

The Occupational Programs Weekly Wrap Up

UVA Facilities Management

3.26.2021

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*and as always,
Reasons to Celebrate!*

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OCCUPATIONAL TRAINING

EPA Section 608 Universal Certification Zoom Session

Professional development opportunity for HVAC Mechanics interested in obtaining their EPA Section 608 Certification in Types I, II, and III air conditioning and refrigeration systems. Instruction will be provided via Zoom session and hosted by Charlottesville-Albemarle Technical Education Center (CATEC). Minimum class size for enrollment is six participants. Cost is \$125 per attendee. Education Benefit submission assistance is available by request.

Contact FM-Training@virginia.edu for more information.

Tech Tip of the Week: Responding to Outlook Invitations

Using the “Do Not Send a Response” option when responding to a calendar invitation will not only not notify the invitation host of your response, **it will also not notify the invitation host that you have responded at all.** If you would like to ensure an invitation host knows of your intention to join a meeting or event, make sure to **send a response** when answering your attendance!



Current FM Job Openings

Opportunities within UVA FM as of March 25, 2021.

- R0022915 - Trades Utility Senior Worker
- R0022940 – Plumber
- R0022786 – Electrician
- R0022696 - Construction Superintendent
- R0019932 - Licensed Tradespeople (HVAC, Electrical or Plumbing), Shift
- R0022572 - Shift Trades Utility Sr Worker
- R0022573 - Trades Utility Senior Worker
- R0022674 - HVAC Mechanic
- R0022676 - Senior HVAC Mechanic
- R0022698 - Carpenter
- R0022786 - Electrician
- R0022684 - Custodial Supervisor
- R0022578 - Assistant Dir. of Regulatory Compliance
- R0022691 - Elevator Assistant Mechanic
- R0022884 - Mech. Engineering Associate

To Review/Apply

Current UVA employees should search and apply for jobs using their existing **Workday account**:

- Access Workday via Netbadge login: <https://bit.ly/2QhW1mt>
- Enter “Find Jobs” in the search bar to begin.
- Search the Find Jobs list by job title.

See UVA HR’s **How to Apply: for Internal Candidates**: <http://bit.ly/3ePAQ5s>

External applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:
<https://uva.wd1.myworkdayjobs.com/UVAJobs>



DIVERSITY, EQUITY & INCLUSION

Anti-Asian Violence Resources

- 40% of U.S. adults believe "it has become more common for people to express racist views toward Asians since the pandemic began" (Source: Pew Research)

Since COVID-19 became news in the United States, hate speech and violence against the AAPI community has run rampant and anti-Asian racism and violent attacks on Asian elderly have only increased in recent months.

Learn more to educate, become an ally, donate, and report an incident:

<https://anti-asianviolenceresources.carrd.co/>

New Documentary Film on the Blue Ridge Railroad Tunnel



Approximately 800 Irish men and boys labored to build the Blue Ridge Tunnel and 13 died. A new 35-minute documentary tells the story of its creation and re-creation.

Click here to learn more and watch the documentary:

<https://virginiahumanities.org/2021/03/new-documentary-film-on-the-blue-ridge-railroad-tunnel/>

Inclusive Excellence Survey results are POSTED!

In September 2020, a Facilities Management Inclusive Excellence Planning Team was assembled from across the organization to help craft FM's Inclusive Excellence plan through an organization-wide survey. **More than 900** anonymous responses were received from FM employees. This data is part of the ongoing Inclusive Excellence conversations where we all start to listen, be heard, and craft the changes we want to see.

From these results the FM Inclusive Excellence planning team crafted an Inclusive Excellence action plan which was reviewed by FM leadership and sent to Colette Sheehy, Senior Vice President for Operations. From there, it will be sent to Rachel Spraker's office, Senior Director for Equity and Inclusive Excellence for review. See the results: <https://bit.ly/FM-DEI-IE>

THANK YOU

for taking the time to participate in FM's 2021 Inclusive Excellence Survey.

More than 900 anonymous responses were received!

SEE THE **RESULTS AND COMMENTS** HERE:

[diversity.fm.virginia.edu/inclusive-excellence](https://bit.ly/FM-DEI-IE)

More from FM Diversity, Equity & Inclusion >>>

DIVERSITY, EQUITY & INCLUSION (CONTINUED)

Registration for Covid Vaccine Sites Update - Two Sites Added!

