, Supplies and Backpacks available

See these resources to get your children set up for success this school year:



**back to SCHOOL BASH**

**FREE school supplies and backpacks while they last!**

A parent or guardian must be present with students to receive supplies.

**When**  
Saturday  
August 21, 2021  
10:30 AM - 12:00 PM



**Where**  
Downtown  
Pavilion  
Charlottesville

**Register at:**  
<https://www.facebook.com/cvillebacktoschoolbash/>  
OR  
[www.charlottesvilleschools.org/btsbash](http://www.charlottesvilleschools.org/btsbash)

For more information, visit our Facebook page or contact Rev. Dr. Alvin Edwards, Mt. Zion First African Baptist Church at (434) 293-3212.

 "Like" the Charlottesville Back To School Bash on Facebook!

Sponsored by  
The African American Pastor's Council, Charlottesville City Schools, Albemarle County Schools, and the City of Charlottesville.



August 15  
at 4pm 5th Annual  
**BACK TO SCHOOL DRIVE**

HAIRCUT VOUCHERS | BACKPACKS AND SCHOOL SUPPLIES  
SCHOLARSHIPS FOR RISING COLLEGE FRESHMAN  
FOOD | DRINKS | DJ

**TONSLER PARK**  
500 CHERRY AVE, CHARLOTTESVILLE, VA 22903



**The Reusable Office Supply Exchange is located on Leake Drive, about a 2-min walk from OHill Dining Hall.**

**You can find FREE binders, folders, pens, toner, paper, mugs, and more!**



**BACK TO SCHOOL SCHOOL BASH**

**FREE event**

**AUGUST 21st**  
BOY & GIRLS CLUB  
CHERRY AVE 2-7 PM

FIRST COME FIRST SERVE. VOLUNTEERS STILL WANTED. PLEASE REACH OUT TO @FERCUTS

**FREE HAIRCUTS BRAIDS & STYLES!**

More from FM DEI >>>



## DIVERSITY, EQUITY & INCLUSION (CONTINUED)

### Virginia football program excited for second year of Groundskeepers initiative

"Virginia football players and coaches met via Zoom for emotional and open conversations about social injustice last summer. The dialogue led to members of the team forming a group called **the Groundskeepers**, which was created to promote positivity and inclusion within the Charlottesville community."

Read more: <https://at.virginia.edu/h9x5oY>

Learn more about the Groundskeepers:

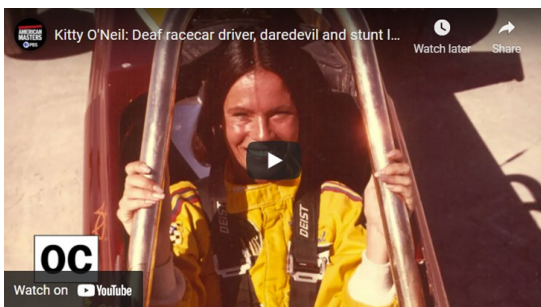
<https://at.virginia.edu/vRcsC2>



### PBS Renegades Pilot: Kitty O'Neil

In this new digital series, musician and disability inclusion advocate Lachi explores the cultural contributions of people with disabilities and how they

transformed America. This pilot episode investigates the amazing life and accomplishments of deaf stunt legend and speed racer Kitty O'Neil.



Kitty O'Neil (1946-2018) was a racecar driver, stunt legend, and daredevil. Known as "the fastest woman in the world," O'Neil broke the land speed record in 1976, clocking an average of over 512 mph in a three-wheeled rocket car across Oregon's Alvord Desert. The first woman to join with Stunts Unlimited, the leading stunt agency in Hollywood,

O'Neil was also a stunt double for the iconic stars of both The Bionic Woman (Lindsay Wagner) and Wonder Woman (Lynda Carter). And she did it all while being deaf.

Watch and learn more: <https://www.pbs.org/wnet/americanmasters/reneades-pilot-kitty-oneil/18248/>

Also featured in UVA Today :

<https://news.virginia.edu/content/new-pbs-series-focuses-disabled-people-who-have-transformed-america>

### The Annual Tradeswomen Build Nations Conference

October 1-3 in New Orleans

For over 10 years, North America's Building Trades Unions (NABTU) has hosted the annual Tradeswomen Build Nations conference, which has since become the largest tradeswomen conference in the world, with nearly 3,000 attendees in 2019. This weekend-long conference also hosts a series of educational and empowering workshops aimed to increase the activity and engagement of tradeswomen within their respective unions.



