The Occupational Programs Bi-Weekly Wrap Up

UVA Facilities Management

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Let Us Know: You can always email <u>FM-OHS@virginia.edu</u> if you have suggestions or story ideas. Now there's a new way to get in touch — <u>Let us know</u> by answering a few quick questions.

GLOBO APP NEW INTERPRETATION TOOL



01.26.2024

The newest addition to Facilities Management's Language Program is the roll out of an app to be used for interpretation: Globo.

Now available to FM employees for use during work hours, the Globo app can be used for:

- \cdot Explaining information to a customer, supervisor or fellow employee.
- · Assisting in a one-on-one meeting with an employee.
- \cdot Helping employees access FM resources.



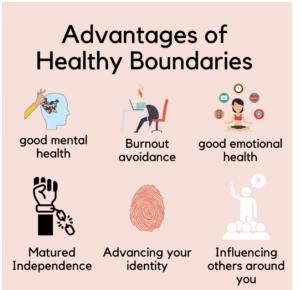
The Occupational Programs Weekly Wrap Up | 01.26.2024 | Page 2 OCCUPATIONAL HEALTH AND SAFETY

Tools for Your Toolbox: Creating & Maintaining Healthy Boundaries

Have you ever been in an uncomfortable situation with a someone you know? Or felt like your space was invaded? These difficult everyday situations can be mitigated by creating and safeguarding physical and emotional boundaries.

Practicing Healthy Boundaries:

- → Use assertive language to state and maintain your boundaries.
- \rightarrow Learn to say "No."
- \rightarrow **Preserve your spaces-**both mental and physical.
- → Ask for help when needed! <u>Utilize FEAP!</u>



Setting clear communication and expectations will allow you to bring about healthier relationships and may even influence the behavior of others in a positive way!

Learn more: <u>https://nami-wake.org/creating-and-maintaining-healthy-boundaries/</u>

Slip, Trip, or Fall? Know the Difference!

- <u>Slips</u> are a loss of balance caused by too little friction between your feet and the surface you walk or work on. Loss of traction is the leading cause of workplace slips. Slips can be caused by wet surfaces, spills, or weather hazards like ice or snow. Slips are more likely to occur when you hurry or run, wear the wrong kind of shoes, or don't pay attention to where you're walking.
- **Trips** occur whenever your foot hits an object and you are moving with enough momentum to be thrown off balance. Trips are more likely to happen when you are in a hurry and don't pay attention to where you are going.
- <u>Falls</u> occur whenever you move too far off your center of balance. Falls account for more workplace fatalities than any other reason.

Learn more from the National Safety Council: <u>https://at.virginia.edu/z1DmMS</u>



OCCUPATIONAL HEALTH & SAFETY

Safety Committee Chairs Recognize 4th Quarter 2023 Safety Champions

On January 18, <u>UVA FM Safety Committee</u> chairs gathered for their quarterly meeting, where safety successes, safety insights, near misses, incident rates, and corrective actions were discussed. The Safety Chairs Meeting was led by Michael Skrivin, North Grounds Zone Maintenance Coordinator and chair of the Zone Maintenance Safety Committee.

During this meeting, the October, November, and December 2023 Safety Champions were recognized by those present:

- October 2023: Matt Acree
- November 2023: Dan Shantler
- ★ December 2023: Nicholas Gentry

<u>Safety Champions</u> are employees who contribute to FM's safety culture. In general, they lead by example, speak up for safety, start conversations about safety & are willing to learn and promote new ideas.

Read more, nominate a champion & see other past champions: <u>https://www.fm.virginia.edu/depts/ohs/safetychampions.html</u>



Photos provided by Jamie Watkins, UVA FM-OHS.

2023 Safety Successes

The OHS team and Safety Committee chairs also celebrated the following safety successes from the last year:

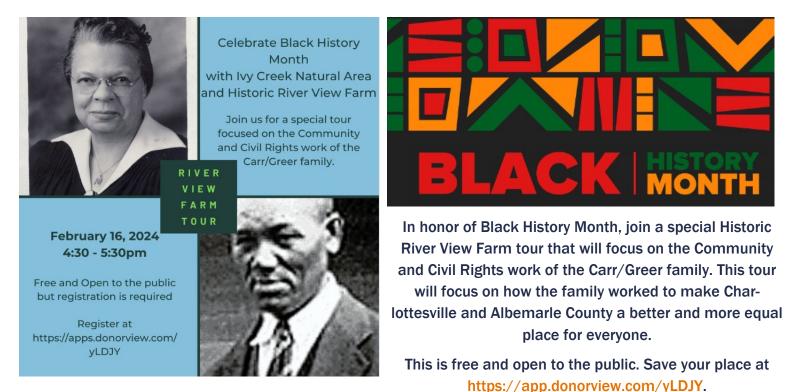
- \rightarrow **2,150** Safety Trainings attended by employees
- → 62 Safety Plan Reviews
- \rightarrow 57 Observations/Hazards and 4 Near Misses
- → **39** Corrective/Preventive Actions
- \rightarrow 34 Site/Workplace Inspections
- → 28 Safety Stars awarded
- → **21** Documents Reviewed/Created

