The Occupational Programs Weekly Wrap Up

UVA Facilities Management

07.16.2021

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REMINDER: Students begin returning to Grounds in 1 month!

As students return, remember:

- Be aware of pedestrians.
- Do not travel on McCormick Road unless absolutely necessary.
- Check and secure your jobsites daily.
- Ensure any jobs that affect the flow of traffic and pedestrians remains accessible and compliant with the MUTCD.
- Maintain physical distance (6 feet) when possible.
- Practice kindness.

OCCUPATIONAL TRAINING

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- → FREE COVID-19 Testing Resources for FM Employees
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OCCUPATIONAL HEALTH & SAFETY

Focus: Safety & Health Management System Program

UVA FM's Safety and Health Management System Program (formerly known as UVA FM Safety Standards) and UVA FM's Occupational Health and Safety Programs are always posted online.

Did you know FM has several **Safety Committees**?

Safety committees are comprised of groups of employees who want to contribute and influence the safety, health, and well-being of their co-workers, as well as the continued success of health and safety at UVA. The safety committees will regularly bring employees and management together in a cooperative effort to communicate and to promote occupational health and safety at UVA Facilities Management. These committees will create an opportunity for health and safety improvements. They will represent a joint effort to detect and correct workplace hazards, with the goal being to reduce injuries and illnesses, prevent fatalities, and increase health and safety awareness through education and training. These committees should be visible and approachable for discussions of health and safety concerns and suggestions. Designated Safety Committees are:

- Zone Maintenance
- Landscaping and Recycling
- Health System Physical Plant (HSPP)
- Energy and Utilities
- Construction and Renovation Services (CR&S)
- Custodial Services Coming Soon
- Project Managers Coming Soon
- Office/Administrative Coming Soon

If you are interested in being involved in an FM Safety Committee, please email FM-OHS@virginia.edu

View the entire UVA FM Safety and Health Management System Program:

https://at.virginia.edu/IMoUTH

TRAINING: OCCUPATIONAL HEALTH & SAFETY

UVA FM-OHS is continuing to train FM employees and others in person as needed. At in-person classes, it is the expectation that all employees who are not fully vaccinated (2 weeks after their final shot) will wear a face cover and will practice physical distancing to prevent the possibility of spreading illness. Employees must follow UVA Facilities Management COVID-19 On-Grounds Work Guidelines at all times: https://at.virginia.edu/colored

Thank you for your willingness and understanding as we all adjust to the new normal. These guidelines will be updated as vaccination rates increase and case numbers fall.

Bernie says!

Good housekeeping is key to incident prevention!



OCCUPATIONAL HEALTH & SAFETY RED WING SHOE TRUCK

The Red Wing Shoe Truck is returning to Grounds on July 20!

UPDATES to the Shoe Truck Process:

- FM employees can visit the shoe truck <u>by appointment ONLY.</u>
 Once your shoe voucher request is complete, you will receive an email from FM OHS Shoe Request < fmweb@virgnia.edu> with the link to make an appointment.
- Only one FM employee at a time is allowed on the truck.
- Face covers are <u>required at all times</u> on the shoe truck and must cover your nose and mouth, regardless of vaccination status.

Routine Reminders:

- Employees needing safety shoes need to submit a request via the online portal: https://at.virginia.edu/FMShoeRequest
- If your shoe order is taking more than 10 days, email <u>FM-OHS@virginia.edu</u> to follow up.
- <u>Vouchers</u> will be released weekly via email and text (if available).

View the latest updates to the shoe program: https://at.virginia.edu/UVAFMPPE





Heat illness signs and symptoms

Watch for signs of heat illness and act quickly. When in doubt, call 911.