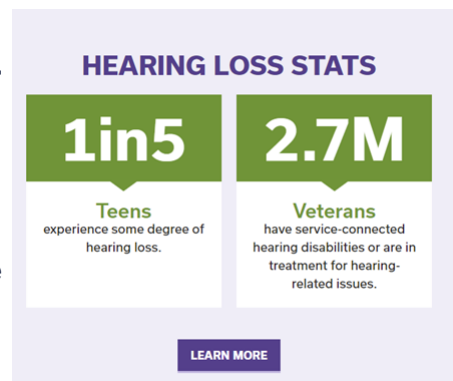
More from FM DEI >>>

## **DIVERSITY, EQUITY & INCLUSION (CONTINUED)**

### **Did you know? Hearing loss doesn't discriminate**

Whether you're young or old, a student, in the workforce, retired, a veteran, or anyone else—it doesn't matter. And, the person with hearing loss is not only the only affected; it also has an impact on those around them—parents, teachers, employers, friends, family and other loved ones.

It is important to learn all you can about how best to communicate with those around you, and doing that could be different for various people in various circumstances. The Hearing Loss Association of America provides information to hopefully help you succeed in doing just that, no matter which group you belong to!



Learn more: <https://www.hearingloss.org/hearing-help/communities/>

**UVA is hosting Tech Week** August 16-20. On Wednesday, August 18, there will be a session on **captioning and accessibility tools and services**. To join this session or any others during Tech Week, visit <https://at.virginia.edu/XSbkpo>

## **OCCUPATIONAL TRAINING**

### **Workday Learning Record Reconciliation**

Wondering why your OHS course is still showing as “In Progress” in your Workday Learning record?

When you attend a safety class, your instructor is sometimes able to mark your attendance in Workday Learning in real time. This results in your learning record showing “Completed” on the same day you attended the class.

For classes where that isn't possible due to attendees needing to take an exam or complete a hands-on session, etc, **FM-OHS and Occupational Training** may need up to **10 business days** to reconcile class attendance and exam scores and enter them into Workday Learning.



Email [fm-training@virginia.edu](mailto:fm-training@virginia.edu) if you have any questions.

## **HOW TO: View or Apply for UVA FM Job Postings**

### **Current UVA Employees**

Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's **How to Apply: for Internal Candidates**: <https://at.virginia.edu/jgLuzS>

### **External Applicants**

(not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

*Not all listings are available to external applicants.*

Questions on job listings should be directed to [AskHR@virginia.edu](mailto:AskHR@virginia.edu)

**View current FM job openings >>>**



## OCCUPATIONAL TRAINING (CONTINUED)

### Current FM Job Openings

*Opportunities within UVA FM as of August 12, 2021:*

- **R0027271** IT Help Desk Specialist (Staff Wage)
- **R0026554** Drywall/Plasterer—CC&R
- **R0027152** Custodial Services Supervisor, Housing
- **R0024318** Custodial Services Supervisor, Evening Shift
- **R0026803** Custodial Services Supervisor, Evening Shift, North Grounds Zone
- **R0025051** Electrician Senior, Health System Physical Plant
- **R0025004** Carpenter
- **R0025468** Senior Plumber
- **R0025264** Senior HVAC Mechanic – Four Days On, Four Days Off (Day or Night Shift)
- **R0026830** Geospatial Space Analyst
- **R0025366** Senior Trades Utility Worker
- **R0026402** Electrician
- **R0025953** Senior Plumber, Day Shift, 4 Days On/4 Days Off
- **R0025365** Electrician Senior, Night Shift Worker, 4 Days On/4 Days Off
- **R0026697** Custodial Services Worker
- **R0026558** Senior Trades Utility Worker
- **R0026920** Electrician, West Grounds
- **R0026856** Senior Welder for Utility Systems
- **R0025028** HVAC Senior Assistant
- **R0026772** Senior Plumber Steamfitter
- **R0026814** Senior Plumber
- **R0026550** Mason—CC&R
- **R0026545** Sheet Metal Technician – CC&R
- **R0026377** Custodial Services Worker, Day and Night Shift
- **R0025387** Carpenter - Construction & Renovation Services
- **R0024783** HVAC Mechanic
- **R0026402** Electrician
- **R0026399** Plumber Steamfitter Senior
- **R0026400** Trades Utility Senior Worker
- **R0026426** Project Coordinator—CC&R
- **R0024455** Custodial Services Worker
- **R0022915** Trades Utility Senior Worker
- **R0025776** Occupational Programs Coordinator
- **R0025875** Landscape Plant Health Specialist
- **R0026022** Senior Carpenter
- **R0026239** Occupational Health and Safety (OHS) Manager
- **R0024978** Landscape & Grounds Worker
- **R0025990** HVAC Mechanic, Central Grounds
- **R0026018** High Voltage Electrician
- **R0025941** Fleet Ambassador (Staff Wage)
- **R0025857** HVAC Operations Engineering Technician
- **R0025758** Power and Light Supervisor
- **R0025382** Plumber
- **R0020254** Space Project Manager
- **R0025389** Environmental Inspector
- **R0025441** Plumber
- **R0025447** Carpenter Supervisor
- **R0025318** Recycling Program Coordinator
- **R0025551** Roofer

