

# The Occupational Programs Weekly Wrap Up

UVA Facilities Management

05.28.2021

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### **APPRENTICESHIP**

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- Proper Propane Tank Disposal
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- Local & National Information & Resources on Vaccines
- About the Different Vaccines Available in the US
- Local Walk-In Vaccine Clinics

### **OCCUPATIONAL TRAINING**

- Current FM Job Openings



***and as always,  
Reasons to Celebrate!***

## **It's EASIER THAN EVER TO GET YOUR COVID-19 VACCINE!**



**Make your plan today.**

Schedule your vaccine using any of the resources below:

- [Vaccines.gov](https://www.vaccines.gov)
- Blue Ridge Health District:  
<https://at.virginia.edu/MU5RI9>
- UVA Health: <https://at.virginia.edu/C0og39>

OR

Plan to visit a [walk-in clinic](#) (page 11).

[Use your PHEL](#) for any time away from work.

### **Need Help?**

**Call 877-829-4682**

to help you find available vaccination clinics near you, answer questions about vaccination and other COVID-19 topics, and more.

Open Monday-Saturday,  
from 8 a.m. to 6 p.m.

## **APPRENTICESHIP**

### **CONGRATULATIONS TO OUR CATEC COMPLETERS!**

On June 2, at 7:00 PM CATEC will be celebrating the following UVA FM apprentice completers' end of classroom training on their [YouTube channel](#):

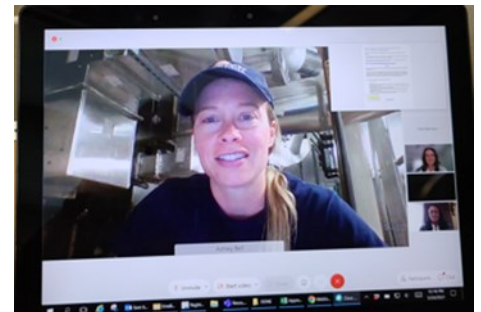
- Justin Golladay – Electrical
- Nathan Henderson – Electrical
- Tim Griffith – Electrical
- Donita Wagley – Plumbing
- Stephen Allen – Plumbing
- Luke Henry – Plumbing
- Jake Tolbert – Plumbing
- Trevor Martin – HVAC
- Markel Randolph – HVAC
- Texil Pyle – Carpentry
- Tracy Porter – Carpentry



All UVA FM Apprentices are currently enrolled in CATEC. This ceremony will mark the completion of apprentices' classroom training. Their on-the-job training hours will be fulfilled later this summer, when they will then become official graduates of the UVA Apprenticeship Program. Tune in to watch Wednesday at 7 PM: <https://at.virginia.edu/j3hHsS>

### **SPECIAL THANKS: BRITTANY COLLIER & ASHLEY BELL**

Apprentices Brittany Collier (rising 4th year electrical) and Ashley Bell (rising 3rd year HVAC) were panelists for DOLI's Brown Bag Lunch Series "Women and Registered Apprenticeship – Ask a Tradeswoman! Meet Women of the Construction and Building Trades Industries" on May 25th. Eighty participants joined four women working in the Construction and Building Trades industries for a panel discussion on being a woman in these industries and how Registered Apprenticeship can help reshape the mold of what a "Construction Worker" looks like. The panelists gave an inside look at how women's lives have been impacted by Registered Apprenticeship and the highs and lows of an environment traditionally dominated by men.



Ashley Bell, University of Virginia Heating and Air Conditioning Apprentice – Rising 3rd year Apprentice helping to keep students and staff cool and comfortable.

### **THERE'S STILL TIME! APPLICATIONS OPEN UNTIL MAY 30!**

Two trades tracks are available:

- Licensed Trades: Plumbing ▪ Electrical ▪ HVAC
- Non-licensed Skilled Trades: Carpentry ▪ Masonry



No trades experience required. Information on the application process and links to the applications can be found online at <https://apprenticeship.fm.virginia.edu/application.html>

## DIVERSITY, EQUITY & INCLUSION

### Remembering the Tulsa Race Massacre: May 31– June 1, 1921

The 1921 Attack on the Greenwood was one of the most significant events in Tulsa's history. Following World War I, Tulsa was recognized nationally for its affluent African American community known as the Greenwood District. This thriving business district and surrounding residential area was referred to as "Black Wall Street." In June 1921, a series of events nearly destroyed the entire Greenwood area.



