

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

06.11.2021

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- It's easier than ever to get your COVID-19 vaccine!
- We are nearly there! Keep stopping the spread!
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THE FM Inclusive Excellence Plan has been APPROVED!

The FM IE Planning Team worked hard to survey all of FM in March and write a 3 to 5 year plan for Inclusive Excellence at FM based on the survey results. The plan was sent to FM leadership and then the UVA Office of Diversity, Equity and

Inclusion for approval. **We are excited to share that the FM plan has been approved by UVA and FM leadership and will be posted soon on the FM DEI website alongside the survey results. Stay tuned!** <https://diversity.fm.virginia.edu/inclusive-excellence.html>

Dimensions of the IE Framework



DIVERSITY, EQUITY & INCLUSION

Celebrate Juneteenth

Annually, June 19th – otherwise known as “Juneteenth” or “Freedom Day” – is a day of celebration and reflection commemorating the end of slavery in the

United States. Even though the Emancipation Proclamation had been issued two and a half years earlier, it was not until June 19th, 1865 when enslaved people in Galveston, Texas learned that the Civil War had ended and that the end of slavery began to materialize more fully.

The first Juneteenth celebrations were organized in 1866 by Black communities across Texas and in the years since, Juneteenth has become an internationally recognized commemoration. It is an occasion for reflecting on the meaning of and measuring progress toward the ideals of freedom and liberation.

Since Juneteenth falls on a Saturday this year, the official observance for the University will be Friday, June 18th.* There are multiple ways to engage with programming and to commemorate the day at UVA and in the local community.

The Division for Diversity, Equity, and Inclusion; local community partners; and the UVA Black Faculty and Staff Employee Resource Group are offering a range of connections and programming to support learning, reflection, and celebration on this important holiday. You can learn more from each of the links provided below.

I invite everyone in our UVA and local communities to take time this Juneteenth to learn, celebrate, and reflect upon how we can continue toward a more democratic and racially just future.

Kevin McDonald

UVA Vice President for Diversity, Equity, Inclusion, & Community Partnerships



Division for Diversity,
Equity, and Inclusion



Emancipation Day in Richmond, VA, 1905. Library of Congress.

See How to Participate in Juneteenth on the next page!

More from FM Diversity, Equity & Inclusion >>>

DIVERSITY, EQUITY & INCLUSION

A Few Ways to Participate in Juneteenth

- Visit **UVA DEI social media pages** throughout the next two weeks where we provide the history of Juneteenth found in articles, videos, podcasts, and websites: <https://dei.virginia.edu/>
- Visit the **UVA Black Faculty and Staff Employee Resource Group social media pages** where videos and other media focusing on self-emancipation and other topics will be posted: <https://www.facebook.com/uvabfsgroup/>
- Celebrate Juneteenth by **displaying a custom Zoom background**: <https://at.virginia.edu/SGMU7k>
- **Wear a Juneteenth button** - available for pick up beginning on June 7 from one of the following locations:
 - The Medical Center
 - Clemons Library
 - Recreational Facilities at Slaughter, Memorial, and North Grounds
 - UVA Bookstore
 - Facilities Management (FM) locations:
 - ✦ FM Academic: 1450 Leake Drive
 - ✦ FM Health System: 1400 Jefferson Park Ave. West Complex, Room G031, Ground Floor
- Join us as we welcome guest speaker, Dr. Amy Tillerson-Brown, Professor of History and History Department Chair, Mary Baldwin University for a Juneteenth event. On June 15, 4:30 PM, Dr. Tillerson-Brown will be speaking on "**Juneteenth: A Day of Jubilee and Commitment to Justice.**" Register for the event here: <https://at.virginia.edu/o34TjV>
- Enjoy books and apparel curated by UVA Bookstore commemorating Juneteenth
- **Attend the virtual Juneteenth celebration** hosted by the Orange County African American Historical Society and Montpelier: <https://ocaahsjuneteenth.org/celebrate/>
- Attend the in-person Juneteenth celebration hosted by the Jefferson School African American Heritage Center: <https://jeffschoolheritagecenter.org/events/juneteenth/>
Join us on the Jefferson School lawn for food, music and a non-sewing sewing event with Stitch Please. Our music line up from 12 to 4pm includes DJ SG, Vibe Riot, Sons of Ichibei and Daphne Brown.
12 – 2pm Creative Practice with Tobiah Mundt and Black Women Stitch. Make and take a liberation-minded art piece. Teens and Adults welcome.
7pm LIVE on Facebook and YouTube, CPG Presents Voices of Emancipation, a collection of speeches from Black luminaries such as August Wilson, Bell Hooks and James Baldwin. Followed by a viewing of Mother Tongue, an original play by Abi Schumann produced by the Jamestown-Yorktown Foundation in conjunction with their Tenacity exhibit. A post show discussion will follow.



