

# The Occupational Programs Weekly Wrap Up

UVA Facilities Management

June is PRIDE MONTH.



06.09.2023

## ***In this issue:***

Click the item title to go to the corresponding page. *Downloading this document may be necessary.*

### **WE'RE MOVING!** See where!

#### **DIVERSITY, EQUITY & INCLUSION**

- History of Pride Month
- UVA LGBT Employee Resource Group
- How to Be an Ally
- Pride Events
- Juneteenth History
- Juneteenth Events

#### **APPRENTICESHIP**

- Welcome Danny Davis, Apprenticeship Program Manager!
- Phone Interviews are Complete – What's Next?

#### **OCCUPATIONAL HEALTH & SAFETY**

- Tools for Your Toolbox: Air Quality & Mental Health
- Did You Know? Slips, Trips & Falls
- Safety Champions: Ron Crawford, Wade Sharpe, & Ryan McCarthy
- WGZ Team Exceeds in Statewide Safety Program
- June 2023 Safety Poster by Zone Maintenance

#### **OCCUPATIONAL TRAINING**

- Leadership Connection: Building Connections
- Benefits of In-House Training
- View & Apply for UVA FM Jobs
- The Enhanced Onboarding Process is Here!
- Report A Barrier!
- Join Hoos Speaking: Toastmasters Public Speaking

#### **WELLNESS**

- Protect Yourself From Wildfire Smoke
- Latest COVID-19 Vaccination Recommendations



***Don't forget:  
Reasons  
to  
Celebrate!***



***Let Us Know:*** You can always email [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you have suggestions or story ideas. Now there's a new way to get in touch — ***Let us know*** by answering a few quick questions.

# OCCUPATIONAL PROGRAMS NEWS

## We're Moving! (But Not Far!)

UVA FM Occupational Programs staff have long made their home in Skipwith and Lacy Halls in the FM Alderman complex. However, starting **Tuesday, June 13**, you can find us in these locations:

→ **Occupational Health & Safety** will remain at FM Alderman in **Lacy Hall, room 218**.

This includes:

- ★ Shelomith Gonzalez, OHS Manager
- ★ Jamie Watkins, OHS Technician
- ★ Narges Sinaki, Health & Safety Compliance Specialist
- ★ Sarah Reed, OHS Technician
- ★ Keith Woodson, Quality Assurance Inspector will remain mobile and active with a drop-in workspace on the **3rd floor of Michie North** (918 Emmet St N).

→ **Apprenticeship Program Team** remain at FM Alderman in **the FM OP Training Room**.

This includes:

- ★ Danny Davis, AP Manager
- ★ Tom Castellanos, Lead Instructor

→ Located on **3rd floor of Michie North** (918 Emmet St N) will be:

- ★ Laura Duckworth, Director of **Occupational Programs**
- ★ Emily Douglas, **DEI Specialist**

→ **Occupational Training Team:**

- ★ Julie Thomas, OT Manager
- ★ Bobby Putrino, OHS Trainer
- ★ Mark Orr, Training & Development Specialist Senior
- ★ Sarah Ditulli, Training & Development Specialist

→ **OP Administrative Team:**

- ★ Linda Resco, Administrative Manager
- ★ Charlotte Endres, OP Coordinator
- ★ Liz Burnett, OP Communications Generalist

Our phone numbers and email addresses are not changing, nor will our responsiveness to issues in all areas on UVA Grounds. Do not hesitate to reach out to the **Occupational Programs team** for any needs!

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## Coming Soon: Active Attacker Training

Although active attacker incidents at universities and within healthcare settings are rare, the impacts on individuals and communities affected cannot be overstated.

Run-Hide-Fight is a national model that we have adopted on Grounds and throughout the health system. You likely will never need to use these steps but thinking about what you would do in an emergency BEFORE one happens can minimize panic and improve your ability to respond in a way that enhances your safety.