The below sites and times are to REGISTER online with the Virginia Department of Health. Once you are registered, the Virginia Department of Health will contact you to establish your appointment time to get your vaccine. **The vaccine is not administered at these registration sites.**

New Site: Wilsdorf Hall Room 200:

April 1st, 9:30-11:30am

April 8th, 9:30-11:30am

April 15th, 9:30-11:30am

April 29th, 9:30-11:30am

New Site: Newcomb Hall Room 389:

March 30th, 9:30-11:30am

April 6th, 9:30-11:30am

April 13th, 9:30-11:30am

April 27th, 9:30-11:30am

Skipwith Lower-Level Conference Room 010:

March 24, 7:30am-9:30am

March 26, 2-4pm

April 7, 7:30am-9:30am

April 9, 2-4pm

~~April 21, 7:30am-9:30am~~

April 23, 2-4pm

HSPP West Complex conference room G032:

March 31, 7-10am

April 2, 2-4 pm

April 14, 7:30am-9:30am

As a reminder: No sign-up is required to attend these registration events. Each event will feature four physically distanced computer stations set up for employees to access the Virginia Department of Health vaccine registration site. Emily Douglas, FM DEI Specialist will be present to answer any questions, assist with tech issues and offer translation services. Any private health information you submit via the registration will remain protected. If all computer stations are occupied, we ask that you remain outside of the room at a 6' distance from others until a station becomes available. All participants are required to wear a mask. Computer cleaning wipes and surface wipes will be available for each participant to sanitize the area when they have finished registration.

Everyone is encouraged to register by going to <https://vaccinate.virginia.gov/> or by calling 877-829-4682.

The vaccine is here!



This is an important step to protecting yourself from the coronavirus that causes COVID-19. You are considered protected 2-4 weeks after your second dose of the vaccine. However, you must still practice physical distancing, wear your face covering, check in with HOOS Health Check, and wash your hands in order to protect those who have not yet received a vaccine.

If you haven't made an appointment or started your vaccine through UVA, register at vaccinate.virginia.gov or call 877-829-4682



Learn More
about Vaccination in Virginia



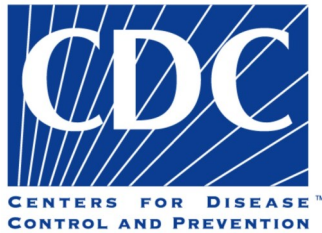
Sign up
for free COVID-19 vaccine
& check your pre-registration status.

Pre-Registration

Talk to someone
(877) VAX-IN-VA
(877) 829-4682



About the Vaccine & More Resources:



FAQs, accurate information, and about the national vaccination program from the CDC:
<http://bit.ly/39vLLgj>



Virginia Department of Health's Vaccination Response page:
<http://bit.ly/3bR46Hx>



Employees who are receiving their first dose are encouraged to join **v-safe**, a smartphone-based tool by the CDC that gives you personalized health check-ins after you receive a COVID-19 vaccine.

- Through v-safe, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine.
- v-safe will also remind you to get your second COVID-19 vaccine dose if you need one.

Learn more: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>

Be sure to respond to take advantage of the COVID-19 vaccine once it is made available to you. The state is currently in **phase 1b** of the vaccination process. It is expected the vaccine will be available to everyone by late spring of this year.

How to Find a Vaccine Appointment



If you have already been vaccinated, consider helping your friends, family, and neighbors get registered.

Call your doctor/primary care provider to indicate your interest in receiving the vaccine when it's available.

Register with:

These only need to be done once.



- **Virginia Department of Health:** <https://vaccinate.virginia.gov/> OR call 877-829-4682
- **Dr. B** – a clearing house for last-minute vaccine appointments (a standby list for unused vaccines): <https://hidrb.com/signup> *

Search daily through:

- **VaccineFinder:** <https://vaccinefinder.org/> *
- **CVS & Target:** <https://www.cvs.com/immunizations/covid-19-vaccine>
- **Kroger:** <https://www.kroger.com/i/coronavirus-update/vaccine>
- **Walmart:** <https://www.walmart.com/cp/1228302>
- **Sam's Club:** https://www.samsclub.com/pharmacy?xid=hdr_subscriptions-services_pharmacy
- **Giant:** <https://giantfood.com/pages/covid-info>

Retailers must follow state guidelines for vaccinations. Most are more restrictive and are vaccinating only 1b at this time, but restrictions are expected to lessen as vaccines become more widely available.