More from FM Diversity, Equity & Inclusion >>>

DIVERSITY, EQUITY & INCLUSION

Jefferson School
AFRICAN AMERICAN HERITAGE CENTER

19 JUNE 2021
JSAAHC FRONT LAWN
BRING A BLANKET
POST UP ON THE YARD

JUNETEENTH
10AM THA PACK
EMANCIPATION RIDE
12PM JUNETEENTH CONCERT

MASTER OF CEREMONIES
IKE ANDERSON
EMANCIPATION OF
MIND, BODY & SPIRIT

12PM CREATIVE PRACTICE WITH TOBIAH
MUNDT & BLACK WOMEN STITCH
7PM VIRTUAL PRESENTATION CPG VOICES
OF EMANCIPATION & MOTHER TONGUE

DJ SG
VIBE RIOT
SONS OF ICHIBEI
DAPHNE BROWN

PENDLETON PRESENTS

In the interest of keeping us all safe, this year's event is a ticketed one. It is free but donations are accepted.

REGISTER: <https://at.virginia.edu/JhCZMA>

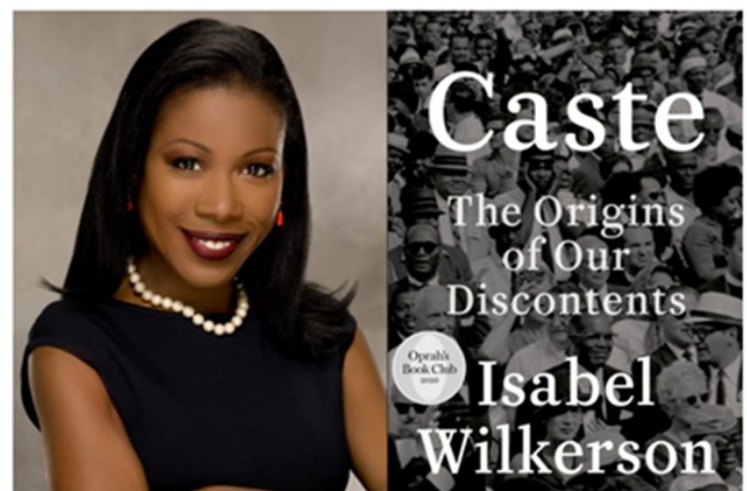
** While this will be an observed day for Academic areas, clinical operations necessitate that the University Medical Center remain open and that team members report to work as scheduled.*

The FM Diversity Committee is reading *Caste* together – Join us!

Join the FM Diversity Committee in reading *Caste* by Isabel Wilkerson. Pick up your copy and let Rollie Zumbrunn, committee chair, know you would like to be a part of the conversation.

If you would like support in acquiring your copy of the book, please reach out to Rollie at rz9t@virginia.edu.

Reading will begin soon so please be sure to let Rollie know if you are interested in joining.



Isabel Wilkerson is the author of the New York Times Bestseller "The Warmth of Other Suns." Her most recent work is called "Caste." COURTESY OF PENGUIN RANDOM HOUSE

Current FM Job Openings

Opportunities within UVA FM as of June 1, 2021:

- R0025312 Landscape Turf Supervisor
- R0025261 HVAC Assistant Mechanic
- R0025238 Custodial Services Supervisor, North Grounds Zone
- R0023447 HVAC Shift Mechanic, Central Grounds Zone
- R0025247 Environmental Remediation Tech
- R0025235 Roofer
- R0025262 Recycling Worker
- R0024978 Landscape & Grounds Worker
- R0025075 Assistant Director for Engineering and HS Renovations
- R0025028 HVAC Senior Assistant
- R0024632 BAS Project Coordinator
- R0024438 Trades Utilities Senior Worker
- R0024783 HVAC Mechanic
- R0024757 Instrumentation & Controls Technician
- R0024403 Electrical Engineer
- R0024455 Custodial Services Worker
- R0024087 Executive Assistant to the AVP/CFO
- R0024318 Custodial Services Supervisor, Evening Shift
- R0024368 Computer Help Desk Tech (Student Wage)
- R0022628 Assistant Director for Regulatory Compliance
- R0024090 Energy and Sustainability Engineer
- R0022674 HVAC Mechanic
- R0022573 Trades Utility Senior Worker
- R0022940 Plumber
- R0022696 Construction Superintendent
- R0019932 Licensed Tradespeople (HVAC, Electrical or Plumbing), Shift
- R0020254 Space Project Manager

To Review/Apply

Current UVA employees should search and apply for jobs using their existing [Workday account](#):

- Access Workday via Netbadge login: <https://bit.ly/2QhW1mt>
- Enter “Find Jobs” in the search bar to begin.
- Search the Find Jobs list by job title.

See UVA HR's [How to Apply: for Internal Candidates](#): <http://bit.ly/3ePAQ5s>

External applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

Questions on job listings should be directed to AskHR@virginia.edu

OCCUPATIONAL TRAINING

Managing a Cross-Functional Team

A cross-functional team is a group of people with different functional expertise working toward a common goal—and can include people from finance, marketing, operations, and human resources. Because everyone has their own priorities, cross-functional teams can be challenging to lead. Team demands compete with the day-to-day demands that team members face from their own departments, and the team leader often has to rely more on influence than direct control. In this course, **leadership trainer and executive coach Mike Figliuolo** outlines the skills needed to successfully manage a cross-functional team, explains how to communicate effectively with team members, and shares how to resolve conflict when it arises.

Join via Workday: <https://at.virginia.edu/2qz47c>

APPRENTICESHIP

APPLICATIONS ARE IN! INTERVIEWS ARE STARTING SOON

The Apprenticeship application for this year officially closed at midnight on May 31. Applications are now in review.

Phone interviews will begin the week of June 7. Four interviewers from across FM will be conducting these initial interviews to assess the applicants.

In-person interviews are projected to begin the week of June 21. A panel of six different interviewers will be conducting in person interviews.

Onboarding of the latest apprentice class should start in August 2021.

YOU ARE THE KEY TO DEFEATING COVID-19!

CRITICAL REMINDERS:

As a reminder, all UVA FM employees **MUST**:

- Cover coughs & sneezes.
- Wash hands
- Sanitize surfaces & tools frequently.
- **Whenever a passenger is in an FM vehicle, both the driver and passenger must wear face covers, outside air ventilation must be maximized, and windows must be opened a minimum of 3 inches. Make every effort to avoid having passengers in FM vehicles, including trucks, van, cars, Kubotas, and Gators.**
This is a requirement at the state level. Learn more: <https://at.virginia.edu/m2QZT2>

Bernie says!



June is FM's Heat Stress Awareness Month

Stay Hydrated!

- Drink before, during and after physical labor to replace body fluid lost in sweating.
- Anticipate conditions that will increase the need for water, including high temperature, humidity, protective clothing and difficulty of work.
- Keep in mind that by the time you are thirsty, you are already about 2% dehydrated. Once you are dehydrated, it's difficult to make up for that lost hydration.
- Drink 5 to 7 ounces of fluids every 15 to 20 minutes to ensure proper hydration.
- Keep individual containers of cool, clean water within easy reach at all times.
- Drink cool water, which is absorbed more quickly by the body than warm or very cold fluids.
- Avoid coffee, tea or soda, which act as diuretics, further depleting the body of fluid. Never drink alcohol while working.
- Even sedentary workers should drink eight 8-ounce servings of water every day.



OCCUPATIONAL HEALTH & SAFETY

RESPIRATOR FAQs

Do you wear a respirator? If so, how often or when should you change out your filters/cartridges?