Learn more about Run-Hide-Fight: <https://at.virginia.edu/CPLB0k>

## DIVERSITY, EQUITY & INCLUSION

### June is Pride Month!

Lesbian, Gay, Bisexual, Transgender, and Queer Pride Month is celebrated in June of each year to commemorate the Stonewall Uprising. The Library of Congress has a [great article on this topic](#).

*“June 28, 1969 marks the beginning of the Stonewall Uprising, a series of events between police and LGBTQ+ protesters which stretched over six days. It was not the first time police raided a gay bar, and it was not the first time LGBTQ+ people fought back, but the events that would unfold over the next six days would fundamentally change the discourse surrounding LGBTQ+ activism in the United States.”*



### Contact the UVA LGBT Employee Resource Group

<https://dei.virginia.edu/lgbt-committee>



### Research: How to be a Better Ally:

- Be Accepting
- Take Action
- Have Humility

Learn more: [https://hbr.org/2023/04/research-how-to-be-a-better-ally-to-the-lgbtq-community?ab=at\\_art\\_art\\_1x4\\_s03](https://hbr.org/2023/04/research-how-to-be-a-better-ally-to-the-lgbtq-community?ab=at_art_art_1x4_s03)

**INCLUSION  
MEANS  
EVERYONE.**



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<https://at.virginia.edu/JjAt8K>

## DIVERSITY, EQUITY & INCLUSION

Saturday, June 10th | 10am - 3pm



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### First Street Fair: Happy Pride Month!

- Saturday, June 10, starting at 10:00 AM
- 115 1st Street S, Charlottesville, VA 22902
- <https://www.shopdarlingxdashing.com/>



### Pride Market 2.0

- Come out and support your local lgbtq+ makers.
- June 11, Noon to 4:00 PM
- Decipher Brewing , 1740 Broadway St, Charlottesville, VA
- <https://www.facebook.com/events/1423597808390483>



### Alamo Drafthouse Cinema Pride Series Happy Hour and Screening

- Wednesday, June 14, Happy Hour: 6:00-7:00 PM, Showtime: 7:30 PM
- Alamo Drafthouse Cinema
- Tickets and info here: <https://drafthouse.com/charlottesville/show/but-im-a-cheerleader>



### McCormick Observatory 1st Annual Pride Night

- Friday, June 23, 10-11 PM
- This is a family-friendly event! All are welcome!
- <https://at.virginia.edu/YccJAK>



## DIVERSITY, EQUITY & INCLUSION

### **Juneteenth Offers the Opportunity to Commemorate the End of Slavery**

- Juneteenth, celebrated on June 19th, commemorates the enforcement of the Emancipation Proclamation signed into law in 1862 by President Abraham Lincoln.
- After the passage of the proclamation, some Southern states continued the practice of slavery nearly three years after the law went into effect.
- On June 19, 1865, General Gordon Granger read the proclamation to slaves in Galveston, Texas. Thereby conveying to the enslaved people in Texas that they were legally free.
- After decades of advocating for the recognition of Juneteenth, the holiday was officially observed in Virginia 2020; and became federally recognized in 2021.

***“With a rich history and a vibrant Black community, the Charlottesville area comes alive during Juneteenth. Explore all of the events happening this month to commemorate the emancipation of enslaved people in the United States.”***



### **Read More Here:**

<https://at.virginia.edu/Wp3kFU>



The Jefferson School African American Heritage Center hosts an annual Juneteenth parade, concert, and festivities. Credit: Derrick J. Waller



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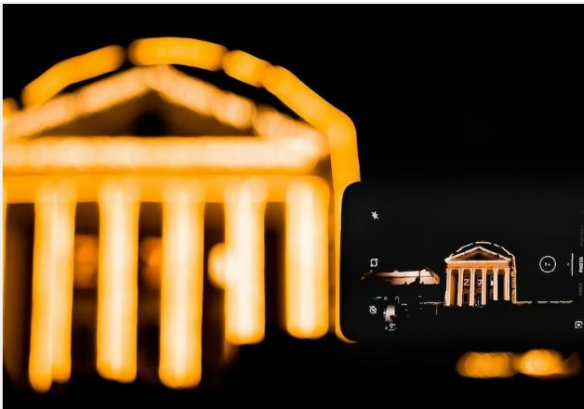
<https://at.virginia.edu/KwftbA>

