Nathaniel Star releases El Negro

You may know him as Lester, Elevator Assistant Mechanic here at FM. He is also a singer-songwriter who performs under the stage name Nathaniel Star and has released El Negro as a, "dedication to Black Disaspora in its totality," for Black History Month. Lester also serves on the FM Diversity, Inclusion and Respect Committee.

Listen HERE for free.

Read about his conversation with Professor Anne Coughlin, UVA School of Law, on Race and Policing.

Facilities Management Lists Jobs with Network2Work

In an effort to reach a more diverse audience and build a bridge with our community, Facilities Management has begun to list FM job opportunities on Network2Work, a job platform that connects job seekers to the skills and resources they need to become valued employees.

Check out their website to learn more and be sure to share with members of your community!
On July 1, 2019, the City Council of Charlottesville, Virginia established a new city holiday, **Liberation and Freedom Day**, to be celebrated on March 3. The celebration commemorates the March 3-6, 1865, arrival of Union cavalry in the area, when town and university officials surrendered at the current site of the UVA Chapel, and **14,000** enslaved residents took the opportunity to escape and follow U.S. troops as they continued their advance toward Petersburg, Virginia. At the time of the Civil War, **52 percent** of the residents of Charlottesville and Albemarle County were enslaved, an historical fact which remained little known until the 2016 work of the city's Blue Ribbon Commission on Race, Memorials and Public Spaces.

**Did you know?**

- On July 1, 2019, the City Council of Charlottesville, Virginia established a new city holiday, **Liberation and Freedom Day**, to be celebrated on March 3.
- The celebration commemorates the March 3-6, 1865, arrival of Union cavalry in the area, when town and university officials surrendered at the current site of the UVA Chapel, and **14,000** enslaved residents took the opportunity to escape and follow U.S. troops as they continued their advance toward Petersburg, Virginia.
- At the time of the Civil War, **52 percent** of the residents of Charlottesville and Albemarle County were enslaved, an historical fact which remained little known until the 2016 work of the city's Blue Ribbon Commission on Race, Memorials and Public Spaces.

**How Are You Celebrating?**

**Jefferson School African American Heritage Center**

The African American Heritage Center is hosting several events, many in partnership with UVA. Click the image to the left to access the full calendar.

**Will you join us at the UVA Chapel?**

- **Tuesday, March 3, 4:00-5:30 pm**: “Procession of Freedom” (starts at UVA Chapel, to UVA Freedom Ring Memorial Memorial to Enslaved Laborers, down Main Street to Jefferson School)
- **5:30-7:00 pm**: Community Dinner & panel discussion by descendants of local enslaved community, Jefferson School African American Heritage Center
March is Women’s History Month

- Every year March is designated **Women’s History Month** by Presidential proclamation. The month is set aside to honor women’s contributions in American history.
- Women’s History Month began as a local "Women's History Week" in Santa Rosa, California in 1978. The organizers selected the week of March 8 to correspond with **International Women’s Day**. The movement spread across the country as other communities initiated their own Women's History Week celebrations the following year.

> From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well.

  **President Jimmy Carter’s Message designating March 2-8, 1980 as National Women’s History Week**

- Subsequent Presidents continued to proclaim a National Women’s History Week in March until 1987 when Congress designated March as “Women’s History Week.”
- Since 1995, each president has issued an annual proclamations designating the month of March as “Women’s History Month.”
- The National Women's History Alliance selects and publishes the yearly theme. The 2020 Women's History Month theme is **“Valiant Women of the Vote.”** The theme honors "the brave women who fought to win suffrage rights for women, and for the women who continue to fight for the voting rights of others."

---

**International Women’s Day**

March 8, 2020

An Equal World is an Enabled World

#IWD2020 #EachForEqual

Click the IWD logo above to learn more about the day and events in your area.
We have a strong instinct to belong to small groups defined by clear purpose and understanding—"tribes." This tribal connection has been largely lost in modern society, but regaining it may be the key to our psychological survival.

Combining history, psychology, and anthropology, TRIBE explores what we can learn from tribal societies about loyalty, belonging, and the eternal human quest for meaning. It explains the irony that—for many veterans as well as civilians—war feels better than peace, adversity can turn out to be a blessing, and disasters are sometimes remembered more fondly than weddings or tropical vacations. TRIBE explains why we are stronger when we come together, and how that can be achieved even in today’s divided world.

"Understanding the world of culinary arts is a lifelong journey. I have spent the last 15 years of my life traveling the world, absorbing knowledge from cultures, cuisines, and history. I have been fortunate to learn, teach, inspire and be inspired by people across the globe. Over the years, I have developed a passion for helping our youth by giving them support and guidance, through the disciplines practiced in the kitchen every day. I believe in life sometimes people just need direction. Join me as I embark on a journey to create a positive change within our community through culinary arts."

Culinary Concepts Cooking Classes
GO Cook Program with Charlottesville Job Center
Culinary Concepts at Albemarle-Charlottesville Regional Jail