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Build confidence for your next speech or presentation!

Toastmasters provides a fun, safe, and supportive environment for you to practice public speaking. Along the way, you'll build a better you!

Participating in Toastmasters will allow you to:

- Improve your public speaking and communication
- Gain confidence when speaking in front of others
- Sharpen your leadership skills
- Enjoy a competitive advantage in your workplace



Facilities Management

Take charge of your future and join our club today.

Hoos Speaking Weekly meetings on Wednesdays, noon–1 p.m. in person and online.

Email Kristy Davis at <u>kad4t@virginia.edu</u> to attend.

If you would like, please feel free to bring your lunch.