## DIVERSITY, EQUITY & INCLUSION



### **Juneteenth Parade and Emancipation Concert at the Jefferson School**

- June 17, 2023, 9:00 AM-3:00 PM
- 233 4th St NW, Charlottesville, VA 22903
- <https://at.virginia.edu/NNW34i>



### **Rock & Reel: Monticello's Folk Traditions**

- June 18, 2023, 7:30 PM
- UVA Rotunda
- <https://at.virginia.edu/NNW34i>

**MRS. MINERVA BELL LEWIS**

Mrs. Minerva Bell Lewis owned this property as a citizen and business leader in Scottsville. The property was owned by Mr. George Washington Lewis (commonly known as 'Pop' Lewis), a merchant who established a grocery store and a boarding house. While many Black families joined the Great Migration, the Lewis family maintained their Scottsville home and business.

NAME OF OWNER	DESCRIPTION	ACREAGE
Bell, George W.	Scottsville Lot Pt. 7	1.7
Johnson, June	"	1.95
Lewis, Minerva & Co.	"	1.16

This property sold several times during the 1900s due to repeated flood damage. The Town of Scottsville now owns this site. This marker commemorates the history and strength of the Black community in Scottsville.

Dedicated Juneteenth, 2022

A historical map of Scottsville, Virginia, showing Main Street and Valley Street. The map includes lot numbers and a circular seal for the Scottsville Historical Society. The seal contains the text 'MAP & PUBLISHING CO. by Town Engineer & Surveyor' and 'SCOTTSVILLE'.

### **Southern Albemarle Juneteenth Celebration with Tour of Scottsville African American Historical Sites**

- June 24, 2023, 10:00 AM-Noon
- 275 Hardware Street, Scottsville, VA 24590
- <https://at.virginia.edu/NNW34i>

**Many More Events Available Here: <https://at.virginia.edu/NNW34i>**



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<https://at.virginia.edu/eN0lle>

Questions or comments  
about DEI updates?

Email [FM-DEI@virginia.edu](mailto:FM-DEI@virginia.edu)



## APPRENTICESHIP

### Welcome Apprenticeship Program

### Manager Danny Davis!



Contact:  
Danny Davis,  
FM Apprenticeship Program  
Manager  
[srx2up@virginia.edu](mailto:srx2up@virginia.edu)  
Ph: 434-422-6446

UVA FM Occupational Programs is excited to welcome Danny Davis to the Apprenticeship Team! Danny brings experience in adults trades education and will be a great asset as we move forward with our hybrid apprenticeship program.

Look for his “About Me” on the Apprenticeship website in the coming days!

<https://apprenticeship.fm.virginia.edu/>

An infographic with a dark blue background and orange accents. At the top, it asks "What is a HYBRID APPRENTICESHIP?". Below this, it states "4 Years Competency- &amp; Time-Based". A large orange arrow points from "Years 1 &amp; 2" to "TRADES SPECIALIZATION OCCURS IN". Below this, five trade categories are listed with icons: CARPENTRY (hammer), ELECTRICAL (plug), PLUMBING (faucet), HVAC (flame and snowflake), and MASONRY (brick). Another large orange arrow points from "TRADES SPECIALIZATION" to "Years 3 &amp; 4". At the bottom, it says "UPON GRADUATION, JOURNEY-LEVEL SKILL ACHIEVED" with a ribbon icon. The University of Virginia logo and "Facilities Management Apprenticeship Program" are in the bottom right corner.

### Phone Interviews are Complete! What's Next?

More than 70 applications were received for the incoming class of UVA Apprentices! Phone interviews are completed and in-person interviews will begin this month for those who are selected to move forward.

Onboarding of new apprentices will occur in the beginning of August.

Candidates moving forward will be contacted by the Apprenticeship team to schedule in-person interviews. Applicants should be able to see their status through their Workday accounts.

Questions on the program can go to [FM-Apprenticeship@virginia.edu](mailto:FM-Apprenticeship@virginia.edu).