**More Job Openings on next page >>>**

## **OCCUPATIONAL TRAINING**

### **Current FM Job Openings (continued from previous page)**

- **R0025407** Systems Control Center Operator
- **R0025247** Environmental Remediation Tech
- **R0024632** BAS Project Coordinator
- **R0024368** Computer Help Desk Tech (Student Wage)
- **R0022674** HVAC Mechanic
- **R0022572** Trades Utility Senior Worker, Shift
- **R0022573** Trades Utility Senior Worker
- **R0000028** Temporary Trades Pool

## **APPRENTICESHIP**

### **SPECIAL THANKS TO OUR NEW IN-HOUSE INSTRUCTORS**

All classroom training will be done in house for the 2021 incoming class of apprentices. This is a part of the new 2+2 Program model future apprentice classes will be using. Classes will be taught by UVA FM employees based on [National Center for Construction Education & Research \(NCCER\) curriculum](#) for the skilled trades.



UVA FM has received accreditation from NCCER and the first round of instructor training and orientation was on July 28, 2021. The next class will be scheduled soon. All instructors will be certified by the time their apprentice classes start.

#### **Electrical**

- Nikkei Lemmer-HSPP
- Trevor Harlow-CC&R
- Mike Light-HSPP
- Brian Butler-HSPP

#### **Plumbing**

- Tom Castellanos-CC&R
- Dickie Williams-HSPP
- Kristy Williams-E&U
- David Underwood-HSPP

#### **Carpentry**

- Jay Schaar-CC&R

#### **HVAC**

- Mark Connor-HSPP
- Shawn Ragland-Newcomb Zone
- Antonio Blakey-West Zone
- Chip Martin-Newcomb Zone

#### **Masonry**

- Mark McGee-CC&R
- Jamie Watkins-OHS

#### **Occupational Health & Safety**

- Bonnie Hockins-OHS
- Bobby Putrino-OHS
- Brian Shifflett-Apprenticeship

# COVID-19 RESOURCES

## UVA POLICY SEC-045 TEMPORARY UPDATES

Due to the increasing spread of the Delta variant of COVID-19, UVA has issued the following temporary modifications to Policy SEC-045, effective August 9:

**Face Coverings (effective August 9th):** Masks are required for all people (students, faculty, staff, contractors, and visitors), both vaccinated and unvaccinated, who enter UVA properties. This includes university-owned or leased public spaces like academic or administrative buildings, libraries, labs, dining halls, IM/Rec facilities, all UVA Health properties, and public transportation. *This does not include dorms or private housing, including common areas within those spaces.* \* Masks are not required when actively eating or drinking.

The temporary mask requirement also does not apply outdoors. Specific course-related exemptions to this policy will be handled by the schools, in consultation with the Provost's office, as fall courses get underway.