This photograph, taken June 1, 1921, shows black detainees being led to Convention Hall following a race riot in Tulsa, Okla. The photo is part of a collection at The University of Tulsa. Department Of Special Collections, The University Of Tulsa

In the early morning hours of June 1, 1921, Greenwood was looted and burned by white rioters. Governor Robertson declared martial law, and National Guard troops arrived in Tulsa. Guardsmen assisted firemen in putting out fires, took African Americans out of the hands of vigilantes and imprisoned all black Tulsans not already interned. Over 6,000 people were held at the Convention Hall and the Fairgrounds, some for as long as eight days.

Twenty-four hours after the violence erupted, it ceased. In the wake of the violence, 35 city blocks lay in charred ruins, more than 800 people were treated for injuries and contemporary reports of deaths began at 36. Historians now believe as many as 300 people may have died.

In order to understand the Tulsa Race Massacre, it is important to understand the complexities of the times. Dick Rowland, Sarah Page and an unknown gunman were the sparks that ignited a long smoldering fire. Jim Crow, jealousy, white supremacy, and land lust, all played roles in leading up to the destruction and loss of life on May 31 and June 1, 1921.

Read more: <https://www.tulsaohistory.org/exhibit/1921-tulsa-race-massacre/#flexible-content>

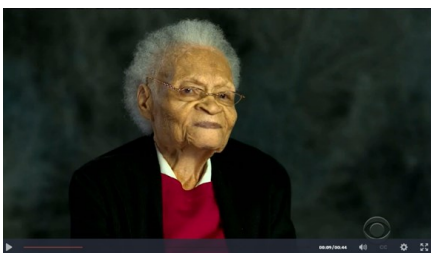
Oklahoma Historical Society:

<https://www.okhistory.org/publications/enc/entry.php?entry=TU013>

### From Grandfather to Grandson, the lessons of the Tulsa Race Massacre

Gregory Fairchild, the *Isidore Horween Research Associate Professor of Business Administration* at the University of Virginia's Darden School of Business, wrote this piece for The Conversation, reflecting on his grandfather's experience 100 years ago in Tulsa and his own work on the economic and social effects of segregation: <https://at.virginia.edu/P03XmA>

### "Tulsa 1921: An American Tragedy" Airs May 31



Survivors of the Tulsa race massacre share their memories of Greenwood before a White mob attacked the affluent community 100 years ago in "Tulsa 1921: An American Tragedy." The special airs Monday, May 31 at 10 p.m. ET on CBS.

Watch: <https://at.virginia.edu/rXUaJE>

**More from FM Diversity, Equity & Inclusion >>>**

## DIVERSITY, EQUITY & INCLUSION (CONTINUED)

### June is LGBTQ Pride Month

Living with Pride: Ruth C. Ellis  
@100

Free Film Screening & Discussion  
Saturday, June 26, 6:30-8:30 pm

Register:

<https://at.virginia.edu/LvEfCO>

June is Pride month and the Jefferson-Madison Regional Library (JMRL), Cville Pride, and the UVA LGBT Committee for Faculty and Staff are inviting you to celebrate with us virtually this year!

**How can you participate?** Join us for a live streaming (via Zoom) of the classic documentary [Living with Pride: Ruth C. Ellis @ 100](#) at 6:30pm, followed by a Q&A immediately afterward with director and producer Yvonne Welbon. Living with Pride is the inspiring story of activist Ruth Ellis. Born July 23, 1899, Ruth Ellis was thought to be the oldest "out" African American lesbian. Her story offers a rare opportunity to experience a century of our history as lived by one inspiring woman.

This virtual program can be accessed both by Zoom online or a toll-free phone number.

Sign up at [www.jmrl.org](http://www.jmrl.org) or call 434.973.7893 x4.

Thank you to the Jefferson-Madison Regional Library for its continued support of the LGBTQ community.

