In this course, Kelley School of Business professor and professional communications coach Tatiana Kolovou explains how to bounce back from difficult situations, by building your "resiliency threshold." She outlines five training techniques to prepare for difficult situations, and five strategies for reflecting on them afterward. Find out where you are on the resilience scale, identify where you want to be, and learn strategies to close the gap.

Learn the terminology and the components of a typical estimate. See examples of solid contract drawings, and what the tools of the trade look like—including the analog scale, ruler, and counter—as well as what to look for in software packages that are tailored to these tasks.
LEADING WITH INNOVATION
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No company can survive without innovation. Large or small, new or old, for profit or nonprofit, all organizations need to keep morphing to succeed. But how do you nurture nonstop innovation? Strategy experts Anil Gupta and Haiyan Wang outline the core logic of innovation and show how leaders at many companies and nonprofits nurture innovation without losing control.

"Tell me and I forget, teach me and I may remember, involve me and I learn"
Benjamin Franklin

TECHNOLOGY

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HOW TO OUTSMART YOUR OWN UNCONSCIOUS BIAS

Author, speaker and CEO, Valerie Alexander, explains how the human brain instinctively reacts when encountering the unexpected, like sabertoothed tigers or female tech execs, and proposes that if we have the courage to examine our own behavior when faced with the unfamiliar, we can take control of our expectations, and by doing so, change the world.

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Harvard Business Review

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