- → **21** Specialized Training Requests
- \rightarrow **15** Toolbox Talk Requests
- $\rightarrow~$ 13 Safety Recommendations made
- \rightarrow **4** Special Projects

Do you have a safety request? Email <u>FM-OHS@virginia.edu</u> or reach out to <u>the team.</u>

UVA Facilities Management Occupational Programs | 434.297.6379 | <u>FM-OHS@virginia.edu</u> | <u>https://www.fm.virginia.edu/depts/occupationalprograms/index.html</u>

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→ KULTIVATE KONNECTION - Facilitated by FEAP professionals, a space that facilitates racial healing through a connection with colleagues, shared experiences, and the cultivation of a sense of authenticity and kinship. Share and learn strategies for challenges you are facing and feel uplifted in a welcoming and soulful environment.

Learn more and register: <u>https://uvafeap.com/events/kultivate-konnection-spring-2024</u>



FM OHS and DEI are partnering with FEAP to bring a Mental Health presentation to FM teams with the goal of normalizing the conversation around mental health and provide inperson access to resources. We've visited many FM teams and would love to come to yours!

Interested in scheduling a FEAP + FM Mental Health presentation for your team? Email Emily Douglas at <u>em4hg@virginia.edu</u>

Questions or comments about DEI updates? FM-DEI@virginia.edu

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APPRENTICESHIP Recruitment for the Next Cohort of Apprentices is Underway

Do you know of a classroom or group that would benefit from learning more about how to become a UVA Apprentice? The <u>UVA FM Apprenticeship team</u> is reaching out to local schools and workforce development groups to recruit applicants for the next class of apprentices. Outreach includes school visits, job fairs, and/or customized workshops. Expected onboarding for this group will be in summer 2024.

Save the Dates: Upcoming Apprenticeship Info Sessions & School Visits

Wilson Memorial High School February 6, 10:15 AM–1 PM at WMHS Library (189 Hornet Road, Fishersville, VA)

Greene County Technical Education Center Classroom Presentations March 20, 8:15 AM-2 PM at GCTec (10415 Spotswood Trail, Stanardsville, VA)

Fort Defiance High School: Lunch Session February 28, 11 AM-1 PM at FDHS Cafeteria

Waynesboro High School: Lunch Session March 13, 12-2 PM at WHS Cafeteria William Monroe High School College & Career Expo

March 28, 8:15 AM-4 PM at William Monroe HS Cafeteria & Outdoor Commons

UVA FM Apprenticeship Community Job Fair

April 10, 9 AM-11 AM at UVA Alumni Hall (221 Emmet St. S, Charlottesville, VA)

MTC Regional Kick-Start Job Fair

April 11, 9 AM-2:30 PM at Rockingham County Fairgrounds (4808 South Valley Pike, Rockingham, VA)

In Action: Apprentices Cody Taylor & Rob Edwards at Chiller Plant

UVA FM E&U HVAC-R Mechanic Pedro Gonzalez provided these photos of current UVA FM apprentices Cody Taylor and Robert Edwards working at the Chiller Plants: "We are having a good PM season -- Always following safety guidelines, doing hands-on work, a good experience," says Pedro, himself a 2023 graduate of the UVA FM Apprenticeship Program.



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Team Training

The Occupational Training team is launching team training for you and your team!

Have you ever come across a topic or theme and thought, *"My whole team could benefit from that class!"* Well, now they can!

Let us know what you need and we can schedule a training session.

We also offer team building activities.

Our goal is to provide training that is designed to meet the unique needs of your team.