If a worker experiences:

Headache or nausea

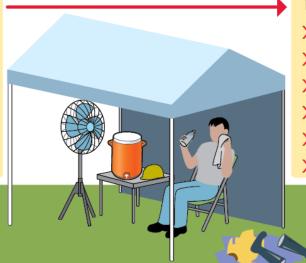
Weakness or dizziness

Heavy sweating or hot, dry skin

Elevated body temperature

Thirst

Decreased urine output



Take these actions:

- >> Give cool water to drink
- >> Remove unnecessary clothing
- >> Move to a cooler area
- >> Cool with water, ice, or a fan
- >> Do not leave alone
- >> Seek medical care

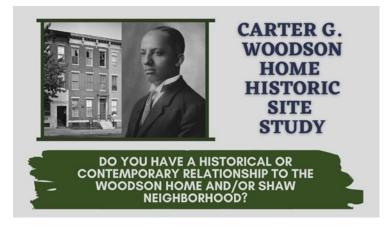


DIVERSITY, EQUITY & INCLUSION

Woodson Home & Shaw Neighborhood

Do you have a historical or contemporary relationship to the Woodson Home and/or Shaw Neighborhood? We'd love to hear from you!

The study is a collaborative effort between the Center for Race & Public Education in the South (CRPES) and the National Park Service. The team will be conducting relaxing 30-45 minute interviews by telephone or via online video conferencing.



If you would like to participate or know someone who should be interviewed, please contact via woodsonprojectuva@gmail.com or 202-780-5695.

Learn more: https://at.virginia.edu/Qx5LQW

Removal of Statues

The statues of Stonewall Jackson and Robert E. Lee were removed this past weekend. Read this perspective article from Elizabeth Varon, a pro-

fessor of history at UVA:

https://at.virginia.edu/2Ehvls

On Sunday, the George Rogers Clark statue was removed from UVA Grounds. See photos of the removal here:

https://at.virginia.edu/klqG3l



Removing the statues is one step towards dismantling white supremacy in our community, but there is so much more to be done.

You may feel anger, grief, relief, or even joy, all at the same time. For some community members, this time may be a reminder of trauma already endured. There are many ways to practice self and community care. Consider what works for you.

- Stay connected to others who understand how you feel
- Make space to celebrate, if it feels right
- Give thanks to community members who have worked for change
- Rest, restore, and reflect
- Recommit to dismantling white supremacy
- Reach out to additional resources on the following page if you need them

More from FM Diversity, Equity & Inclusion >>>

DIVERSITY, EQUITY & INCLUSION (CONT'D)

BIPOC WELLNESS RESOURCES

Community Mental Health and Wellness Coalition

- UVA Faculty and Employee Assistance Program (FEAP) and Wellness Coalition offers quality, professional, and comprehensive services, tailored to your individual needs. For UVA employees and their families, we offer assessment, brief counseling, referral, and follow-up at no cost to the employee for a wide variety of personal concerns. Our program is confidential. https://uvafeap.com/
- Central Virginia Clinicians of Color Network (CVCCN) offers free telebehavioral health support (phone or secured video) that includes: brief psychotherapy (up to 12 sessions), eligibility screening and assessment, emotional & trauma support, and wellness consultation. www.cvccn.org or 434-218-0440
- Counseling Alliance of Virginia (CAVA) offers "A Breathing Room", a free virtual group, that provides a space
 for Black people to talk about micro and macro aggressions they face on a regular basis. CAVA also offers a
 free, multi-racial racial awareness and sensitivity group to encourage safe, therapeutic cross racial conversations. www.cavahelps.org or 434-220-0333
- Diversity in Recovery is a group of LGBTQ BIPOC and allies who want to create safe spaces for recovery in the Piedmont region of Virginia. They offer free virtual support groups.
 www.diversityinrecovery.org.
- The Women's Initiative (TWI) offers free one-on-one phone counseling sessions that include immediate, short-term assistance eligibility for individual counseling and other services, self-care planning, referrals, and more. Free Sister Circle groups for the Black community, and other social supports are also available.
 www.thewomensinitiative.org or 434-872-0047
- Brave Souls on Fire is a peer run organization dedicated to emotional wellness, culturally-affirming peer support, emotional wellness, advocacy and healing justice for African Americans. Find them on Facebook
 @bravesoulscville
- Your Life Matters Cville compiles information about a wellness events for the Black community. Find them on Facebook @Yourlifematterscharlottesville
- Region Ten Emergency Services are available for mental health emergencies 24 hours a day, 7 days a week, 365 days a year. Call at 434-972-1800, or 911,or go to your nearest emergency department.
- Community Mental Health and Wellness Coalition includes over 25 safety net organizations working together to improve mental health in our community. @communitymentalhealthandwellnesscoalition on Facebook or www.helphappenshere.org