Questions on an application status should go to [AskHR@virginia.edu](mailto:AskHR@virginia.edu).



# OCCUPATIONAL HEALTH AND SAFETY

## Tools for Your Toolbox: Air Quality and Mental Health

Good air quality can raise oxygen levels in your brain, boosting mood and focus. It's also associated with reducing the effect of stress hormones and promoting better sleep. While getting fresh air directly from outside is ideal (mostly because of the other benefits of nature), filtered air protects your wellbeing, too. According to a 2022 literature review, **95% of studies** on outdoor air pollution, mental health, and human/animal brains found that exposure to polluted air changes the brain. Of the studies, **73% reported** that those exposed to above-average levels of air pollution showed more symptoms and behaviors associated with mental health challenges.

What can you do to breathe better?

- **Check the air quality.** Go to [airnow.gov](https://www.airnow.gov) to see the air quality in your ZIP code.
- **Open windows when the weather allows** and if you live in an area with low levels of air pollution.
- **Use an air purifier indoors.**
- **Do some breathing exercises.** [Diaphragmatic breathing](#) can improve attention and levels of cortisol (the stress hormone).

Smoke from wildfires in Canada is moving hundreds of miles into the U.S., pushing air quality into the unhealthy or worse categories in areas from the mid-Atlantic through the Northeast and parts of the Upper Great Lakes. Explore the [AirNow.gov Fire & Smoke Map](#) for more details.

Download the EPA's AirNow app to see the local Air Quality Index: <https://www.airnow.gov/airnow-mobile-app/>

**Air Quality and Health**

Exposure to air pollutants such as particulate matter and ground-level ozone can cause:

- Headaches
- Difficulty breathing
- Irritated eyes, sinuses
- Chest pains, asthma attacks
- Fatigue
- Irritated throat, increased coughing

Poor air quality can be hazardous to anyone, and it can aggravate health problems such as asthma, heart disease, and lung disease.

Seniors, children and those with compromised immune systems are especially at risk.

weather.gov



## OCCUPATIONAL HEALTH AND SAFETY

### Did You Know? Slips, Trips, & Falls (STFs)

Falls are a hazard found in many workplaces. The construction industry experienced the highest frequency of fall-related deaths, while the highest counts of nonfatal fall injuries continue to be associated with the health services and the wholesale and retail industries.



Here are some factors to keep in mind that can affect the risk of slips, trips and falls:

#### Individual Factors:

- **Age** may affect balance, as the risk of same-level falls increases with age.
- **Employee fatigue** may contribute to slips and trips.
- **Poor eyesight/use of bifocals** may prevent employees from seeing walking surfaces clearly.
- **Inappropriate, loose, or poor-fitting footwear** may cause a worker to trip.

#### Workplace factors:

- **Spills on walking surfaces** causing slippery surfaces.
- **Ice, snow, or rain** can create outdoor slipping hazards and can be tracked indoors.
- **Loose mats or rugs** may result in tripping.
- **Boxes/containers you're carrying** may obstruct vision.
- **Poor lighting** affects visibility.
- **Walking surfaces that are in disrepair**, have protruding nails and boards, or changes in floor height may cause STFs. **Contaminants on the floor, walking surface irregularities, and tripping hazards** such as clutter, cords, or hoses, on walking surfaces lead to most STF injuries in the workplace.
- **Fast work pace** can be a factor, as an employee might feel rushed and work at a faster than normal work pace, thus risking injury.



**Remember to keep your workplace tidy and free of trip hazards! Contact [FM-OHS@virginia.edu](mailto:FM-OHS@virginia.edu) if you need suggestions and solutions for an uncluttered jobsite!**

## OCCUPATIONAL HEALTH AND SAFETY

### Safety Champions: Ron Crawford, Wade Sharpe, & Ryan McCarthy

For June 2023, The Facilities Management Occupational Health & Safety team would like to recognize Ron Crawford, Wade Sharpe, and Ryan McCarthy as UVA FM Safety Champions for going above and beyond in support of their FM teammates. Ron and Wade work on the Central Grounds Zone Maintenance team as a plumber and a senior HVAC assistant, respectively. Ryan is a plumbing apprentice that usually works with the Newcomb Zone Maintenance team but was working with the Central Grounds crew for this event.