### 'Just in case', by A.D. Carson, UVA assistant professor of hip-hop

"A few years back, when I called Clemson, South Carolina home, I drafted a letter to my mother – "just in case" – leaving her instructions in the event of my death. As a Black man living in these United States of America, the general possibility of being found dead, unexpectedly, with no explanation or rationale, has never seemed outside the realm of possibility."

If I die  
in police custody,  
please ask questions  
because, though I sometimes speak out of turn  
& ask "why?" more often than some folks care to entertain,  
I don't see me leaving an exchange with an officer so  
depressed & disconcerted that it would make  
me take me away from you.  
If you're told I resisted, please ask for evidence...

Read more: <https://at.virginia.edu/uE3ezb>



## OCCUPATIONAL HEALTH & SAFETY

***Bernie says!***

### **Use Your Fall Protection!**



***Reminder:***  
*All fall protection equipment must be inspected annually by your group's fall protection competent person.*

Questions about fall protection? [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu)

## OCCUPATIONAL HEALTH & SAFETY REMINDER: PROPANE TANK DISPOSAL



Propane tanks are never to be discarded or recycled through UVA Recycling.

If you have propane tanks or aerosol cans to be discarded or recycled, reach out to UVA Environmental Health and Safety (EHS) to schedule a waste pickup:

- Online: <https://researchcompliance.web.virginia.edu/wpr/> (Netbadge login required)
- By Phone: 434-982-4911

If you have questions about what can be recycled at UVA, contact Vic Martin, UVA FM Recycling Supervisor at [vem8n@virginia.edu](mailto:vem8n@virginia.edu) or 434-566-7020

## FINDING FULL DUMPSTERS ON GROUNDS? REPORT IT!

Call 434-982-5050 and leave a voicemail to report dumpsters that are at or near capacity.

Dorm areas have reduced or eliminated trash service due to students leaving. UVA FM can have someone service the area before it becomes a dangerous overflow issue.

## RED WING SHOE TRUCK

The Red Wing Shoe Truck is returning to Grounds on June 8!

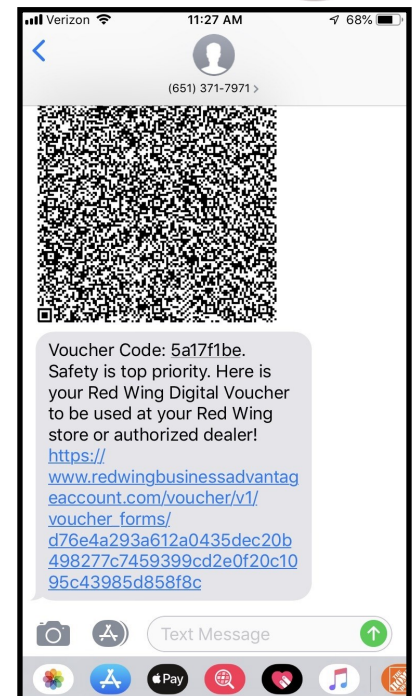


### UPDATES to the Shoe Truck Process:

- FM employees can visit the shoe truck by appointment ONLY. Book your time now for June 8: <https://redwingcharlottesville.com/uva>
- Only one FM employee at a time is allowed on the truck.
- Face covers are required at all times on the shoe truck and must cover your nose and mouth, regardless of vaccination status.

### Routine Reminders:

- Employees needing safety shoes need to submit a request via the online portal: <http://bit.ly/FM-PPE>
- If your shoe order is taking more than 10 days, email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) to follow up.
- Vouchers will be released weekly via email and text (if available).



View the latest updates to the shoe program online at <http://bit.ly/FM-PPE>

## OCCUPATIONAL HEALTH & SAFETY

### COVID-19: WE ARE NEARLY THERE!

#### What does this mean for you?

- Keep doing what you're doing — Wash your hands, keep your distance, don't report to work if you're sick, and wear your face cover if you are unvaccinated. (Vaccinated individuals are also still required to wear a face cover in some settings.) This is stopping the virus spread and keeping the cases dropping!
- Schedule your vaccine using any of the resources below:
  - [Vaccines.gov](https://www.vaccines.gov)
  - Blue Ridge Health District: <https://register.vams.cdc.gov/?jurisdiction=BR>
  - UVA Health: <https://myshot.healthsystem.virginia.edu/mychart/openscheduling?specialty=9&hidespecialtysection=1>
- Help your family members and friends get vaccinated using the links above. Vaccines are **FREE** and help protect you from the coronavirus. *The Pfizer vaccine has now been approved for individuals 12 and older.*
- UVA may continue restrictions for somewhat longer to ensure community cases remain low.