<u>Use your UVA Volunteer Hours In Our Community!</u>

PB&J Fund has been partnering with local schools and organizations to provide nutritious local food and produce to families during the pandemic and summers. They are in need of volunteers to help pack the food bags (It's really fun!) so that they can be delivered to families. Available volunteer dates are 7/30 and 8/13 from 8:45am to 11:45am, location TBD.

If you're interested <u>sign up</u> and use your UVA Volunteer Hours: https://www.signupgenius.com/go/30e0449aaab2baafc1-bagpackers



OCCUPATIONAL TRAINING

Workday Training

Check out the newly updated Workday Training page:

https://hr.virginia.edu/workday-training (Netbadge login required.)



Managers: Find useful information, job aids, and videos to assist with Workday tasks like Delegation or terminating, switching, and ending positions.

Employees: Check out the guidance materials within the relevant sections to help you navigate Workday, like how to find and update personal information.

Current FM Job Openings

Opportunities within UVA FM as of July 15, 2021:

- R0024455 Custodial Services Worker
- R0025051 Electrician Senior, Health System Physical Plant
- R0025953 Senior Plumber, Shift Worker
- R0022684 Custodial Services Supervisor, Evening Shift
- R0022915 Trades Utility Senior Worker
- R0026377 Custodial Services Worker, Day and Night Shift
- R0026022 Senior Carpenter
- R0025776 Occupational Programs
 Coordinator
- R0025875 Landscape Plant Health Specialist
- R0026239 Occupational Health and Safety (OHS) Manager
- R0026146 Electrician Senior, Central Grounds
- R0024978 Landscape & Grounds Worker
- R0025990 HVAC Mechanic, Central Grounds
- R0026018 High Voltage Electrician
- R0025941 Fleet Ambassador (Staff Wage)
- R0025857 HVAC Operations Engineering Technician
- R0025758 Power and Light Supervisor
- R0025382 Plumber
- R0020254 Space Project Manager

- R0025389 Environmental Inspector
- R0025441 Plumber
- R0025447 Carpenter Supervisor
- R0025318 Recycling Program Coordinator
- R0025457 Maintenance Supervisor for Housing
- R0025551 Roofer
- R0025263 Licensed Trades Supervisor
- R0025264 Senior HVAC Mechanic (Day or Night Shift)
- R0025387 Carpenter Construction & Renovation Services
- R0025260 Maintenance Electrician
- R0025087 Fire Systems Assistant Technician
- R0025407 Systems Control Center Operator
- R0025312 Landscape Turf Supervisor
- R0025261 HVAC Assistant Mechanic
- R0025238 Custodial Services Supervisor, North Grounds Zone
- R0023447 HVAC Shift Mechanic, Central Grounds Zone
- R0025247 Environmental Remediation Tech

More Job Openings & How to Apply on next page >>>

Current FM Job Openings (Cont'd)

- R0025075 Assistant Director for Engineering and HS Renovations
- R0024632 BAS Project Coordinator
- R0024403 Electrical Engineer
- R0024318 Custodial Services Supervisor, Evening Shift
- R0024368 Computer Help Desk Tech (Student Wage)
- R0022628 Assistant Director for Regulatory Compliance
- R0022674 HVAC Mechanic
- R0000028 Temporary Trades Pool

View or Apply for Open Positions

Current UVA Employees

Search for and apply to jobs using your existing Workday account:

See UVA HR's How to Apply: for Internal Candi-

dates: https://at.virginia.edu/jgLuzS

External Applicants

(not currently employed by UVA) will be prompted to create a profile in Workday when applying: https://uva.wd1.myworkdayjobs.com/UVAJobs
Not all listings are available to external applicants.