Left: Ron Crawford; Right: Ryan McCarthy.  
Not pictured: Wade Sharpe.

Ron, Wade, and Ryan, along with the UVA FM Facilities Management Energy & Utilities team were recently called to assess an emergency plumbing issue in the Central Grounds Zone Maintenance area. Everyone involved worked together to determine the source of the issue and found it to be within the Energy & Utilities crew's area of responsibility. Rather than abandon the task once the source was identified, Ron, Ryan, and Wade stayed to assist the E&U team in rectifying the situation, working to be sure drivers, pedestrians, and employees all had clear and safe ways to move around the jobsite. This allowed the E&U team to focus on identifying and addressing the root cause of the issue, restoring service to UVA residents in a timely manner and saving University resources in the long run. These FM employees were nominated by a member of the E&U team that they worked with for their professional, courteous, and diligent attention to the matter. Thank you for being team players and helping your colleagues maintain a safe worksite at a moment's notice.

Nominate a Safety Champion or a Safety Star: <https://at.virginia.edu/FMSafetyChamp>

## FM Employee News: Team Exceed in Statewide Safety Program

Read more about West Grounds Zone's accomplishment: <https://at.virginia.edu/19msPs>





# OCCUPATIONAL HEALTH AND SAFETY

# When the sun comes out, so should your water bottle!



*See Something.  
Say Something.*

Presented by the  
**Zone Maintenance**  
Safety Committee &



June 2023

## **OCCUPATIONAL TRAINING**

### **Leadership Connection: Building Connections**

As a leader, you are often tasked with a variety of responsibilities and priorities. Many of these efforts take energy and intentionality. One task that will pay dividends and build engagement in your team is the active decision of “**Connection Building**”. According to author John Hall, “Leaders need to connect with employees, customers, and other leaders to maintain the core of their businesses—even when things get hectic”. Connection building can be an important part of developing and maintaining a positive environment on your teams and building a strong team culture, especially if teams are separated by distance, or haven’t connected recently. But how do you do it?



**Mark Orr, FM**  
Occupational  
Training and  
Development  
Specialist Senior  
[pne4yf@virginia.edu](mailto:pne4yf@virginia.edu)  
Ph: 434-962-1020

John Hall continues by stating that one important aspect of building connections is **being transparent with your team**. This can include sharing both the positive and negative aspects of work and is important in creating an environment of openness. Another aspect of building connections is **committing to a culture of kindness, openness, and trust**. As Hall states, “*Culture changes won’t happen overnight. As a leader, you’ll need to make small changes to build a culture of connection.*” Leaders are mentors and your team will follow your lead. Further, author Adam Poswalsky writes that developing team connections should be part of a **ritual that is repeatable, open, and consistent**. This is important so that it can become a part of your team processes. It is easy for teams to lose connections over time if intentional efforts aren’t made.

**To read more about leadership and collaboration, check out the articles below:**

- **How Leaders Can Build Connection in a Disconnected Workplace (hbr.org):**  
<https://at.virginia.edu/5PMcWa>
- **How To Be A Leader Who Connects With Others (forbes.com):**  
<https://at.virginia.edu/Sry0aH>

**On Workday, Linked in Learning also offers courses for inclusivity and connectedness:**

- **Develop Interpersonal Skills for Inclusive Workplaces | Workday Learning:**  
<https://at.virginia.edu/6wXypi>
- **How to Be More Inclusive | Workday Learning:** <https://at.virginia.edu/qp0Rbc>
- **Inclusive Leadership | Workday Learning:** <https://at.virginia.edu/Ltw5m1>

**If you have questions or would like to schedule a session on connecting with your team, please email [FM-Training@virginia.edu](mailto:FM-Training@virginia.edu)**



## OCCUPATIONAL TRAINING

### Benefits of In-House Training

At FM, our [Occupational Training \(OT\) team](#) continuously works to develop and update current FM training programs. When possible, OT conducts this training “in-house” with our own subject matter experts. This allows FM to train our employees on the actual equipment they use at work as opposed to generic equipment at a training facility.