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### FREE COVID-19 TESTING RESOURCES FOR UVA FM EMPLOYEES

UVA will begin to require prevalence testing later this summer for employees who have not been vaccinated in order to prevent the asymptomatic spread of the virus that causes COVID-19. Some FM departments are already requiring this. *If you have already had COVID-19, you are exempt from testing for **90 days** after you have recovered.*

**If you have illness or symptoms:** Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

**If you are not experiencing symptoms:**

- Let's Get Checked at-home kit:  
<https://www.letsgetchecked.com/us/en/order-form/verification/>
- Saliva testing at the Student Activities Building, **by appointment ONLY:**
  - Make an appointment: <https://time2test.sites.virginia.edu/> (log in with Net-badge.)
  - See sites & hours: <https://besafe.virginia.edu/testing-sites-and-hours>

**If you think you have been exposed, but aren't having symptoms,** reach out to Employee Health for testing and/or guidance at 434-924-2013.

# ***The vaccine is here!***



This is an important step to protecting yourself from the coronavirus that causes COVID-19. You are considered protected 2-4 weeks after your final dose of the vaccine. However, you must still practice physical distancing, wear your face covering, check in with HOOS Health Check, and wash your hands in order to protect those who have not yet received a vaccine.

If you haven't made an appointment or started your vaccine through UVA, register at [vaccinate.virginia.gov](https://vaccinate.virginia.gov) or call 877-829-4682



## **Employees can use PHEL to receive their COVID-19 Vaccine.**

UVA's Public Health Emergency Leave (PHEL) is now approved for use if employees have to take time away from work to receive a COVID-19 vaccine (either dose), in addition to being available for quarantine & recovery from COVID-19. PHEL can be accessed under *Occasional Time Off* in the Workday time off/absence request area. Contact UVA FM's HR Business Partners for more information: <https://www.fm.virginia.edu/employees/hrforms.html>

## **About the Vaccine & More Resources:**



FAQs, accurate information, and about the national vaccination program from the CDC: <http://bit.ly/39vLLgj>



The Virginia Department of Health's Vaccination Response page: <http://bit.ly/3bR46Hx>

**[BlueRidgeCOVID.org](https://www.blueridgecovid.org)**: This website serves as a portal for COVID-19 resources within the Blue Ridge Health District and includes information on vaccine appointments, Frequently Asked Questions, job opportunities, case counts and vaccine dashboards, and more. Easy-to-follow icons guide users to a number of resources from the Blue Ridge Health District, Virginia Department of Health, and community partners. *Launched by the Blue Ridge Health District in partnership with Red Light Management, this website is available in both English and Spanish.*



**v-safe<sup>SM</sup>**  
after vaccination  
health checker

Anyone receiving their first dose of the COVID-19 vaccine is encouraged to join **v-safe**, a smartphone-based tool by the CDC that gives you personalized health check-ins after you receive a COVID-19 vaccine.

Learn more: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>

**Be sure to respond to take advantage of the COVID-19 vaccine once it is made available to you. Everyone 12 years and older is now eligible for a vaccine.**

# COVID-19 VACCINES available for use in the United States

- There are three COVID-19 vaccines currently available for use in the United States. All three vaccines will greatly reduce your chances of getting COVID-19 and will ensure that if you do get the virus, you will have only mild symptoms or none at all.
- The best vaccine for you is the one you can get first.
- We are still learning how well the vaccines prevent the spread of COVID-19 and how long protection from the vaccine lasts. After you are vaccinated, it is important that you continue to wear a mask, watch your distance and wash your hands often until we can get more people vaccinated.