Not sure where to start? Contact us to meet and discuss ideas or topics. We can develop custom content based on your feedback: Email FM-Training@virginia.edu NEW EMPLOYEE ONBOARDING



Joining FM as of January 16 (listed from left to right) Back Row:

- → Phillip Guzman, Custodial Services Worker, McCormick Custodial
- → Rick Morris, Custodial Services Worker, Newcomb Custodial
- \rightarrow Eric Morris, Carpenter, Newcomb Zone
- → Darrell Major, Painter, Housing Facilities
- $\rightarrow\,$ Arthur Brower, HVAC Senior Assistant, Housing Facilities Middle Row:
- \rightarrow Luis Ramirez, Custodial Services Supervisor, Central Custodial
- → Dakota Peregoy, Utilities Supervisor, E&U
- → Alexandra Kawecki, Controls Engineering Technician, Automation Services
- $\rightarrow\,$ Bridget Roberts, Custodial Services Worker, McCormick Custodial Front Row:
- → Scott Watson, Carpenter, C&RS
- Sindy Velasquez, Custodial Services Worker, McCormick Custodial

Check Out Opportunities from UVA Talent Development

Advocating for Your Career (virtual), February 1, 9-10 AM Book Series: Better Allies (virtual), February 4, 9:30- 11:30 AM Influencing Change (virtual), February 6, 9-11 AM Dare to Lead Program (virtual series), Tuesdays, February 6-March 26, 1-4 PM

Introduction to Emotional Intelligence (virtual), February 7, 2-4 PM

See these offerings and more on UVA HR Talent Development's Course Schedule: <u>https://hr.virginia.edu/career-development/education-and-training-O/course-schedule</u>

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Reasons to celebrate are all around us! Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

January 26: Environmental Education Day

January 27: Local Quilt Shop Day

January 28: Data Privacy Day

January 29: National Puzzle Day

January 30: National Croissant Day

January 31: Eat Brussel Sprouts Day

February 1: Optimist Day

February 2: Groundhog Day

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View & Apply for UVA FM Jobs

<u>Current UVA Employees</u> Search for and apply to jobs using your existing <u>Workday account</u>:

See UVA HR's How to Apply: for Internal Candidates: https://at.virginia.edu/jgLuzS

<u>External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying:</u> <u>https://uva.wd1.myworkdayjobs.com/UVAJobs</u>

Not all listings are available to external applicants. Questions on job listings should be directed to AskHR@virginia.edu

FM JOB LISTINGS*

- R0056303 Architecture Student Worker (Student
 Wage)
- R0053761 Facilities Services Representative
- R0055555 Project & Construction Management Supervisory Team Leader
- R0056072 Help Desk Analyst
- R0052510 HVAC Mechanic
- R0054244 Engineering Team Leader Mechanical / Plumbing / Electrical Design
- R0055428 Custodial Services Supervisor, Building Services
- R0045925 Custodial Services Supervisor, Evening Shift (Sign-On Bonus!)
- R0056414 Sign Shop Worker Assistant
- R0047417 Mason CC&R
- R0055280 Construction Project Manager/Senior Project Manager
- R0056861 Construction Administration Managers/Senior Construction Administration Managers
- R0054347 Instrumentation & Controls Technician
- R0056829 Senior High Voltage Electrician
- R0054950 Electrician/Electrician Senior Assistant
- R0048313 Senior HVAC Mechanic, Evening Shift, 3:00pm - 11:30pm
- R0056251 Heat Plant Operator
- R0044371 Electrician
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0046590 Utility Locator/Damage Prevention Technician

- R0056252 Heat Plant Operator Assistant
- R0052744 Plumber
- R0055712 HVAC Mechanic or Senior Assistant, Housing
- R0056250 Heat Plant Supervisor
- R0056385 Locksmith Assistant
- R0052974 Resident Manager (Student Wage)
- R0052184 Custodial Services Worker, Housing: M-F 8:00am-4:30pm
- R0052326 Senior Electrician
- R0051116 Recycling Worker
- R0055378 Custodial Services Worker (Part Time) 5am - 10am
- R0055377 Custodial Services Worker (Part Time) 4am - 9am
- R0055708 Custodial Services Worker (Part Time)
 5pm 10pm
- R0055710 Custodial Services Worker (Part Time) 6pm - 11pm
- R0055819 Custodial Worker, Housing: M F, 4:30pm to 1:00am
- R0055818 Custodial Worker, Housing: Sunday -Thursday, 11:30pm - 8am
- R0056614 Custodial Services Worker Multiple shifts available!
- R0049672 Fire Suppression Systems Technician
- R0054806 Construction Project Manager
- R0049950 Plumber Senior Assistant
- R0053226 HVAC Mechanic or HVAC Senior Assistant