\* *This applies only to UVA students. UVA faculty and staff in student housing and common areas must continue to wear face covers.*

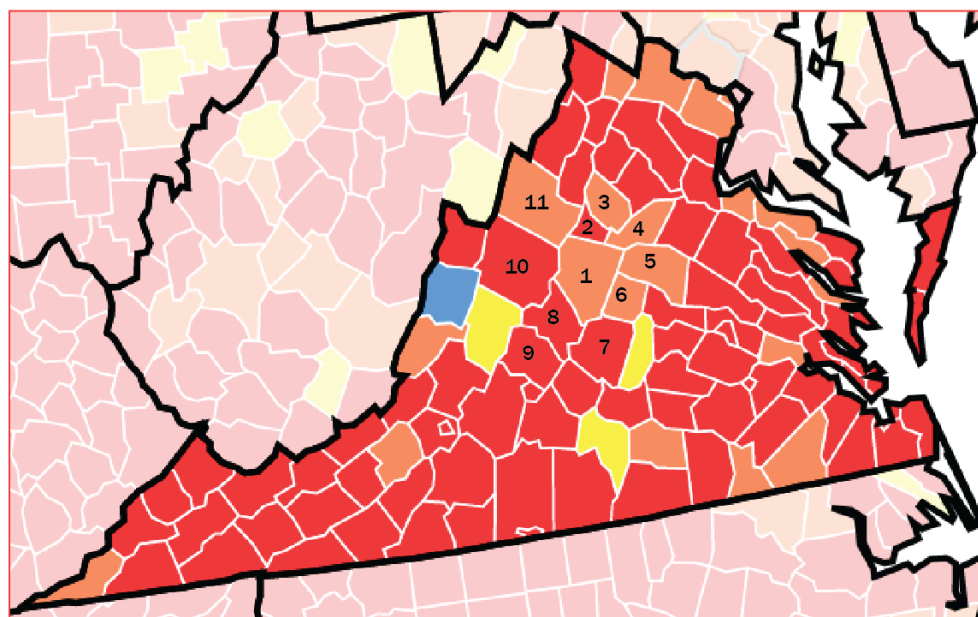
See the full policy: <https://uvapolicy.virginia.edu/policy/SEC-045>

## LOCAL COMMUNITY TRANSMISSION LEVELS

"Community Transmission" is defined as spread of an illness for which the source of infection is unknown, or simply encountered in the local community, like grocery shopping or at the movie theater. The Delta variant of COVID-19 is especially contagious, making it a likely suspect for the recent increase in community transmission in Virginia. The United States has made tremendous progress in the fight against COVID-19. As of July 29, 57% of the U.S. population had received at least one dose of a COVID-19 vaccine. On June 23, 2021, the United States surpassed 600,000 total deaths from COVID-19. Continue to practice all COVID-19 protocols and wear face covers when needed.

KEY:

● High ● Substantial ● Moderate ● Low



Current 7-days is Tue Aug 03 2021 - Mon Aug 09 2021 for case rate and Sun Aug 01 2021 - Sat Aug 07 2021 for percent positivity. The percent change in counties at each level of transmission is the absolute change compared to the previous 7-day period.

#	County/Locality	Community Transmission Rate
1	Albemarle/C'ville	Substantial
2	Greene	High
3	Madison	Substantial
4	Orange	Substantial
5	Louisa	Substantial
6	Fluvanna	Substantial
7	Buckingham	High
8	Nelson	High
9	Amherst	High
10	Augusta	High
11	Rockingham	Substantial

Source: <https://covid.cdc.gov/covid-data-tracker/#county-view>



## FACE COVERS: STILL WORTH IT























Face covering requirements at UVA FM, per [Policy SEC-045](#) and [FM's On-Grounds Work Guidelines](#):

- **Unvaccinated** students, faculty, staff, contractors, and visitors **must wear a face cover outdoors even when they can maintain a physical distance of at least six feet.**
- **Everyone** must wear a face cover when:
  - In shared spaces indoors.
  - In FM vehicles with a passenger
  - In [UVA Health facilities](#)
  - At saliva testing facilities
  - Engaged with K-12 students
  - Using public transportation (UTS, other buses, taxis, rideshares, etc.)
  - In the **Shoe Truck**
- Consider wearing a face cover outside of work during activities or outings with others who are not fully vaccinated.