Another advantage of in-house training is that it can be customized to the specific work environment, hazards, location and timing to match that of our employees. The OT team is continually updating our training content, format and method of delivery based on regulatory and industry changes as well as feedback from our employees — So, keep it coming!

Please never hesitate to reach out to our [Occupational Programs team](#) with suggestions for additional training topics, areas that need clarification, or other suggestions for improvement. We understand your time is valuable and want to ensure the training you attend provides value and engagement.

Email [FM-Training@virginia.edu](mailto:FM-Training@virginia.edu) with any questions!



**Bobby Putrino, FM Occupational Health and Safety Trainer**  
[rg4ny@virginia.edu](mailto:rg4ny@virginia.edu)  
Ph: 434-906-7354



### Apply for UVA FM Jobs

Current UVA Employees Search for and apply to jobs using your existing [Workday account](#):

See UVA HR's [How to Apply: for Internal Candidates](#): <https://at.virginia.edu/jgLuzS>

External Applicants (not currently employed by UVA) will be prompted to create a profile in Workday when applying: <https://uva.wd1.myworkdayjobs.com/UVAJobs>

*Not all listings are available to external applicants.*

Questions on job listings should be directed to [AskHR@virginia.edu](mailto:AskHR@virginia.edu)

[See FM jobs >>](#)

### Mental Health Awareness: FEAP for Teams

Did you know that UVA FEAP can partner with your team to improve its collective health by developing a plan to address particular needs, or by developing training sessions focused on prevention and mental health awareness with a goal of fostering resilience and emotional well-being?

Contact FEAP Consultant [Mary Sherman](#) to discuss your team's needs and interests: 434-243-2643 or [mbs5n@uvahealth.org](mailto:mbs5n@uvahealth.org).



**Mary Sherman**  
LCSW, CEAP  
434.243.2643  
[mbs5n@uvahealth.org](mailto:mbs5n@uvahealth.org)

## OCCUPATIONAL TRAINING

### An Enhanced Onboarding Process is Here!

# NEW EMPLOYEE ONBOARDING | UVA Facilities Management Occupational Training

On Monday, June 5, FM Occupational Training (FM-OT) launched an **enhanced onboarding process** that is designed to provide a more inclusive experience for all new employees and supervisors. Employees now receive assistance from OT in obtaining:

- ID badges
- Parking permits
- Verification of I-9 documents
- FM Uniforms

Additionally, they receive a thorough overview of Facilities Management, including frequently asked questions and information for beginning their career at UVA. New employees still receive safety shoes if needed, New Employee Safety Training (NEST), and meet the CFO and their director. Reviews of the launch were very positive and additional improvements are in process.

If you have questions or a new employee starting, email [FM-Training@virginia.edu](mailto:FM-Training@virginia.edu).

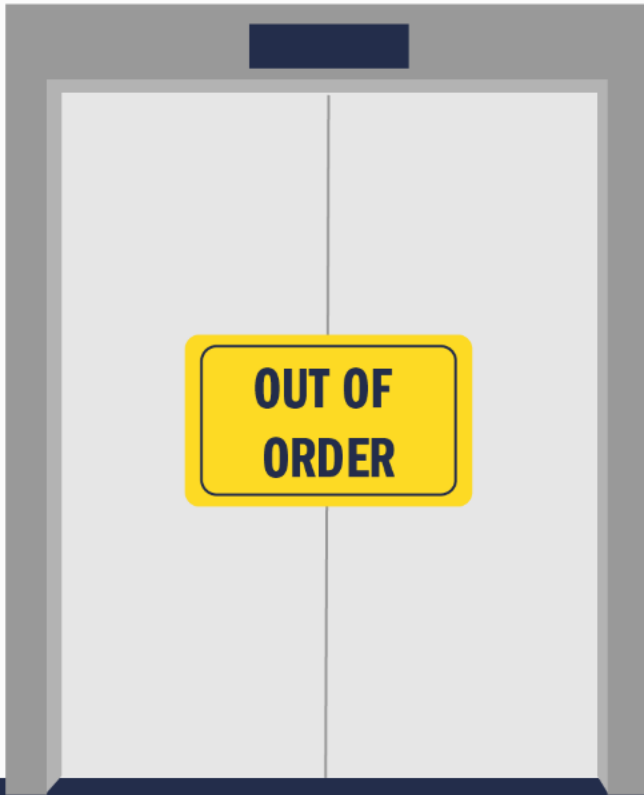
\* If your new employee will need support/accommodations, contact [FM-Training@virginia.edu](mailto:FM-Training@virginia.edu) as soon as you are aware.