Vaccine Manufacturer	Pfizer-BioNTech	Moderna	Johnson & Johnson (Janssen)
<b>How it works</b>	Delivers genetic material (mRNA) that tells the body how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.	Delivers genetic material (mRNA) that tells the body how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.	Uses a virus (adenovirus) that can't replicate or harm the body to carry information to cells about how to produce the coronavirus spike protein. The immune system reacts to the spike protein and builds a defense against it.
<b>Who can get this vaccine?<sup>1</sup></b>	People <b>16 years</b> of age and older	People <b>18 years</b> of age and older	People <b>18 years</b> of age and older
<b>How many doses are needed?</b>	<b>Two doses</b> , ideally 21 days apart	<b>Two doses</b> , ideally 28 days apart	<b>One dose</b>
<b>When do I get my second dose?</b>	<b>21 days after the first dose</b>  The second dose can be given up to 4 days earlier than the recommended date or up to 42 days after the first dose and still be considered valid. <sup>2</sup>	<b>28 days after the first dose</b>  The second dose can be given up to 4 days earlier than the recommended date or up to 42 days after the first dose and still be considered valid. <sup>2</sup>	<b>Not applicable</b>
<b>When will I be fully protected?</b>	<b>14 days</b> after your second dose	<b>14 days</b> after your second dose	<b>14 days</b> after you get the vaccine
<b>Common side effects after vaccine</b>	<b>Injection site reactions:</b> pain, redness of the skin and swelling  <b>General side effects:</b> tiredness, headache, muscle pain, chills, joint pain, fever, nausea, swollen lymph nodes	<b>Injection site reactions:</b> pain, tenderness and swelling of the lymph nodes in the same arm of the injection, swelling, and redness  <b>General side effects:</b> fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever	<b>Injection site reactions:</b> pain, redness of the skin and swelling  <b>General side effects:</b> headache, feeling very tired, muscle aches, nausea, and fever
<b>What to do if I don't feel well?</b>	Remember to sign up for <a href="#">v-safe</a> , where you can use your smartphone to tell CDC about any side effects after getting a COVID-19 vaccine.  To reduce pain and discomfort where you got the shot, apply a clean, cool, wet washcloth over the area and use or exercise your arm. To reduce discomfort from fever, drink plenty of fluids, dress lightly and rest. If you have persistent pain or other discomfort, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.  In most cases, discomfort from fever or arm pain or swelling where you got the shot will not last more than a few days after a COVID-19 vaccine dose. Contact your doctor or healthcare provider if the redness or tenderness where you got the shot increases after 24 hours or if your side effects are worrying you or do not seem to be going away after a few days.		



**VACCINATE  
VIRGINIA**

Learn more at [Vaccinate.Virginia.gov](https://www.vaccinatevirginia.gov) or call 1-877-VAX-IN-VA.

**Footnotes:**

1. Persons with a history of severe allergic reaction (e.g., anaphylaxis) or immediate allergic reaction to a previous dose of COVID-19 vaccine or who have a known (diagnosed) allergy to a component of a vaccine, should not get the vaccine. Talk to your healthcare provider to discuss your options.
2. If the second dose of a two-dose vaccine is administered outside of this timeframe, consult with your healthcare provider.



**VDH** VIRGINIA  
DEPARTMENT  
OF HEALTH

# COVID-19 VACCINE WALK-IN AVAILABILITY

May 2021

## Weekly Walk-ins



### JCPenney in Charlottesville (J&J, Moderna, Pfizer)

- 1639 Rio Rd E | (434) 972-6261
- Mon. | 4:30PM-7:30PM
- Tues/Thur | 10AM-11:30AM, 12:30PM-2:30PM



### Walmart in Charlottesville (Moderna, J&J)

- 975 Hilton Heights Rd | (434) 973-1412
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-1:30PM, 2PM-6PM
- Mon/Wed/Thur/Fri/Sat | 9AM-1:30PM, 2PM-7PM



### Walmart in Ruckersville (Moderna, J&J)

- 135 Stoneridge Dr N | (434) 990-6013
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-1:30PM, 2PM-7PM
- Mon/Wed/Thur/Fri/Sat | 9AM-1:30PM, 2PM-7PM

### Walmart in Zion Crossroads (Moderna, J&J)

- 164 Camp Creek Pkwy | (540) 832-1259
- Sun. | 10AM-1:30PM, 2PM-6PM
- Tues. | 6AM-7PM
- Mon./Wed./Thur./Fri. | 9AM-7PM
- Sat. | 9AM-1:30PM, 2PM-7PM