### When to Wear

# FACE COVERS

at UVA FM

LOCATION at UVA – <i>Non-UVA locations may have different requirements</i>	UNVACCINATED (or have not completed all vaccine doses)	FULLY VACCINATED (2+ weeks since the final dose)
<b>OUTDOORS</b>	 <b>YES</b> required by UVA Policy SEC-045	 <b>NO</b>
Indoors, alone in your own office with a door, not a cubicle.	 <b>NO</b>	 <b>NO</b>
Indoors, physically distanced	 <b>YES</b> required by UVA Policy SEC-045	 <b>YES</b> , temporarily required by UVA Policy SEC-045
Indoors, with both vaccinated & unvaccinated individuals	 <b>YES</b> required by UVA Policy SEC-045	 <b>YES</b> , temporarily required by UVA Policy SEC-045
UVA FM Training (indoor and outdoor)	 <b>YES</b> , required by UVA FM On-Grounds Work Guidelines	 <b>YES</b> , temporarily required by UVA Policy SEC-045
<b>ALONE</b> in FM vehicles	 <b>NO</b>	 <b>NO</b>
UVA Health Facilities	 <b>YES</b> required by UVA Policy SEC-045	 <b>YES</b> required by UVA Policy SEC-045
UVA Saliva Testing Facilities	 <b>YES</b> required by UVA Policy SEC-045	 <b>YES</b> required by UVA Policy SEC-045
Public Transportation, including buses, rideshares, and taxis	 <b>YES</b> required by UVA Policy SEC-045	 <b>YES</b> required by UVA Policy SEC-045
Red Wing Shoe Truck at UVA FM	 <b>YES</b> , temporarily required by UVA FM Shoe Truck Program	 <b>YES</b> , temporarily required by UVA FM Shoe Truck Program
When your coworker asks you to	 <b>YES</b> practice kindness	 <b>YES</b> practice kindness

**Thank you for practicing kindness & understanding, as well as for protecting your coworkers during this “new normal.”**

UVA Facilities Management Occupational Programs | 434.297.6379 | [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu)

## **COVID-19 RESOURCES**

### **TESTING RESOURCES/PREVALENCE TESTING FOR UVA FM EMPLOYEES**

UVA has begun prevalence testing for employees who have not been fully vaccinated in order to prevent the asymptomatic spread of the virus that causes COVID-19. *If you have had COVID-19, you are exempt from testing for **150 days** after you have recovered.*

**If you have illness or symptoms:** Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

**If you are not experiencing symptoms:**

- **Let's Get Checked at-home kit:**

<https://www.letsgetchecked.com/us/en/order-form/verification/>

- **Saliva testing at the Student Activities Building, by appointment ONLY:**
  - **Make an appointment:** <https://time2test.sites.virginia.edu/> (log in with Netbadge.)
  - **See sites & hours:** <https://besafe.virginia.edu/testing-sites-and-hours>

**If you think you have been exposed, but aren't having symptoms,** reach out to Employee Health for testing and/or guidance at 434-924-2013.

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## **SUBMIT YOUR VACCINATION INFO VIA WORKDAY**

If you did not receive your COVID-19 vaccine via UVA Health, you should submit your vaccination information via Workday. **Proof of Vaccination Procedure:**

- **Look in Workday to see if you have an announcement** (on the upper left side) regarding proof of vaccination. *If you did not receive an announcement that means your vaccine data was automatically populated in Workday because you received your vaccine from UVA Health. No action is needed on your part.*
- If you did receive a notification, follow the directions to document your proof of vaccination.

**If you don't have a notification AND you didn't get your vaccine through UVA,**  
email [askHR@virginia.edu](mailto:askHR@virginia.edu) for next steps.

## **ACCESSING/REPLACING YOUR COVID-19 VACCINATION RECORD**

If you have misplaced your vaccination card, you can request a copy of your record. If you received your vaccine through:

- **Virginia Department of Health** or through a local Virginia health district: Go to <https://vaccinate.virginia.gov> and scroll down to click "Need a Copy of Your Vaccination Record?". Enter your information and submit your request.
- **UVA Health:** <https://forms.uvahealth.com/vaxcard/>
- **A local pharmacy or your primary care physician:** Contact the practice for your vaccine record. *Most providers participate with Virginia Immunization Information System (VIIS), so records will eventually be available at <https://www.vdh.virginia.gov/immunization/immunization-record-request-form/>*

# IT'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!



## Make your plan today.

Schedule your free vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:  
<https://at.virginia.edu/MU5RI9>
- UVA Health: <https://at.virginia.edu/C0og39>

OR

Plan to visit a walk-in clinic: <https://at.virginia.edu/JhDgmD>

Remember to use your PHEL for any time away from work.

Learn more about the available vaccines in the US >>

## Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday  
from 8 a.m. to 6 p.m.