Welcome to new FM employees this week (left to right):

- ★ Bucky Gerson
- ★ Grace Tuttle
- ★ Faye Davies
- ★ Stephen Ndiritu
- ★ Jonah Theobald
- ★ Shane Livergood
- ★ Danny Davis
- ★ *Not pictured:*  
Francesca Verdura

## OCCUPATIONAL TRAINING



# **REPORT A BARRIER**

**Use the form to report physical infrastructure concerns such as**



- Broken doors or elevators**
- Unlit areas**
- Unsafe walkways**
- Fall hazards**
- Missing handrails**
- Non-operating lights**

<https://reportabARRIER.virginia.edu/>

## Report A Barrier

The University of Virginia is committed to equal access and the civil rights of people with disabilities. Barriers can include things like:

- an inaccessible website
- an inoperative elevator,
- a blocked access ramp,
- video without captions,
- or other lack of access to an event or program.

If you have encountered a barrier to access that is weather-related or involves maintenance in a University facility, please see additional reporting information found on the [More Information For Getting Help page](#) to assure the most timely response.

For all other barriers, complete the form at <https://reportabARRIER.virginia.edu/>. You may submit this form anonymously. *If so, you will not receive a confirmation of submission or subsequent follow-up information regarding the remediation efforts to remove the barrier.*

We will confirm receipt of your report, route the information provided to the appropriate department based on the type of barrier selected, and send remediation information to the email address you provide.

*Submission of this form does not constitute a formal complaint, grievance, or request for academic or workplace accommodation. Its intent is to assist in identifying and addressing barriers to access. Thank you for helping in this endeavor.*





# let's celebrate!

*Reasons to celebrate are all around us!*

Here are some upcoming holidays this week, both fun and serious. Click on each to learn more.

**June 9: National Meal Prep Day**

**June 10: National Egg Roll Day**

**June 11: Say Hi Day**

**June 12: Democracy Day**

**June 13: National Forklift Safety  
Day**

**June 14: US Flag Day**

**June 15: National Prune Day**



## WELLNESS

# Protect yourself from wildfire smoke

## Keep smoke outside.



Choose a room you can close off from outside air.



Set up a portable air cleaner or a filter to keep the air in this room clean even when it's smoky in the rest of the building and outdoors.



Centers for Disease Control and Prevention  
National Center for Environmental Health

[www.cdc.gov/disasters/wildfires](https://www.cdc.gov/disasters/wildfires)

Exposure to air pollutants in wildfire smoke can irritate the lungs, cause inflammation, alter immune function, and increase susceptibility to respiratory infections, likely including COVID-19.

Source: <https://www.cdc.gov/disasters/wildfires/>

## Latest COVID-19 Vaccine Recommendations

- Adults ages 65 and older and immunocompromised people can [get an additional bivalent COVID-19 vaccine dose](#) as of April 19.
- Monovalent (original) COVID-19 mRNA vaccines will no longer be recommended for use in the United States due to the increased effectiveness of the bivalent vaccines.

### What has not changed:

- CDC continues to recommend that everyone ages 6 years and older receive a bivalent mRNA COVID-19 vaccine. Individuals ages 6 years and older who have already received a bivalent mRNA vaccine do not need to take any action unless they are 65 years or older or immunocompromised.
- For young children, multiple doses continue to be recommended and will vary by age, vaccine, and which vaccines were previously received.