Plan to receive your second shot at the same place/retailer as you receive your first. Vaccines are allocated assuming the individual will return for a second vaccine, so if you obtain the second vaccine at a different location you are in effect taking a “first dose” from someone that needs it.

Beware of Scams! Vaccine providers will never call, email, or text asking for your social security number or payment. You may be asked to provide insurance/medical coverage info, but the vaccination should be no charge.

** Information here may be limited or incomplete as more providers and pharmacies are added in the coming days & weeks.*

WHAT TO DO:

BEFORE

your vaccine appointment:

- Wait at least **two weeks** between getting any other vaccination and getting a COVID-19 vaccine
- **Do not take anti-inflammatories** (ibuprofen, Tylenol) **before** your vaccine.
- **Dress in layers**—The vaccine goes in your upper arm. Wear a jacket that is easily removed over a sleeveless shirt or a shirt/sweater with a sleeve loose enough to roll up.
- **Bring an ID** with your name & date of birth
- **Don't arrive more than 10 minutes early.**

DURING

your vaccine appointment:

- At your first dose, you will receive a **vaccine card** with the name of the vaccine manufacturer, the vaccine lot number, the date and the location. **Do not lose this.**
- **Stay on site for about 15 minutes after your vaccine dose** in case of any anaphylactic reaction (extremely rare).
- **Download the [v-safe app](#)** to track any side effects and report them to the CDC's Vaccine Adverse Event Reporting System.

After

your vaccine appointment:

You can take an anti-inflammatory to counteract any soreness or fever.

Source: <http://bit.ly/3qha2Nh>

COVID-19 Vaccines

Beginning March 5, 2021, the Blue Ridge Health District will offer three vaccines to protect against COVID-19. VDH does not recommend one brand of vaccine over another. Each has been proven to protect against serious illness, hospitalization, and death from COVID-19.

Remember: choose whichever vaccine you have access to first!

	JOHNSON & JOHNSON	PFIZER	MODERNA
TYPE OF VACCINE	Adenovirus Vector	mRNA	mRNA
HOW IT WORKS	Uses a type of virus that can't replicate, but carries information to cells about how to produce the coronavirus spike protein to cells, training the immune system to fight the virus.	Creates a protein that teaches the immune system to recognize the virus and fight against it.	Creates a protein that teaches the immune system to recognize the virus and fight against it.
EFFECTIVENESS	72% overall efficacy 14 days after only dose and 86% efficacy against severe disease, 100% effective at preventing hospitalization	95% overall efficacy 14 days after 2nd dose, and 100% effective at preventing hospitalization	94% overall efficacy 14 days after 2nd dose and 100% effective at preventing hospitalization
RECOMMENDED FOR	18 and older.	16 and older.	18 and older.
DOSES NEEDED	One shot.	Two shots, 21 days apart.	Two shots, 28 days apart.
COMMON SIDE EFFECTS	Fatigue, fever, headache, injection site pain, generally resolving within a day or two. Milder side effects than the Pfizer and Moderna vaccines. According to Johnson & Johnson No one suffered an allergic reaction in clinical trials.	Chills, headache, pain, tiredness, and/or redness and swelling at the injection site, generally resolving within a day or two. On rare occasions, mRNA can trigger an allergic reaction.	Chills, headache, pain, tiredness, and/or redness and swelling at the injection site, generally resolving within a day or two. On rare occasions, mRNA can trigger an allergic reaction.

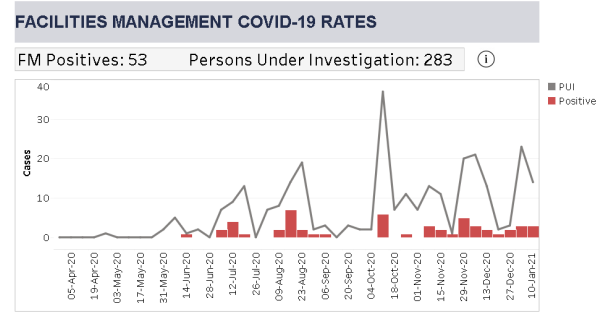


Questions?

434-972-6261
BlueRidgeHD.org

UVA FM's COVID-19 Dashboard

Working with FM Occupational Health & Safety team's data, UVA FM's Programs & Informatics team has created an FM-ONLY COVID-19 dashboard to keep employees informed. The dashboard shows the exposure and positive test case numbers for Facilities Management staff and contractors.