1. That will depend on two things:
 - A. How long you are exposed to the hazard (**DURATION**)
 - B. How strong the hazard is (**CONCENTRATION**)
2. It is possible to go through a filter in **one shift**
3. It is also possible for 1 filter to last **several weeks**

Another consideration is the **shelf life** of the filter

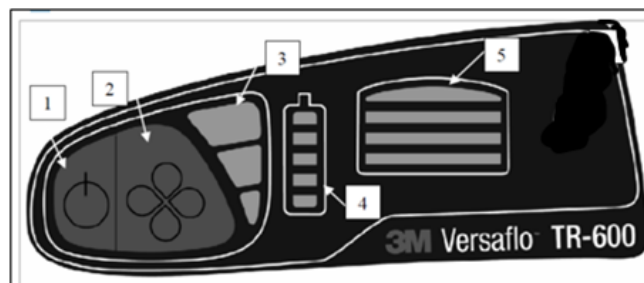
1. Most filters will have a **shelf life of around 5 years**
2. All filters should have a posted **expiration date** and possibly a **fabrication date** on the filter.

NOTES:

- You should not use an expired filter even if it is brand new.
- If a filter does not have an expiration date, reach out to the manufacturer with its serial number and ask about the fabrication date or expiration date of the filter. Recently, all filters must have an expiration date. If they do not have this, they are very old filters/cartridges.

Some indicators that a new filter is needed are:

1. **Breathing becomes increasingly difficult:** This means that the filter itself is getting clogged, restricting airflow
2. **You start to smell air contaminants:** This means that the chemical capture/neutralizing capabilities of the filter are spent, allowing chemicals to pass through the filter
3. **The filter becomes dirty or saturated with contaminants,** liquids, etc. This affects the integrity of the filter media
4. If you are wearing a powered air-purifying respirator (PAPR) and the blower has a filter saturation indicator, the indicator will alarm you when the filter/cartridge is saturated.



1. On/Off button
2. Flow control button
3. Flow level/alarm indicator
4. Battery charge status level/alarm indicator
5. Filter loading/alarm indicator

OCCUPATIONAL HEALTH & SAFETY

FINDING FULL DUMPSTERS ON GROUNDS? REPORT IT!

Call 434-982-5050 and leave a voicemail to report dumpsters that are at or near capacity.

Dorm areas have reduced or eliminated trash service due to students leaving. UVA FM can have someone service the area before it becomes a dangerous overflow issue.

RED WING SHOE TRUCK

The Red Wing Shoe Truck is returning to Grounds on June 22!

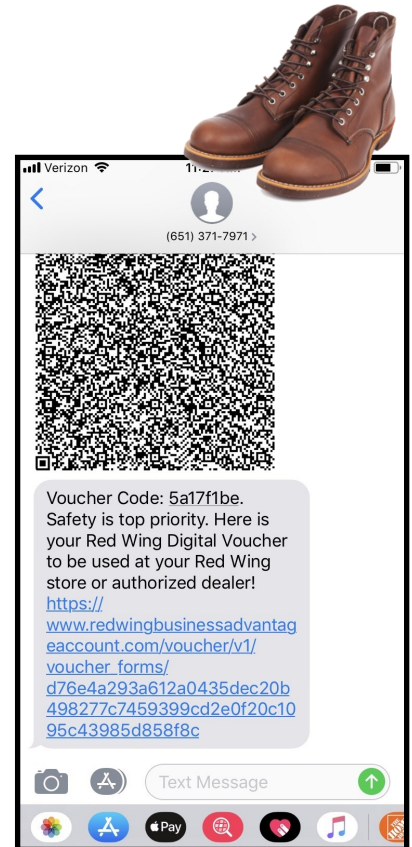
UPDATES to the Shoe Truck Process:

- FM employees can visit the shoe truck by appointment ONLY. Once your shoe voucher request is complete, you will receive an email from FM OHS Shoe Request <fmweb@virginia.edu> with the link to make an appointment.
- **Only one FM employee at a time** is allowed on the truck.
- **Face covers are required at all times** on the shoe truck and must cover your nose and mouth, regardless of vaccination status.

Routine Reminders:

- Employees needing safety shoes need to submit a request via the online portal: <https://at.virginia.edu/FMShoeRequest>
- If your shoe order is taking more than **10 days**, email FM-OHS@virginia.edu to follow up.
- **Vouchers** will be released weekly via email and text (if available).

View the latest updates to the shoe program: <http://bit.ly/FM-PPE>



IT'S EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!

Make your plan today.

Schedule your vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:
<https://at.virginia.edu/MU5RI9>
- UVA Health: <https://at.virginia.edu/COog39>

OR

Plan to visit a [walk-in clinic](#) (page 12).