Learn more about variants of COVID-19: <https://at.virginia.edu/xl3NZP>

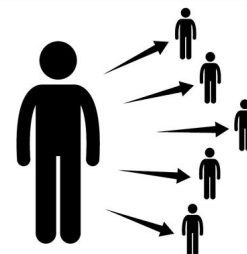
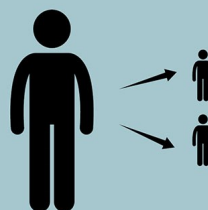
## THE DELTA VARIANT: WHAT WE KNOW

- **The Delta variant is more contagious:** The Delta variant is highly contagious, nearly twice as contagious as previous variants.
- **Some data suggest the Delta variant might cause more severe illness than previous strains in unvaccinated persons.** In two different studies from Canada and Scotland, patients infected with the Delta variant were more likely to be hospitalized than patients infected with Alpha or the original virus strains.
- **Unvaccinated people remain the greatest concern:** Although breakthrough infections happen much less often than infections in unvaccinated people, individuals infected with the Delta variant, including fully vaccinated people with symptomatic breakthrough infections, can transmit it to others. The greatest risk of transmission is among unvaccinated people who are much more likely to contract, and therefore transmit the virus.
- **Fully vaccinated people with Delta variant breakthrough infections can spread the virus to others. However, vaccinated people appear to be infectious for a shorter period:** The Delta variant seems to produce the same high amount of virus in both unvaccinated and fully vaccinated people. However, like other variants, the amount of virus produced by Delta breakthrough infections in fully vaccinated people also goes down faster than infections in unvaccinated people. This means fully vaccinated people are likely infectious for less time than unvaccinated people.

The Delta variant is more contagious than previous strains—it may cause more than **2x** as many infections

ORIGINAL COVID-19 STRAIN

DELTA VARIANT



Vaccines protect you from hospitalization, severe infections, and death

See more from the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/variants/delta-variant.html>



# COVID-19 VACCINE CLINIC WALK-IN AVAILABILITY

**August 2021**



## Weekly Walk-ins

### J.CREW LOCATION

Fashion Square Mall in Charlottesville

1639 Rio Road East | 434-972-6261

(J&J, Moderna, & Pfizer)

- Monday: 3:30-6:30pm
- Tuesday: 10:30am-3:30pm
- Wednesday: 10:30am-3:30pm
- Thursday: 3:30-6:30pm

## Pharmacy Options

All retail pharmacies listed below accept walk-ins.  
Contact these pharmacies directly for more information.

- **Costco Pharmacy**  
\*no membership required for vaccination
- **CVS Pharmacy**
- **Giant Food Pharmacy**
- **Harris Teeter Pharmacy**
- **Kroger Pharmacy**
- **Sam's Club Pharmacy**
- **Top Notch Pharmacy**
- **Walgreens Pharmacy**
- **Walmart Pharmacy**

## LOCALITY CLINIC WALK-INS

OFFERING J&J, MODERNA, & PFIZER

### GREENE HEALTH DEPARTMENT

#### MONDAYS

50 Stanard St.  
Stanardsville

9:30–11:30 a.m.  
1:00–3:30 p.m.

### LOUISA HEALTH DEPARTMENT

#### TUESDAYS

540 Industrial Dr.  
Louisa

9:30–11:30 a.m.  
1:00–3:30 p.m.

### FLUVANNA HEALTH DEPARTMENT

#### WEDNESDAYS

132 Main St.  
Rt. 15, Palmyra

9:30–11:30 a.m.  
1:00–3:30 p.m.

### NELSON HEALTH DEPARTMENT

#### THURSDAYS

4038 Thomas Nelson  
Hwy., Arrington

9:30–11:30 a.m.  
1:00–3:30 p.m.

### CHARLOTTESVILLE/ALBEMARLE HEALTH DEPARTMENT

#### FRIDAYS

1138 Rose Hill Dr.  
Charlottesville

9:30–11:30 a.m.  
1:00–3:30 p.m.

QUESTIONS?

**434-972-6261**

**BlueRidgeHD.org**



*Reasons to celebrate are all around us!*

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**August 13: International Lefthanders Day**

**August 14: Free Comic Book Day**

**August 15: National Back To School Prep  
Day**

**August 16: National Roller Coaster Day**

**August 17: National Thrift Shop Day**

**August 18: National Fajita Day**

**August 19: National Potato Day**

**August 20: National Radio Day**