### Sam's Club in Charlottesville (J&J, Moderna)

- 970 Hilton Heights Rd | (434) 978-2122
- Mon.-Fri. | 9AM-1:30PM, 2PM-7PM
- Sat. | 9AM-1:30PM, 2PM-7PM

### Parkway Pharmacy in Crozet (J&J)

- 5771 The Square | (434) 823-6337
- Mon./Tues./Thur./Fri./Sun | 9AM-6PM



### Your Scottsville Pharmacy (J&J, Moderna)

- 295B E Main St | (434) 286-6009
- Mon.-Fri. | 9AM-6PM
- Sat. | 9AM-1PM

CALL  
BEFORE  
VISITING

### Top Notch Family Pharmacy in Charlottesville (J&J)

- 943 Preston Ave | (434) 995-5595
- Mon./Fri. | 12PM-6PM

## SPECIAL EVENTS

### 5/12 SUNRISE PARK COMMUNITY CENTER

Pfizer 3PM-7:30PM  
1412 Carlton Ave

### 5/13 GRACE EPISCOPAL CHURCH

Johnson & Johnson 10AM-2PM  
1934 Crabtree Falls Hwy

### 5/22 WILLIAM MONROE HIGH SCHOOL

Moderna 10AM-2PM  
254 Monroe Dr

### 5/27 NELSON COMMUNITY CENTER

Moderna, Pfizer 10AM-2PM  
8445 Thomas Nelson Hwy

### 5/27 TUCKAHOE COMMUNITY CENTER

Johnson & Johnson 9:30AM-11:30AM  
443 Monacan Dr

### 5/28 CARYSBROOK RECREATION CENTER

Moderna 10AM-2PM  
8788 James Madison Hwy

Questions about these events?  
Call our COVID-19 hotline.

(434) 972-6261

**blueridgecovid.org**

## Current FM Job Openings

*Opportunities within UVA FM as of May 27, 2021:*

- R0024632 **BAS Project Coordinator**
- R0024438 **Trades Utilities Senior Worker**
- R0024783 **HVAC Mechanic**
- R0024757 **Instrumentation & Controls Technician**
- R0024403 **Electrical Engineer**
- R0024402 **Power & Light Manager**
- R0024455 **Custodial Services Worker**
- R0024087 **Executive Assistant to the AV-P/CFO**
- R0023930 **Apprentice – Plumbing, Electrical or HVAC**
- R0023928 **Apprentice – Carpentry or Masonry**
- R0024318 **Custodial Services Supervisor, Evening Shift**
- R0024368 **Computer Help Desk Tech (Student Wage)**
- R0022628 **Assistant Director for Regulatory Compliance**
- R0024090 **Energy and Sustainability Engineer**
- R0023447 **HVAC Shift Mechanic, Central Grounds Zone**
- R0022674 **HVAC Mechanic**
- R0022915 **Trades Utility Senior Worker**
- R0022940 **Plumber**
- R0022696 **Construction Superintendent**
- R0022691 **Elevator Assistant Mechanics**
- R0019932 **Licensed Tradespeople (HVAC, Electrical or Plumbing), Shift**
- R0020254 **Space Project Manager**

## To Review/Apply

Current UVA employees should search and apply for jobs using their existing **Workday account**:

- **Access Workday** via Netbadge login: <https://bit.ly/2QhW1mt>
- Enter “**Find Jobs**” in the search bar to begin.
- **Search the Find Jobs list** by job title.

**See UVA HR’s How to Apply: for Internal Candidates**: <http://bit.ly/3ePAQ5s>

**External applicants** (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

**Questions on job listings should be directed to [AskHR@virginia.edu](mailto:AskHR@virginia.edu)**



# let's celebrate!

*Reasons to celebrate are all around us!*

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**May 28: National Heat Awareness Day** 🌞

🍂 **May 29: Learn About Composting Day**

**May 30: National Creativity Day** 🎨

**May 31: National Save Your Hearing Day** 🦻

✉️ **June 1: Pen Pal Day**

**June 2: Global Running Day** 🏃

🚴 **June 3: World Bicycle Day**

**June 4: National Cheese Day** 🧀