Questions on job listings should be directed to AskHR@virginia.edu

Reminder: Reduce Single-Use Plastics On Grounds by July 21

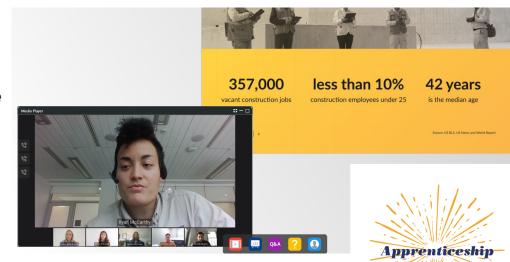
Virginia Gov. Ralph Northam issued an executive order in March requiring state agencies to stop buying, selling and distributing plastic and polystyrene food service containers, single-use plastic straws and cutlery, disposable plastic bags and single-use plastic water bottles by July 21, and to phase out all single-use plastics by 2025.

Read more: https://at.virginia.edu/H2W0jb

APPRENTICESHIP

THANK YOU TO RYAN McCarthy & Emily Douglas

Ryan, an FM Plumbing Apprentice, and Emily, FM's Diversity, Equity & Inclusion Specialist, took part in a Construction Dive webinar: "Navigating the Labor Shortage" on July 13. Both had relevant insights on the modern labor market and what it means to be a woman in the skilled trades.



The recording of the webinar can be found here:

https://at.virginia.edu/nCRw2s

COVID-19 RESOURCES

Reminder: Employees Must Report Vaccination Status By July 23

All UVA faculty and staff members must either provide proof of vaccination or agree to prevalence testing requirements, including at least weekly mandatory saliva PCR testing. Employees can update their vaccination status in Workday; required testing for those who do not report being vaccinated will begin August 2. All faculty and staff are expected to be vaccinated unless they have a medical or religious reason not to get the vaccine.

UVA Human Resources' guide on providing proof of vaccination and outlining prevalence testing requirements. https://hr.virginia.edu/proof-vaccination

Read more: https://at.virginia.edu/W8NDua Get vaccinated >>

SUBMIT YOUR VACCINATION INFO VIA WORKDAY

If you did not receive your COVID-19 vaccine via UVA Health, you must submit your vaccination information via Workday by July 12.

Proof of Vaccination Procedure:

- Look in Workday to see if you have an announcement (on the upper left side) regarding
 proof of vaccination. If you did not receive an announcement that means your vaccine data
 was automatically populated in Workday because you received your vaccine from UVA
 Health. No action is needed on your part.
- If you did receive a notification, follow the directions to document your proof of vaccination.

If you don't have a notification AND you didn't get your vaccine through UVA, email askHR@virginia.edu for next steps.

See more from UVA HR: https://hr.virginia.edu/proof-vaccination

Accessing/Replacing Your COVID-19 Vaccination Record

If you have misplaced your vaccination card, you can request a copy of your record. If you received your vaccine through:

- Virginia Department of Health or through a local Virginia health district:
 Go to https://vaccinate.virginia.gov and scroll down to click "Need a Copy of Your Vaccination Record?". Enter your information and submit your request.
- UVA Health: https://forms.uvahealth.com/vaxcard/
- A local pharmacy or your primary care physician: Contact the practice for your vaccine record. Most providers participate with Virginia Immunization Information System (VIIS), so records will eventually be available at https://www.vdh.virginia.gov/immunization/immunization-record-request-form/

FACE COVERS: STILL WORTH IT

Face covering requirements at UVA FM, per Policy SEC-045 and FM's On-Grounds Work Guidelines:

- Unvaccinated
 students, faculty, staff,
 contractors, and visitor
 must wear face covers
 in shared common
 spaces indoors.
- Unvaccinated
 students, faculty, staff,
 contractors, and
 visitors must wear a
 face cover outdoors
 even when they can
 maintain a physical
 distance of at least six
 feet.
- Everyone must wear a face cover when:
 - In FM vehicles with a passenger
 - In <u>UVA Health</u> facilities
 - At saliva testing facilities
 - Engaged with
 K-12 students
 Using public transportation (UTS, other buses, taxis, rideshares, etc.)
 - In the Shoe Truck

When to Wear

FACE COVERS

at UVA FM

OUTDOORS YES required by UVA Policy SEC-045 NO NO NO NO NO NO NO NO NO N
own office with a door, not a cubicle. Indoors, physically distanced Indoors, with both vaccinated & unvaccinated individuals IVA FM Training NO YES required by UVA Policy SEC-045 YES required by UVA Policy SEC-045 YES, required by UVA Policy SEC-045 YES, required by UVA Policy SEC-045
physically distanced required by UVA Policy SEC-045 Indoors, with both vaccinated & unvaccinated individuals VES required by UVA Policy SEC-045 RECOMMENDE by the CDC but not required VES, required by VES, required by
with both vaccinated & required by UVA Policy SEC-045 UVA FM Training YES, required by UVA
(indoor and outdoor) UVA FM On-Grounds Work Guidelines
ALONE in FM vehicles NO NO
UVA Health Facilities YES required by UVA Policy SEC-045 YES required by UVA Policy SEC-045
UVA Saliva Testing Facilities YES required by UVA Policy SEC-045 YES required by UVA Policy SEC-045
Public Transportation, including buses, rideshares, and taxis YES required by UVA Policy SEC-045 YES required by UVA Policy SEC-045
Red Wing Shoe Truck at UVA FM Shoe Truck Program YES, temporarily required by UVA FM Shoe Truck Program
When your coworker asks you to YES practice kindness YES practice kindness

Thank you for practicing kindness & understanding, as well as for protecting your coworkers during this "new normal."

UVA Facilities Management Occupational Programs | 434.297.6379 | FM-OHS@virginia.edu

It's Easier than EVER to Get Your COVID-19 Vaccine!



Make your plan today.

Schedule your free vaccine using any of the resources below:

- Vaccines.gov
- Blue Ridge Health District: https://at.virginia.edu/MU5RI9
- UVA Health: https://at.virginia.edu/C0og39

OR

Plan to visit a walk-in clinic: https://at.virginia.edu/JhDgmD

Remember to use your **PHEL** for any time away from work.

Learn more about the available vaccines in the US >>

Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Friday from 8 a.m. to 6 p.m.

Learn more about variants of COVID-19: https://at.virginia.edu/xI3NZP

COVID-19 VACCINE FACTS

Why do I need the COVID-19 Vaccine?

FOR YOU

COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. The COVID-19 vaccine will greatly reduce your chances of getting COVID-19 and will ensure that if you do get the virus, you will have only mild symptoms or none at all.

FOR YOUR LOVED ONES

If you get sick, you could spread the disease to friends, family, and others around you. COVID-19 vaccination can help by creating an immune system response without having to experience sickness - reducing your chances of getting others sick, too.

FOR YOUR COMMUNITY

Stopping a pandemic requires using all the tools we have available. The COVID-19 vaccine is one of these tools. COVID-19 vaccination will help protect those at increased risk for severe illness from COVID-19. As more and more people are vaccinated and protected, less people will be infected, thus limiting the spread of the virus through communities.



434-972-6261

vdh.virginia.gov/coronavirus/vaccination

about COVID-19

vaccines?

COVID-19 RESOURCES

COVID-19: WE ARE NEARLY THERE!

What does this mean for you?