Use your [PHEL](#) for any time away from work.

Need Help?

Call 877-829-4682

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

**Open Monday-Saturday,
from 8 a.m. to 6 p.m.**

OCCUPATIONAL HEALTH & SAFETY

COVID-19: WE ARE NEARLY THERE!

What does this mean for you?

- Keep doing what you're doing — Wash your hands, keep your distance, don't report to work if you're sick, and wear your face cover if you are unvaccinated. (Vaccinated individuals are also still required to wear a face cover in some settings.) This is stopping the virus spread and keeping the cases dropping!
- Schedule your vaccine using any of the resources below:
 - [Vaccines.gov](https://www.vaccines.gov)
 - Blue Ridge Health District: <https://register.vams.cdc.gov/?jurisdiction=BR>
 - UVA Health: <https://myshot.healthsystem.virginia.edu/mychart/openscheduling?specialty=9&hidespecialtysection=1>
- Help your family members and friends get vaccinated using the links above. Vaccines are **FREE** and help protect you from the coronavirus. *The Pfizer vaccine has now been approved for individuals 12 and older.*
- UVA may continue restrictions for somewhat longer to ensure community cases remain low.

FREE COVID-19 TESTING RESOURCES FOR UVA FM EMPLOYEES

UVA will begin to require prevalence testing later this summer for employees who have not been vaccinated in order to prevent the asymptomatic spread of the virus that causes COVID-19. Some FM departments are already requiring this. *If you have already had COVID-19, you are exempt from testing for **90 days** after you have recovered.*

If you have illness or symptoms: Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

If you are not experiencing symptoms:

- Let's Get Checked at-home kit:
<https://www.letsgetchecked.com/us/en/order-form/verification/>
- Saliva testing at the Student Activities Building, **by appointment ONLY:**
 - Make an appointment: <https://time2test.sites.virginia.edu/>
(log in with Netbadge.)
 - See sites & hours: <https://besafe.virginia.edu/testing-sites-and-hours>

If you think you have been exposed, but aren't having symptoms, reach out to Employee Health for testing and/or guidance at 434-924-2013.

COVID-19 VACCINES available for use in the United States

- There are **three COVID-19 vaccines** currently available for use in the United States. All three vaccines will greatly reduce your chances of getting COVID-19 and will ensure that if you do get the virus, you will have only mild symptoms or none at all.
- The **best vaccine for you is the one you can get first**.
- We are still learning how well the vaccines prevent the spread of COVID-19 and how long protection from the vaccine lasts. After you are vaccinated, it is important that you continue to wear a mask, watch your distance and wash your hands often until we can get more people vaccinated.



Vaccine Manufacturer	Pfizer-BioNTech	Moderna	Johnson & Johnson (Janssen)
How it works	Delivers genetic material (mRNA) that tells the body how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.	Delivers genetic material (mRNA) that tells the body how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.	Uses a virus (adenovirus) that can't replicate or harm the body to carry information to cells about how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.
Who can get this vaccine?¹	People 16 years of age and older	People 18 years of age and older	People 18 years of age and older
How many doses are needed?	Two doses , ideally 21 days apart	Two doses , ideally 28 days apart	One dose
When do I get my second dose?	21 days after the first dose The second dose can be given up to 4 days earlier than the recommended date or up to 42 days after the first dose and still be considered valid. ²	28 days after the first dose The second dose can be given up to 4 days earlier than the recommended date or up to 42 days after the first dose and still be considered valid. ²	Not applicable
When will I be fully protected?	14 days after your second dose	14 days after your second dose	14 days after you get the vaccine
Common side effects after vaccine	Injection site reactions: pain, redness of the skin and swelling General side effects: tiredness, headache, muscle pain, chills, joint pain, fever, nausea, swollen lymph nodes	Injection site reactions: pain, tenderness and swelling of the lymph nodes in the same arm of the injection, swelling, and redness General side effects: fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever	Injection site reactions: pain, redness of the skin and swelling General side effects: headache, feeling very tired, muscle aches, nausea, and fever
What to do if I don't feel well?	Remember to sign up for v-safe , where you can use your smartphone to tell CDC about any side effects after getting a COVID-19 vaccine. To reduce pain and discomfort where you got the shot, apply a clean, cool, wet washcloth over the area and use or exercise your arm. To reduce discomfort from fever, drink plenty of fluids, dress lightly and rest. If you have persistent pain or other discomfort, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen. In most cases, discomfort from fever or arm pain or swelling where you got the shot will not last more than a few days after a COVID-19 vaccine dose. Contact your doctor or healthcare provider if the redness or tenderness where you got the shot increases after 24 hours or if your side effects are worrying you or do not seem to be going away after a few days.		