View it here: <https://www.fm.virginia.edu/employees/intranet/fm-covid-chart.html>

If it asks you to log in, your username and password are the same as your FM computer login.

FM MANAGERS & SUPERVISORS:

SUPPORT YOUR EMPLOYEES & ENFORCE COVID-19 GUIDELINES!

Managers, supervisors, and construction/renovation project managers must support and protect employees in their groups by reporting COVID-19 cases or suspected COVID-19 cases (symptomatic or exposure) using the online reporting form. By making a report, supervisors are activating the Public Health Emergency Leave for their affected employees.

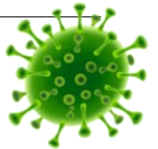
COVID-19 On Grounds Guidelines are to be enforced by supervisors to ensure that the potential for exposure to any asymptomatic individual remains as low as possible. FM Occupational Programs is working with the University to help educate employees and prevent the spread of COVID-19.

Employees found to be a potential exposure will be asked by Facilities Management to quarantine for up to 10 days and seek testing at the UVA Asymptomatic Testing Clinic. This is to prevent possible asymptomatic spread of the virus that causes COVID-19.

More information can be found in the **OHS COVID-19 Resources:**

<https://www.fm.virginia.edu/depts/ohs/covid-resources.html>

Look for the COVID-19 Reporting & Guidance document for supervisors & managers.



FREE COVID-19 TESTING RESOURCES FOR UVA FM EMPLOYEES

If you are experiencing illness or symptoms: Stay home, inform your supervisor, and call Employee Health for testing and/or guidance at 434-924-2013.

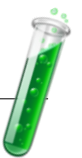
If you are not experiencing symptoms:

- **Let's Get Checked at-home kit:**

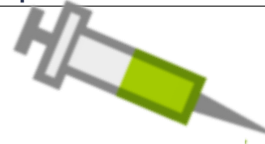
<https://www.letsgetchecked.com/us/en/order-form/verification/>

- **Saliva testing at the Central Grounds Parking Garage:** <https://besafe.virginia.edu/>

If you think you have been exposed, but aren't having any symptoms you can be tested by appointment at the UVA Asymptomatic Testing Clinic: 434-243-9534.



WHAT DOES “FULLY VACCINATED” MEAN?



You are considered fully vaccinated against COVID-19:

- **2 weeks after your second (final) dose in a 2-dose series**, like the Pfizer or Moderna vaccines, or
- **2 weeks after a single-dose vaccine**, like Johnson & Johnson’s Janssen vaccine

If it has been **less than 2 weeks since your final shot**, or if you still need to get your second dose, you are **NOT fully protected**. Regardless of your vaccination status, keep taking [all prevention steps](#) to protect yourself and those around you.

More info: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

OHS TRAINING

Are you up to date on your safety training? FM Occupational Health and Safety has pivoted to offer many subjects over Zoom and continue to offer hands-on training following all COVID-19 prevention protocols in person.

Email FM-OHS@virginia.edu to request a class for your employees.

See your group’s training records: <https://at.virginia.edu/38cjhs1>

*This Tableau report is accessible by anyone with Tableau access: FM management and management staff.
Class info is added 5-7 days after a training is completed.*

This link can also be found on the **OHS Training** page: <http://bit.ly/FMOHSTraining>

APPRENTICESHIP

Kudos: Apprentice Ryan McCarthy and OTJs recognized in FM’s On Grounds

Shout out plumbing apprentice Ryan McCarthy and on the job trainers Dave Brown and Mark Evans for their excellent work at the Higher Grounds coffee kiosk in the UVA hospital. Read the full text here: <https://www.fm.virginia.edu/employees/employeeenews/2021/march-news-2021.html>

Special Thanks to Ben Melugin

HVAC Apprentice Ben Melugin is taking part in a virtual job fair hosted by CATEC this week. Thanks for promoting the skilled trades to up and coming professionals!

Email fm-apprenticeship@virginia.edu to learn more about this program.



let's celebrate!

Reasons to celebrate are all around us!

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

March 26: National Spinach Day

March 27: International Scribble Day

March 28: Holi

**March 29: National Vietnam War
Veterans Day**

March 30: National Pencil Day

March 31: National Tater Day

April 1: Major League Baseball Opening Day

April 2: World Autism Awareness Day