- Keep doing what you're doing Wash your hands, keep your distance, don't report to work
 if you're sick, and wear your face cover if you are unvaccinated. (Vaccinated individuals are
 also still required to wear a face cover in some settings.) This is stopping the virus spread
 and keeping the cases dropping!
- Schedule your vaccine using any of the resources below:
 - Vaccines.gov
 - Blue Ridge Health District: https://register.vams.cdc.gov/?jurisdiction=BR
 - UVA Health: https://myshot.healthsystem.virginia.edu/mychart/
 openscheduling?specialty=9&hidespecialtysection=1
- Help your family members and friends get vaccinated using the links above. Vaccines are FREE and help protect you from the coronavirus. The Pfizer vaccine has now been approved for individuals 12 and older.
- UVA may continue restrictions for somewhat longer to ensure community cases remain low.

FREE COVID-19 TESTING RESOURCES FOR UVA FM EMPLOYEES

UVA will begin to require prevalence testing in August for employees who have not been vaccinated in order to prevent the asymptomatic spread of the virus that causes COVID-19. Some FM departments are already requiring this. If you have already had COVID-19, you are exempt from testing for 150 days after you have recovered.

If you have illness or symptoms: Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

If you are not experiencing symptoms:

- Let's Get Checked at-home kit: https://www.letsgetchecked.com/us/en/order-form/verification/
- Saliva testing at the Student Activities Building, by appointment ONLY:
 - Make an appointment: https://time2test.sites.virginia.edu/
 (log in with Netbadge.)
 - See sites & hours: https://besafe.virginia.edu/testing-sites-and-hours

If you think you have been exposed, but aren't having symptoms, reach out to Employee Health for testing and/or guidance at 434-924-2013.

COVID-19 VACCINE CLINIC WALK-IN AVAILABILITY

BRHD Blue Redge Heolih Datrict

July 2021

Weekly Walk-ins



J.CREW LOCATION

Fashion Square Mall in Charlottesville 1639 Rio Road East | 434-972-6261 (J&J, Moderna + Pfizer)

- Monday: 3:30-6:30pm
- Tuesday: 10:30am-3:30pm
- Wednesday: 10:30am-3:30pm
- Thursday: 3:30-6:30pm

<u>Pharmacy Options</u>

All retail pharmacies listed below accept walk-ins. Contact these pharmacies directly for more information.

Costo Pharmacy

*no membership required for vaccination

- CVS Pharmacy
- Giant Food Pharmacy
- Harris Teeter Pharmacy
- Kroger Pharmacy
- Sam's Club Pharmacy
- Top Notch Pharmacy
- Walgreens Pharmacy
- Walmart Pharmacy

STARTS JULY 26

OFFERING J&J. MODERNA + PFIZER

GREENE HEALTH DEPARTMENT

MONDAYS

50 Stanard St. Stanardsville 9:30-11:30 a.m. 1:00-3:30 p.m.

LOUISA HEALTH DEPARTMENT

TUESDAYS

540 Industrial Dr. Louisa 9:30–11:30 a.m. 1:00–3:30 p.m.

FLUVANNA HEALTH DEPARTMENT

WEDNESDAYS

132 Main St. Rt. 15, Palmyra 9:30-11:30 a.m. 1:00-3:30 p.m.

NELSON HEALTH DEPARTMENT

THURSDAYS

4038 Thomas Nelson **9:30–11:30 a.m.** Hwy., Arrington **1:00–3:30 p.m.**

CHARLOTTESVILLE/ALBEMARLE HEALTH DEPARTMENT

FRIDAYS

1138 Rose Hill Dr. Charlottesville 9:30–11:30 a.m. 1:00–3:30 p.m.

QUESTIONS?

434.972.6261

blueridgecovid.org



Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

July 16: Guinea Pig Appreciation Day

July 17: World Emoji Day

July 18: National Sour Candy Day

July 19: Global Hug Your Kids Day

July 20: National Moon Day

July 21: National Junk Food Day

July 22: National Hammock Day

July 23: National Vanilla Ice Cream Day