**VACCINATE
VIRGINIA**

Learn more at [Vaccinate.Virginia.gov](https://www.vaccinate.virginia.gov) or call 1-877-VAX-IN-VA.

Footnotes:

1. Persons with a history of severe allergic reaction (e.g., anaphylaxis) or immediate allergic reaction to a previous dose of COVID-19 vaccine or who have a known (diagnosed) allergy to a component of a vaccine, should not get the vaccine. Talk to your healthcare provider to discuss your options.
2. If the second dose of a two-dose vaccine is administered outside of this timeframe, consult with your healthcare provider.



VDH VIRGINIA
DEPARTMENT
OF HEALTH

COVID-19 VACCINE WALK-IN AVAILABILITY

June 2021



Weekly Walk-ins

JCPenney in Charlottesville (J&J, Moderna, Pfizer)

- 1639 Rio Rd E | 434.972.6261
- Mon. | 5:00PM-7:00PM
- Tues-Thur | 9:30AM-3:30PM



Walmart in Charlottesville (J&J, Pfizer)

- 975 Hilton Heights Rd | 434.973.1412
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-1:30PM, 2PM-7PM
- Mon/Wed/Thur/Fri/Sat | 9AM-1:30PM, 2PM-7PM



Walmart in Ruckersville (J&J, Pfizer)

- 135 Stoneridge Dr N | 434.990.6013
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-1:30PM, 2PM-7PM
- Mon/Wed/Thur/Fri/Sat | 9AM-1:30PM, 2PM-7PM

Walmart in Zion Crossroads (Moderna, J&J, Pfizer)

- 164 Camp Creek Pkwy | 540.832.1259
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-7PM
- Mon./Wed./Thur./Fri. | 9AM-7PM
- Sat. | 9AM-1:30PM, 2PM-7PM



Sam's Club in Charlottesville (Moderna)

- 970 Hilton Heights Rd | 434.978.2122
- Mon.-Fri. | 9AM-1:30PM, 2PM-7PM
- Sat. | 9AM-1:30PM, 2PM-6PM

Parkway Pharmacy in Crozet (J&J)

- 5771 The Square | 434.823.6337
- Mon./Tues./Thur./Fri. | 9AM-6PM



Your Scottsville Pharmacy (J&J, Moderna)

- 295B E Main St | 434.286.6009
- Mon.-Fri. | 10AM-5PM
- Sat. | CALL FOR AVAILABILITY

CALL
BEFORE
VISITING

Top Notch Family Pharmacy in Charlottesville (J&J)

- 943 Preston Ave | 434.995.5595
- Mon./Fri. | 12PM-5:30PM

SPECIAL EVENTS

6/3 WILLIAM MONROE HIGH SCHOOL
Pfizer
254 Monroe Dr
10AM-12PM

6/5 LOUISA NEW METAL GYM
Johnson & Johnson
1015 Davis Hwy
10AM-11AM

6/16 LOUISA NEW METAL GYM
Pfizer
1015 Davis Hwy
10AM-2:30PM

6/17 NELSON COMMUNITY CENTER
Moderna, Pfizer
8445 Thomas Nelson Hwy
10AM-2PM

6/19 WILLIAM MONROE HIGH SCHOOL
J&J, Pfizer, Moderna
254 Monroe Dr
10AM-12PM

6/26 MINERAL BAPTIST CHURCH
Johnson & Johnson
51 Louisa Ave
10AM-11AM

Questions about these events? Call our COVID-19 hotline.

434.972.6261

blueridgecovid.org



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.



June 11: King Kamehameha Day

June 12: Philippines Independence Day 🇵🇭



June 13: National Sewing Machine Day



June 14: Flag Day

June 15: National Photography Day 📷



June 16: National Fudge Day

June 17: National Eat Your Vegetables Day



June 18: International Picnic Day 🧺