COVID-19 vaccines remain widely available at local healthcare providers, pharmacies, and clinics throughout the area. [Information on BRHD vaccination clinics can be found on their website.](#) Community members can also search for COVID-19 vaccine appointments throughout the state and country [using the national vaccine locator tool](#) or by calling 1-800-232-0233 (TTY 1-888-720-7489).

Source: <https://myemail.constantcontact.com/BRHD-Newsletter-4-21-2023.html?soid=1134059434350&aid=05KYE3i10cU>

# OCCUPATIONAL TRAINING

## FM JOB LISTINGS\*

- R0047826 Custodial Services Worker - Multiple shifts available!
- R0040954 Senior Welder for Utility Systems
- R0048165 Compliance Coordinator
- R0048526 Senior Pipefitter/Steamfitter
- R0044445 Senior Welder for Utility Systems
- R0044441 Senior Pipefitter/Steamfitter
- R0044588 Metering Technician
- R0048734 Facilities Services Representative
- R0042542 Controls Engineering Technician/Senior Controls Engineering Technician
- R0046102 Custodial Services Supervisor-- Multiple shifts available!
- R0042051 Recycling Worker
- R0048313 Senior HVAC Mechanic, Night Shift, 6:00pm - 6:00am
- R0048892 IT Help Desk Specialist (Wage)
- R0048983 Plumber
- R0048826 General Services Technician
- R0036614 Licensed Tradespeople (HVAC, Electrical or Plumbing)
- R0036931 HVAC Mechanic
- R0048820 Architect Team Leader
- R0048863 HVAC Assistant
- R0048812 Trades Assistant
- R0048537 Senior Electrician
- R0048722 Senior Electrician
- R0048721 Electrician
- R0048679 BAS Controls Assistant
- R0046919 Geospatial Space Technician
- R0046590 Utility Locator/Damage Prevention Technician
- R0044386 Plumber Steamfitter
- R0041953 Drywall/Plasterer
- R0048323 Senior Trades Utility Worker
- R0045728 Quality Assurance Inspector
- R0048607 Finance Generalist
- R0048532 Instrumentation & Controls Technician
- R0045925 Custodial Services Supervisor, Evening Shift, North Grounds Zone
- R0047890 Senior Facilities Planner
- R0045816 Senior Pipefitter/Steamfitter
- R0048140 Fire Systems Assistant Technician
- R0047715 Landscape & Grounds Worker
- R0047982 Student Assistant, Geospatial Engineering Services (Student Wage)
- R0047607 Project Manager, Space and Facilities Planning
- R0047777 General Services Worker
- R0047662 Zone Maintenance Electrical Supervisor
- R0047706 CC&R Project Manager
- R0046368 HVAC Mechanic or HVAC Senior Assistant
- R0046046 Asbestos Abatement Supervisor
- R0047417 Mason - CC&R
- R0044377 Senior Electrician
- R0044371 Electrician
- R0046336 HVAC Mechanic
- R0047282 Construction Project Manager
- R0046146 Licensed Tradespeople (HVAC, Electrical or Plumbing), Weeknight/Weekend Day Shift
- R0046833 Instrumentation & Controls Technician



\* As of 6/6/2023

# Find Your Voice



## Build confidence for your next speech or presentation!

Toastmasters provides a fun, safe, and supportive environment for you to practice public speaking. Along the way, you'll build a better you!

### Participating in Toastmasters will allow you to:

- Improve your public speaking and communication
- Gain confidence when speaking in front of others
- Sharpen your leadership skills
- Enjoy a competitive advantage in your workplace



Facilities Management

## Take charge of your future and join our club today.

**Hoos Speaking**  
Weekly meetings on Wednesdays, noon-1 p.m. in person and online.

Email Narges Sinaki at [ns4xq@virginia.edu](mailto:ns4xq@virginia.edu) to attend.

If you would like, please feel free to bring your lunch.